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ASHLEY
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REAL LIFE

#StarsSpotted



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ON PURPOSE**



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TUMOUR
IS RUINING
MY LIFE**

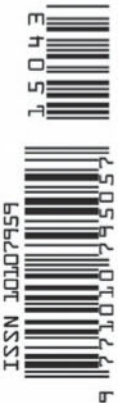
**YOU
CAN
HELP!**



#MilianSbody



#OoohLando



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BY EUGENIA BOOI

PICS: WWW.ELITEPHOTOAGENCY.COM / PAN MEDIA



Has Vin Run Out Of Diesel?

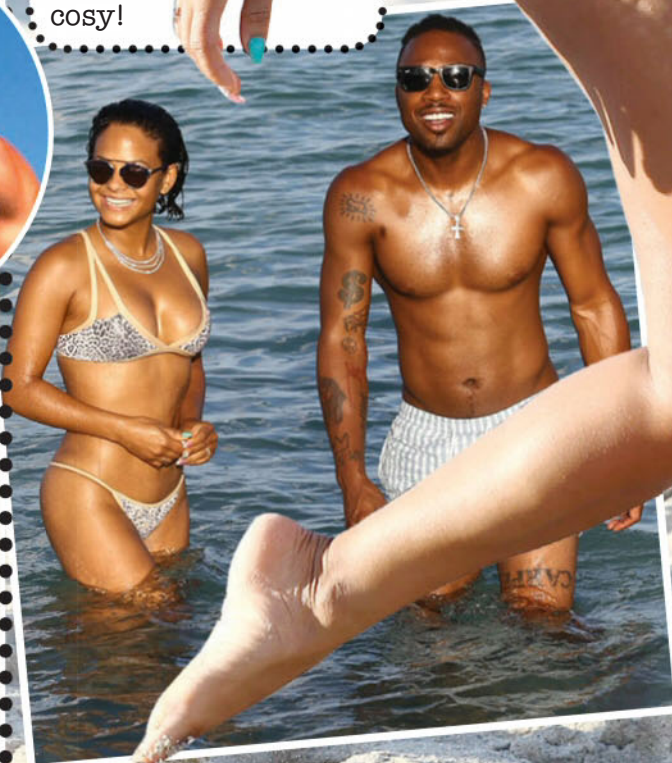
WE love us some **Vin Diesel**, with his ripped biceps and hunky looks. But what's happened? The *Fast And The Furious* actor was recently seen shirtless looking very different! The 48-year-old showed off his big boop while smoking a cigarette on the balcony of his Miami hotel. We think it's time to start a new campaign: #BringBackOldVin!



Babewatch: The Christina Edition

HOW great is R&B singer **Christina Milian** looking? The 34-year-old was spotted frolicking in the Miami waves recently, taking some time off from filming the music video for *Do It*. Sporting a barely there leopard print two-piece, the singer seems to be coping without her ex, **Lil Wayne**, because enjoying the sun and the surf with her was a rather yummy mystery man, and the two looked very cosy!

PICS: PAN MEDIA





And the

WINNERS ARE...



THE SECOND SEASON OF Clover's *Little Big Cook Off* saw a father-and-daughter team from Gauteng walk away with the top honours.

A STAND-OUT family dish of Chicken Galantine with Celeriac Mash, Glazed Baby Carrots and Sweet Potato Chips with an Orange Sauce was the star recipe from the Tasty Townsends. Helping seal the deal for the father-daughter duo from Quellerina in Gauteng, was the addition of their Blueberry Cheesecake Slice with Caramelised Banana Hazelnut Crumb and Lime Falooda Seeds, which they created from their mystery basket. This resulted in their win of the big prize in Season 2 of Clover's *Little Big Cook Off* reality-TV show.



Chef Kobald, Zuraida Jardine & Chef Coco

THE second season aired from June 2015 and saw celebrity chef judges **Martin Kobald** and **Coco Reinharz** make the big decisions alongside host **Zuraida Jardine**. Twelve food-loving families competed and had to prepare their own special family recipe as well as participate in various cooking challenges – and that was just to get through to the next round.

The winning team: Tasty Townsends



In the nail-biting season finale, the Tasty Townsends – the fun-loving team of dad Dale, 38, and daughter Romaine, 9 – cooked their hearts out to finally beat Team Babulicious and win a family trip to Disney World and a kitchen makeover worth R300 000.

Confessing that she didn't miss a single episode of Season 1, Romaine loves to bake and made the dessert for the final from memory. Dale says his passion for cooking came from his mom. He loves showing his daughter the finer details of preparing a meal and spending time with his family. Sounds like she's all set to make her dream of owning a five-star restaurant come true.

Download the *Cook with Clover* App for more tantalising recipes



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people puzzles
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Meryl Streep
165 PUZZLES
ON SALE NOW

#What's Trending

BY MARK WASSERMAN

ANOTHER week in Celebville to get us talking, laughing... and, of course, hashtagging! #CelebNews #OurFavesThisWeek #HollywoodMemories #PeopleMagLovesIt



Monday: #MCM (Man Crush Monday)

ALL together now – let's sigh! Hollywood couldn't have written a better script. When a nine-year-old Australian boy suffering from cystic fibrosis was invited to be on a local radio show, he was beyond excited when the hosts asked if he wanted to chat on the telephone with his idol – *Wolverine* star **Hugh Jackman**. "That would be awesome!" said the boy. It was then that **Hugh** then burst into the studio, growling in character, to the boy's delight. The Australian actor gave the boy a big hug, asked him to do his best *Wolverine* impression, and presented him with VIP passes for an upcoming show of his. So that's why **Hugh** is our #MCM this week (and his hunky good looks helped make it an easy choice, too!).

Tuesday: #TBH (To Be Honest)

BUCKLE up, readers. **Caitlyn Jenner** can now drive with the top down with the wind blowing through her hair and not have to worry about going to prison any longer. Why? Because **Caitlyn** will not face any charges for the February 2015 car accident she was in that left one woman dead. Investigators apparently went through all of the evidence, including a video of the accident, and declared that **Caitlyn Jenner** wasn't speeding, but she was driving at an unsafe speed for the road conditions that day. Investigators initially believed that there was enough evidence to charge **Caitlyn** with vehicular manslaughter, but the LA County District Attorney's Office disagreed. And now the stepchildren of the woman killed in the accident are claiming that **Caitlyn's** ability to drive may have been impaired by the meds she was taking to assist with her transition at the time of the crash! Whilst we're all for the rule of law, the fact that a person lost her life in the accident should surely see someone having to answer a case before a court? That's us just being honest.



Wednesday: #WCW (Woman Crush Wednesday)

VOLUNTEER global spokesperson and multi-Grammy award winner **Christina Aguilera** recently launched the annual World Hunger Relief effort benefitting the U.N. World Food Programme (WFP). This was shortly after a humanitarian visit the star made to Ecuador, where she witnessed the effects of hunger. During her trip she sought to raise awareness, volunteerism and funds for the WFP and other hunger relief agencies. **Christina** also helped beneficiaries of the WFP's nutrition drives by meeting with local farmers and refugee families and serving food to hungry children. So even though we were a little miffed that she cancelled her scheduled appearance at ANN7's South African Of The Year held recently, we'll forgive her, just for showing that she's got a heart as big as her vocal range!



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Thursday: #TBT (Throwback Thursday)

YOU'VE heard her sing about it, but we know you've wondered what actual **Jenny** from the block looked like. Well, wonder no more. **J.Lo** claims she 'used to have a little, now she has a lot', but we're not too sure. Look – she had a birthday cake almost as big as she was in this pic! Now, thanks to this photo we unearthed, no matter what, you know where she came from.



#SouthSideSweetie

Friday: #FFF (Fun Fact Friday)

THERE'S a lot more to *District 9* than just exploding Tesla guns. Like, did you know one actor played all the aliens, plus some major scenes in the film were improvised? But our favourite little-known fact is this one: remember the aliens – the Prawns – in the **Neill Blomkamp** film? Well, the language they were speaking to one another was created by rubbing pumpkin shells and manipulating those recordings. And now you know.



#PumpkinPrawn

Sunday #SS (Sore Sunday)

THE hosts of the US talk show *The View* are no strangers to controversy. In a recent segment of a show about judging people based on their 'black-sounding names', co-host **Raven-Symoné** said she would never hire someone named 'Watermelondrea', and that's when the Twittersphere went wild. Her detractors said the comment, coming from someone with a unique name herself, smacked of hypocrisy. **Symoné** seemed to shock her co-hosts saying it's not 'racist' to judge people based on their names, it's simply 'discriminatory'. And, she continued, "I am very discriminatory against words like the ones they were saying in those names," she said, referring to examples of 'ghetto names'. Her co-hosts had little to contribute, prompting **Symoné** to ask, "Is that mean?" It's not just mean, **Symoné**. It's also sad. Sad that you don't realise that you're perpetuating a senseless, hurtful and unnecessary stereotype. Let's hope she can learn from this and go forward with more positive and constructive discussion in the future.

HAIR: MARVIN LOPES FROM JEALUVAL, NICOLWAY (011) 706-9131

Hello!

I ABSOLUTELY love our *Titanic* Series! This week we are on **Part 8 – Worth Its Weight In Gold**. When the *Titanic* sank in 1912, she not only took more than 1 500 lives but a plethora of rare jewels. And one of the largest of the artefacts raised from the wreck is a 13 607kg slab of metal known as 'The Big Piece' which was auctioned for R2-billion. Turn to pages 18 and 19 to read about more priceless memorials. What a great read! *The Artifact Exhibition is being held in Johannesburg at The Zone in Rosebank until November 8; it's a must-see for all, young and old. It truly is a superb experience.* As well as **people** being the mag with the best puzzles, we have another treat for you this week! In our series section, we take an in-depth look at *Scream Queens*. There are some big names in this series: **Jamie Lee Curtis** who takes the lead, plus **Emma Roberts**, **Nick Jonas** and the gorgeous **Patrick Schwarzenegger**. Turn to page 43 to read about this cast and note, there are some spoiler alerts!

Ed's Letter

Must-read real life stories...
● **Scaling Great Heights** – Chaeli Mycoft has just become the first female quadriplegic to reach the top of Mt Kilimanjaro. Chaeli's story on pages 92 and 93 is so inspiring. She has done so much in her life and she's only 21. We look forward to seeing what's next on her to-do list.
● **'A Monster Tumour Is Destroying My Life'** – When I received an e-mail from Lwazi Peter's father, I knew we had to act fast to try and help him out. Lwazi has a giant tumour on his face and it's growing at an alarming rate! PLEASE! If you can help out, then turn to pages 76 and 77 for more details. We are behind you all the way, Lwazi.



Enjoy your **people** mag! Until next time,
Andrea
andrea@caxton.co.za

Saturday: #SS (Shirtless Saturday)

BONJOUR! **Willy Monfret** (we're not even going to go there!) is a French/Caribbean model born and raised in Paris who developed his DJ skills (and those abs) travelling around the world spinning discs and gracing runways and shooting for prestigious fashion brands such as Ralph Lauren, Azzaro, Benetton, and magazines such as *Vogue*. This week he's gracing **people's** #WhatsTrending page. It's our pleasure.



#ARoseByAnyOtherName



#HeyMrDJ



PICS: GREATSTOCK

Great Scotts!

IT's none other than **Scott Disick** and rumoured new flame Lindsay Vrckovnik, 18, taking their supposed relationship to the next level. The pair was spotted having a jol in sunny Miami Beach and, despite their jaw-dropping 14-year age difference, they weren't afraid to parade themselves in front of onlookers. Despite appearances to the contrary, though, Lindsay claims **Scott** – aka '**Lord Disick**' – is 'just a friend' and that she has a boyfriend back in Canada. Sure, Lindsay, we've never heard that one before!



PEOPLE EXCLUSIVE PICS!



#peoplespotted

BY ZARA BRINER



Sanderella
much?



PEOPLE
EXCLUSIVE
PICS!



Orlando Makes Us Bloom

OKAY, can we just take a few moments to appreciate the hotness that is **Orlando Bloom**? That smile is enough to make any one go weak at the knees. The *Pirates Of The Caribbean* star was spotted hitting a Malibu beach recently and flashed some serious abs, while away for the weekend with his son, Flynn. The hunky actor spent the weekend soaking up the sun, playing sand games with friends and flying kites. And although Orlando's buff bod was the first thing to grab our attention, we couldn't help but notice Flynn's strange attire. The tot was wearing what looked like a Disney dress. Hmm... is this a new sun protection outfit we don't know about or do we detect another Shiloh situation? Anyway, **Orlando** might be looking for new love right now, but with a body like that he won't be single for much longer!

PAN MEDIA / WWW.ELITEPHOTOAGENCY.COM

#peoplespotted

PEOPLE EXCLUSIVE PICS!



Why So Glum, Harry?

WE'D also drown our sorrows if we were a prince of a country that got knocked out of the Rugby World Cup. And that's exactly what **Prince Harry** did straight after the English team lost to Australia. A few hours after the match, **Harry**, who was dressed in a casual Tee and jeans, was spotted exiting a nightclub in London after a night out on the town with his cousin, **Princess Eugenie**, and a friend. But judging by **Harry's** expression, the night was anything but fun. He couldn't quite seem to shake off that look of loss from his face. That, or he just drank way too much! Well, we don't blame him. England did make history by being the first host nation to get knocked out of the tournament during the group stages. Ouch! Maybe he'll end up supporting Wales, considering his dad is the Prince of the place...

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BY PEARL MPHUTHI

PEOPLE EXCLUSIVE PICS!

Dancing With A Star



Tango Night, Anyone?

DRESSED in black shimmery attire with smoky red lips and designer pumps, **Katy Perry** has turned into a dance extraordinaire. The 30-year-old *Dark Horse* singer was spotted enjoying a night out with her crew in Buenos Aires, Argentina. Having dinner and drinks at the famed Red Tango Hotel Faena, the gorgeous star was invited on stage by tango professional Carlos Copello, who did what he does best and taught the **Katy** some sultry moves!

GET THE GOSSIP FOUR DAYS BEFORE THE MAG REACHES THE SHOP! TURN TO PAGE 9 FOR MORE.



Juicy Gossip

BY ZARA BRINER

Denise's Disappearing Act!



PEOPLE EXCLUSIVE PIC!

MOVE over **Tara Reid**, there's a new skinny person making headlines... again. **Denise Richards** has a history of looking thin, but her very recent skeletal frame has us really talking. The ex-wife of actor **Charlie Sheen** was spotted out and about in Calabasas, California recently, enjoying a lunch date. We hope she had a lot to eat, though, because she looked quite gaunt. In fact, her bony chest and stick-thin arms were kind of hard to miss. **Denise** has always denied rumours of an eating disorder, even saying in a 2013 interview, "I don't [know] why lately I've been getting so much flack for it. I have a very healthy lifestyle and I'm busy, I have a daughter who's almost two [who] I carry all the time, she's just under 13kg." Surely she's starting to border on unhealthy?

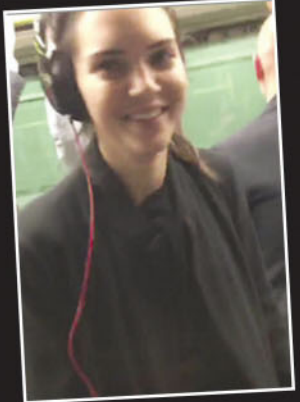
PICS: MAGAZINE FEATURES / WWW.ELITEPHOTOAGENCY.COM

Kendall Goes Underground

KENDALL JENNER proved she's just like us regular folk after all when she decided to use the London Underground as her mode of transport, recently. And we have to say, for someone who has easy access to private jets and chauffeur-driven SUVs, that's pretty impressive. Of course, her experience underground didn't go unnoticed, as she filmed her Tube ride for her official website. The video, which was taken after **Kendall** touched down in London, shows her in good spirits as she is seen dancing for joy right before the tube doors open and she couldn't



stop smiling during her commute. Trying her best not to stand out as a tourist, **Kendall** even teamed her casual look with a pair of oversized *Beats By Dre* headphones, so she must have really felt like a Londoner. That's one way to fit in!



BY EUGENIA BOOI

Bored Much, Tyga?

IS **Tyga** bored of **Kylie** already? The couple was spotted out having dinner at Rosti Café, California, and, well, let's just say they looked a little distant. **Kylie** was busy keeping up with her fans on social media while **Tyga** was left to entertain himself, staring at the sky like he was hoping an angel would appear to save him from his misery! Maybe it's time to make a new rule, **Tyga**: The table is a no phone zone!

PEOPLE
EXCLUSIVE
PICS!



Keeping Up With Khloé's Derrière!

OUR eyes are locked on **Khloé's** booty! Can you blame us? We've got to admit that she's giving older sisters **Kim** and **Kourtney** a run for their money judging by these out-of-this world snippets of her fine self wearing revealing swim gear and Nike shoes. The *Keeping Up With The Kardashians* star posted a series of sultry images on her website recently and we have to give credit when its due – she's insanely hot and her fans love it!





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BY PEARL MPHUTHI

PEOPLE
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PICS: WWW.ELITEPHOTOAGENCY.COM



Zoë's Lovestruck

BETWEEN her demanding schedule and busy lifestyle, **Zoë Kravitz** took some time off in sunny Miami. The 26-year-old model was spotted with boyfie **George Lewis Jr** and the pair looked nothing but loved up on their mini gateway. **Zoë** deserves the break after recently slogging it out at Paris Fashion Week. The edgy star donned a tiny black bikini displaying her petite figure.



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*IMS OTC Review Blue Database (2011/12/13)



Couple News

BY ZARA BRINER

Leo's Secret Proposal Revealed!

SAY it ain't so! After having a string of model girlfriends, Hollywood heartthrob **Leonardo DiCaprio** may be officially off the market.

According to new reports, **Leo**, who has been a notorious bachelor for years, has fallen madly in love with current model girlfriend **Kelly Rohrbach** and has even proposed. "It wasn't planned," said a source about the engagement, "They were enjoying a bottle of red wine and engrossed in conversation as usual and then **Leo** paused and looked at her, and said that he wanted to spend the rest of his life with her," the source revealed, adding, "**Kelly** was shocked, but **Leo** convinced her that he meant it, and she agreed, with a big kiss." And although the pair have only been dating for four months, **Leo** thinks **Kelly** is the one, and even his mother approves of their romance. "She thought his other girlfriends were nice but not that bright. When she met **Kelly**, she couldn't stop raving about how smart she is," said the source.



Paris Jackson And Her BF Pack On The PDA!

PARIS JACKSON and her boyfriend **Chester Castellaw** only have eyes for each other. The two were spotted at a petrol station in Malibu, California recently where they showered each other with affection as they waited for their car's tank to be filled. They were seen holding each other, giggling and kissing and according to a source they have been inseparable since they began dating in April. "Chester is absolutely in love with **Paris** and I am sure that he would love to marry her," said an insider, adding, "That ring that she is wearing is a promise ring that he got her." And **Paris**, 17, isn't afraid to express her feelings either. The daughter of the late **Michael Jackson** took to Instagram recently to upload a cute snap of her kissing her beau's cheek and captioned it: "When you & bae match." Of course, the lovebirds were both wearing matching black-and-gray baseball tees.



PEOPLE EXCLUSIVE PIC!

GET THE GOSSIP FOUR DAYS BEFORE THE MAG REACHES THE SHOP! SEE PAGE 9 FOR MORE ON ZINIO.

BY EL BROIDE



Janelle, Meri, Robyn, Kody and Christine

SISTER WIVES SHOCKER!

HOW the 'other man' tore the family apart with an intricate web of lies.

CATFISHING, the art of luring someone into a relationship by means of a fictional online persona, is a problem many people have faced as a result of online dating over the past few years. Now, a shocking catfishing secret threatens to tear the **Brown** family apart as *Sister Wives* star, **Meri Brown** – the first wife of renowned polygamist **Kody Brown** – has spoken out about her recent online relationship where she found out that the man she assumed she was talking to was, in fact, a woman!

Now the catfish, named **Jackie Overton**, and news of the affair has sent the family into a frenzy and it's tearing everyone apart – especially because fourth wife, **Robyn**, has been implicated in the scandal! "This scandal has caused the whole family to implode – everything is a mess right now," a source close to the family reveals. "**Robyn** absolutely knew from the beginning that **Meri** was being catfished and sat back and just watched as the whole scam unravelled."

Things have been sour with **Meri** and **Robyn** since **Kody** and **Meri** divorced so that he could marry **Robyn** and legally adopt her children. Despite being divorced, **Kody** and **Meri** still see themselves as 'spiritually married' and have continued their relationship despite stripping it of its title. However, it's clear that there is trouble in paradise because **Meri** has been searching for love online.

Meri started an online relationship with a fake man named **Sam Cooper**. After a few weeks of 'dating', the reality star sent **Sam** 11 voicemails in which she begs him to love and accept their relationship. "Being with you is very special to me. It really is. Please don't take that away from us, okay?" she begged

him in one. "It's very special to me you know that... I guess I'll just give you your space. I understand you need that. All of this just breaks my heart because I don't know what is going on," she said in another, while a third reveals **Meri** saying, "I love you. I love you. I love you. I love you – I just do."

Now **Meri** and **Robyn** have reportedly been at each other's throats since it came to light that **Robyn** knew exactly what was going on. "She wasn't going to try to intervene. Whatever happened at the end of it, the family would be better off because the affair would come to light," the insider says.

Shortly after the cheating scandal broke, **Meri** released a statement. "During an emotional and vulnerable time earlier this year, I began speaking with someone online who turned out to be not who they said they were," she says. "I never met this person and I regret being drawn into this situation, but I hope because of it I can help others who find themselves in similar circumstances." Also, despite her issues with **Robyn**, **Meri** thanked her family for being so supportive. "Throughout this ordeal, my family has supported and stood by me," she says. "I am grateful to them for their love and strength through this difficult time."

Now **Kody** and **Meri** are having open and honest discussions about their relationship and whether they see a future together – despite saying that they love each other. **Meri** hopes that by speaking out about her online horror story it will help other people practise a little more caution when exploring virtual relationships. While there are many online dating success stories, it's also important to showcase the bad ones and just how dangerous the Internet can be.

PICS: WWW.EIITEPHOTOAGENCY.COM / GREATSTOCK / PAN MEDIA

FOREVER YOUNG?

BY ANGELA BEKIARIS

NOT only do they put women half their age to shame, but they're possibly more beautiful now than they were when they started in Tinseltown.

JENNIFER ANISTON, Iman and Julia Roberts – just three of the most beautiful women in Celebville who prove that age is just a number. Not only do they still stand out in a crowd – a crowd of women half their age, let us add – but they're also stars who are opting for natural ways to look better with age. And boy, are they looking even more incredible with time! We reveal some of their health and beauty secrets.

Jennifer Aniston, 46

IT'S no secret that the former *Friends* actress loves the sun, but she makes sure to set limits in order to protect her delicate skin. "During the winter, I try to stay out of the sun," she says. And of course she trains hard – an exercise regimen which includes many Pilates sessions – and follows a healthy lifestyle. Plus, Jen's ultimate stress reliever is exercise and meditation, which she claims to do for 20 minutes a day. She also adds that her post-workout beauty ritual is wiping her skin.



Julia Roberts, 47

SHE got jaws dropping in *Pretty Woman*, and she's still turning heads 25 years later. Could it be thanks to the fact that she just leaves her face alone? "I haven't done any tinkering under the hood," she said recently. "I feel I'm best with a natural look." Three of Julia's secrets include being happy, looking after her teeth and getting enough physical activity.

Iman, 60

IMAN'S ageless beauty can leave any woman green with envy. At 60, the stars claims 'wellness has nothing to do with age'. Iman believes that diets should be out of the equation and that cardio is the most important thing. The former model, who didn't start exercising until her late 30s, towards the end of her modelling career, says, "As I age, cardio is the most important thing. Feeling out of breath is the thing that I miss most."

Gabrielle Union, 42

"IN my mid-30s, I started drinking a gallon (just under four litres) of water a day," says the *Being Mary Jane* star. "It's made a tremendous difference with my hair, skin, and nails." As for some of her age-defying secrets, the star swears by a supercharged diet, fitness, and beauty routine for her flawless skin and toned physique.

Couple News

BY ZARA BRINER

Is Rumer Dating Her DWTS Rival?

RUMER WILLIS and **Chris Soules**, of *The Bachelor* fame, may have battled it out for this year's title of *Dancing With The Stars*, but now it seems the two are only competing for each other's affections. They were both spotted looking super close at a basketball game at Madison Square Garden in New York recently, which has some wondering if there's more going on. While most eyes were glued to the game, Rumer and Chris, who were sitting next to each other in the front row, were seen laughing and giggling away and even got touchy feely with one another. Chris called off his engagement to *The Bachelor's* **Whitney Bischoff** in May, and hasn't been romantically linked to anyone, until now. Well, the two do make an adorable couple!



Anna Duggar Plans To Divorce Josh Duggar?

ACCORDING to new reports, **Anna Duggar**, wife of disgraced reality TV star **Josh Duggar**, is considering divorcing Josh following his alleged infidelity with numerous mistresses. Not to mention the latest cheating allegations that have now surfaced of Josh's time with two porn stars. A



source close to the reality star says Anna is sickened by the recent developments. "These new allegations have made her feel disgusting. Anna is a loving woman and a devout Christian, but given what Josh has done, no one would be surprised if she decided she never wanted to see him again," revealed the source. And there's no denying Josh, who starred on *19 Kids And Counting* before it was canned, has had a year plagued by scandal. First, it was the news that he had reportedly molested five underage girls, including his own sisters, back in 2002. Then, more news broke that claimed Josh had used the adultery site Ashley Madison to set up his alleged affairs. And now Anna's had the news of Josh's involvement with two porn stars to deal with. Since then, Josh has finally checked himself into rehab while Anna has retreated to Florida to be with her parents. The source further adds her family support her no matter what decision she makes. "She is really starting to believe that divorce is the only option," the source said.

PREPARE for a feast of bizarre facts, shattering real life accounts from survivors, scandalous allegations and harrowing fatal flaws as we piece together week by week the mysterious puzzle behind one of history's most talked about tragedies – the unsinkable Titanic.

BY VANESSA PAPAS

WORTH ITS WEIGHT IN GOLD

WHEN Titanic sank she not only took with her more than 1 500 lives, but a plethora of rare jewels, precious heirlooms, valuable objects and priceless memorials.

The Amy Diamond bracelet



THE bottom of the ocean is a deep-sea museum of many treasures, but none more sought-after than those hidden within the wreck of Titanic. Over the years RMS Titanic Incorporation (RMST) have recovered thousands of relics from the sunken vessel. This week we take a look at some of these items, ranging from a massive chunk of the ship's hull to a tiny fragment from the grand staircase.

With some of the richest people in the world on board Titanic when it sank, many diamond and sapphire rings, brooches, necklaces, cuff links and gold pocket watches went down with the ship. The most valuable piece of jewellery recovered is the Amy Diamond Bracelet. The 15-carat rose gold and silver wristlet was found in 1987 and valued at R2.5-billion. It has the name 'Amy' set in real diamonds. To this day it's not known who owned the bracelet. Only two Amys were listed among the 2 228 passengers onboard Titanic. Other bling recovered include a necklace that features a good-luck pig, a modified star with a three-leaf clover and a rose cut diamond engraved with the words 'This Be Your Lucky Star'.

One of the largest of the artefacts raised from the wreck is a 13 607kg slab of metal, known as 'The Big Piece', which was auctioned for R2-billion. Covered with rivets the size of big walnuts and containing all or part of six portholes, three with glass still in them, the fragmented hull of the ship was pulled from the depths 4km beneath the North Atlantic in 1998. One of the smallest pieces of Titanic memorabilia is a fragment of wood that



Jewellery found from the Titanic



Cigar box owned by Captain Edward John Smith

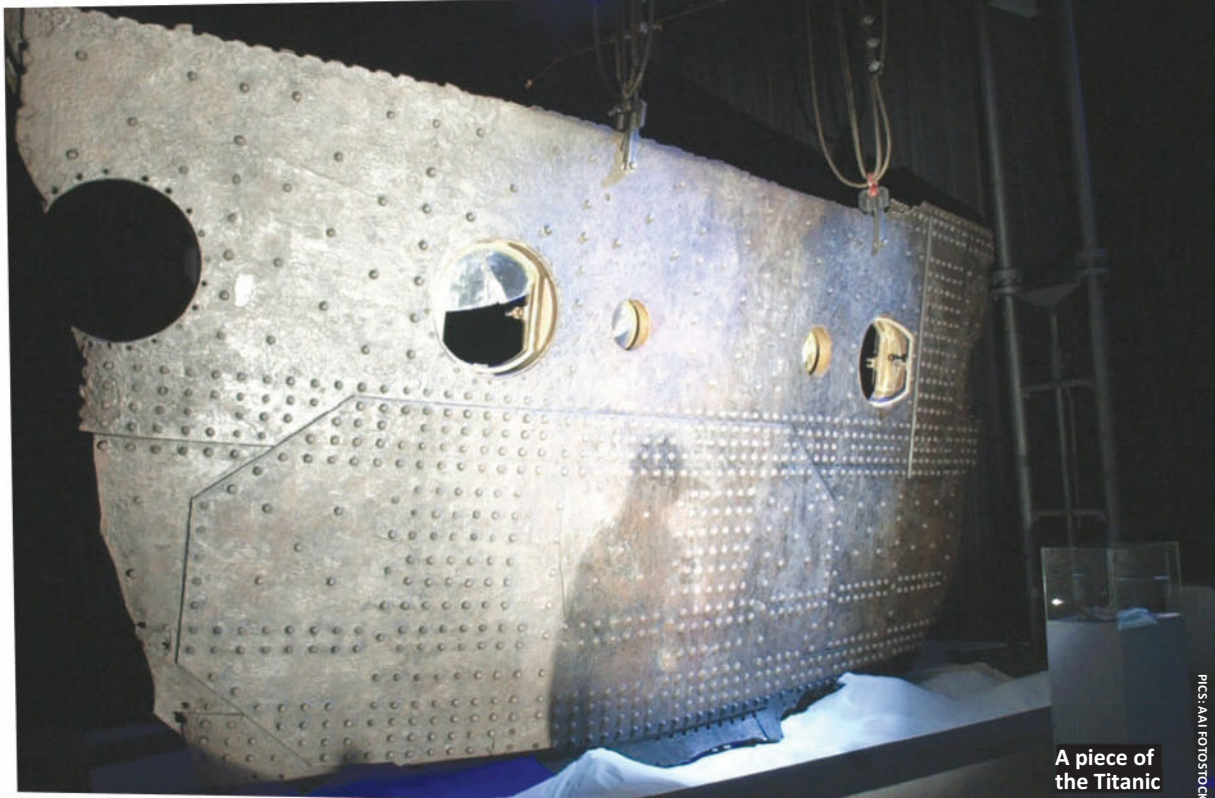
once formed part of Titanic's grand staircase. The wood was given to a collector's great grandfather during the First World War and has not been put up for auction. Widely regarded to be one of the rarest finds of the Titanic is a cigar box once owned by Captain Edward John Smith. The box was not recovered from the wreck but instead found gathering dust on a bedroom cabinet in one of Smith's relative's homes. It fetched R530 000 on auction in Britain in 2012. Designed to hold 40 of the highest quality Havana cigars within

it, and made out of camphor wood, the box carries the emblem of the White Star Line shipping company (owners of the Titanic) and was engraved with the captain's initials. While many photographs were taken on the night the Titanic sank, one of the most valued and arguably most eerie, is a picture of an iceberg with red paint smeared alongside the bottom of it. The paint has been confirmed by experts to be the red paint from the Titanic's hull. It is also the only photo of the iceberg in existence and was taken just days after the tragedy. The photograph sold in 2012 for just over R1.3-million. Edmund Stone, a 33-year-old married father, was

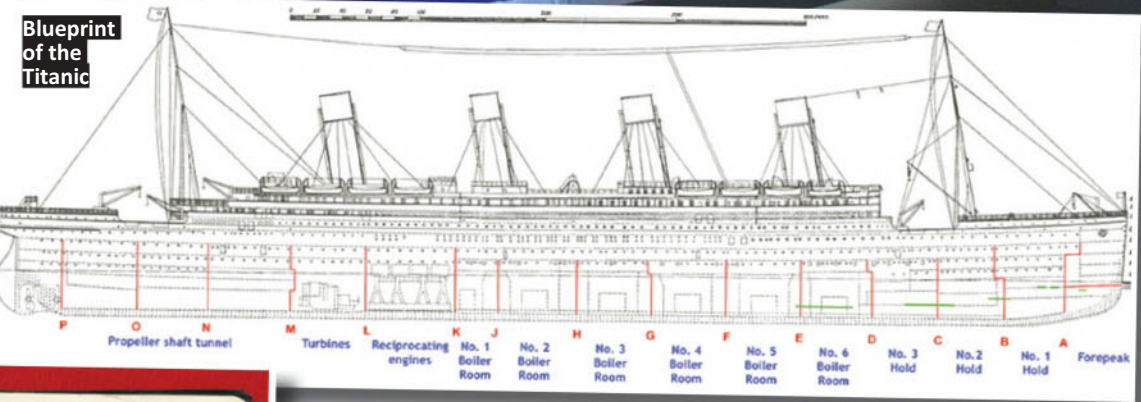


Edmund Stone

employed onboard Titanic as the First Class steward and responsible for opening and closing a series of cabins. When the ship sank, Stone was washed overboard. His body was later covered and on it was a set of keys for cabins E1 to E42. The keys, along with a pencil, a steward's receipt, a letter to his wife and Stone's pocket watch (with its hands frozen at 02h16 – believed to be the exact moment Stone entered the freezing water) and chain were returned to his wife back in the United Kingdom. The keys were later auctioned off in 2008 to a US collector. Stone's silver plated watch, which captured an historic moment in time, was sold by Henry Aldridge and Son the same year for a then-world record price of R2-million. A damaged violin that was played until the very last minute before Titanic sank fetched more than R22-million on auction. According to survivors, Wallace Hartley's band played to calm passengers with the song *Nearer, My God To Thee* as the ship started sinking. Hartley's body was pulled days later with his violin case still strapped to his back. Veteran collector Craig Sopin, who helped to verify that the violin did indeed come from Titanic, said it was found in 2006 in the attic of a home in Britain. Adorned with an engraved silver plate, it was authenticated through testing of salt water deposits. From grilled mutton chops and custard pudding to a buffet of fish, apple meringue pastries and a selection of eight cheeses, food served onboard the Titanic was fit for royalty. Three menus recovered from passengers who survived have been sold on auction – all found in the handbags of women, and auctioned for R670 000, R1-million and



A piece of the Titanic



Blueprint of the Titanic



The menus sold at auction

R1.6-million respectively. A 9.7m plan of Titanic, used during the British inquiry into its sinking, was sold in May 2011 for a record price of R2.9-million. The plan, drawn up by the Naval Architects Department of White Star Line, was used extensively throughout the inquiry and was described as 'the Holy Grail of Titanic memorabilia'. Although it isn't the most expensive out of all of the memorabilia, it is considered to be the most important. In 2007 a set of keys which could have changed history were sold at auction for R1.2-million. The keys unlocked the crew's nest locker containing a set of binoculars, but they never made it onto

the ship and the ship's lookouts were forced to scan for danger using the naked eye. The keys remained in the pocket of Second Officer David Blair, who was booted from the voyage at the last moment and forgot to hand them in to his replacement.

Titanic Facts

- * ON board the Titanic were three cases of rabbit skins, which were used at the time to line clothing and children's coats and sacks.
- * PERFUME maker Adolphe Saalfeld had been travelling with his perfume samples in a satchel, which went down with the ship. Eighty-nine years later the samples were found. Amazingly, most were still intact.
- * A TITANIC deck chair, perhaps the rarest and most coveted of Titanic relics, is one of only seven deck chairs known to exist.
- * A LOCKET attached to Isidor Straus' (starter of Macey's department store) pocket watch and found when his body was recovered has photos of his eldest son, Jesse, and his eldest daughter, Sara. The heirloom is now a prized possession of Paul Kurzman, one of Straus' great-grandsons.
- * A BRONZE cherub from Titanic's Grand Staircase is perhaps one of the most recognised in the collection of Titanic artefacts.

CATCH next week's issue as we bring you more fascinating facts about the Titanic. For the first time in South Africa, The Artifact Exhibition is being held in Johannesburg at The Zone @ Rosebank from September 18 until November 8, 2015 and in Cape Town at the V&A Waterfront from November 27 until February 14, 2016. The Exhibition puts on display authentic exhibits recovered from the wreck of the famous ship. Join us at this awesome exhibition and feel an authentic Titanic experience! Kids under four get in for free.

Cool Stuff

BY LETITIA HEROLD

BE it keyboards or the latest phones, we feature the hottest must-have gadgets of the week.

Mate S: Huawei

HUAWEI have unveiled a new flagship smartphone. This luxury smartphone revolutionises touch technology and is designed to deliver the best Android experience. Key features include a floating 2.5D screen, a pressure sensitive touch system and a new battery technology to give the users maximum usage from a single charge. The Mate S' touch screen control technology uses an unconventional design to strike a balance between the phone's brilliant capabilities and its stunning visual appearance.



PRICE ON REQUEST



K380 Multi-Device Bluetooth Keyboard: Logitech

THE Logitech K380 Multi-Device Bluetooth Keyboard brings the comfort and convenience of desktop typing to your computer, smartphone and tablet. The keyboard will recognise your connected device and automatically map keys to supported functions and shortcuts – making your typing experience more comfortable. Available in blue or grey.



PRICE ON REQUEST

Snug Lightning Car Charger: Gammatek

A COMPACT charger for Apple devices, this revolutionary design boasts two USB ports and a built-in cable for charging iPhones and iPads on the move.



PRICED FROM R299



Canon's Doing Their Bit For The Community

A TEAM of environment-conscious employees from Canon South Africa headed to Boksburg in the East Rand to help clean up part of the New Jerusalem community. They were joined by volunteers from Segametsi Hope, Canon SA's partner in the Canon Segametsi Solar Light Project. New Jerusalem was selected for the clean up as it is where the site office of the Canon Segametsi Solar Light Project is located. The project installs solar lighting units into households in areas such as informal settlements, rural areas, as well as areas with electricity access but where many households are unable to afford it.



Apps We Love

Paper – Free, iStore

CAPTURE your notes, photos, sketches and inspirations on Paper. Just like a wall of sticky notes, you can create checklists, spotlight details in photos, and sketch diagrams with accuracy, speed and ease.



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* Prices checked at the time of going to print are subject to change.

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Selena's Shocking Confession:

'I Had Chemo!'

BY ZARA BRINER

WHEN it comes to her personal life, Selena Gomez prefers to remain private. So when she finally addressed all the reports relating to her alleged time spent in rehab, way back in 2013, it came as a surprise to everyone. In her latest and very candid interview she just admitted she has lupus, an autoimmune disease, and has undergone serious chemotherapy.

In a new interview with *Billboard* magazine Selena quashed the rumours that she was in rehab for addiction. "I was diagnosed with lupus, and I've been through chemotherapy. That's what my break was really about. I could've had a stroke," she revealed. Of course, Selena is referring to the period in December 2013 when she shocked fans by suddenly cancelling the Australian leg of her *Stars Dance* world tour. In a statement released at the time, the *Good For You* singer said, "It has become clear to me and those close to me that after many years [of] putting my work first, I need to spend time on myself in order to be the best person I can be." Naturally, this led to serious speculation. Some actually claimed Selena was in fact suffering from lupus, while others assumed she'd had a mental breakdown after her split from Justin Bieber. Then, there were those reports that claimed Selena's partying ways and alleged drug and alcohol addiction were so bad she was forced to seek treatment. And while her two-week stay in rehab was confirmed, her management vehemently denied any addiction problems. "Selena voluntarily spent time at Meadows rehab but

not for substance abuse," a rep for Selena said in February 2014.

It doesn't end there, though. Selena explained in her *Billboard* interview that the false reports were hurtful and made her angry, and she attacked the negative treatment. "I wanted so badly to say, 'You guys have no idea. I'm in chemotherapy. You're a**holes'. I locked myself away until I was confident and comfortable again," she said and added, "I'm so f***ing nice to everybody and everyone is so vile to me. I've been working since I was seven. I've been a UNICEF [The United Nations Children's Fund] ambassador since I was 17. It's so disappointing that I've become a tabloid story."

As if opening up about a horrible disease wasn't hard enough, Selena also addressed all the body shaming remarks in another recent interview and confessed she's in therapy. Speaking about the nasty Internet trolls who criticised her weight gain earlier this year, she said, "I've been working in therapy. I'd land at the airport and people would yell out, 'You're fat!' It was awful." And her disease could be the reason for her weight gain. Lupus causes the immune system to produce antibodies, which leads to heavy inflammation and tissue damage. Side effects include inflammation, swelling of joints, extreme fatigue and headaches – which explains her plumper look. There's no doubt Selena has had it rough over these last few years, and it's never easy opening up, especially when you're as famous as she is. But considering she's just released her second studio album, *Revival*, we predict only great things for her!



Selena had to deal with fat-shaming from Internet trolls

Many thought Selena went to rehab after her split from Justin Bieber



Do The Fish-Gape

A POSE done by those who dare to be different has taken over Hollywood.

BY PEARL MPHUTHI

GOODBYE pout. So long duck face. There's a new facial expression in town. It's both glamorous and serious, and it's a look that A-listers around the world are rocking on the red carpet. It only recently been making waves but we suspect it's likely to stick around. According to *Daily Mail*, the 'fish-gape' pose requires a lot of practice to perfect. "It involves tilting your chin downwards, sucking in your cheeks and slightly parting your lips while positioning your tongue behind

your teeth and narrowing the eyes seductively." Have a squiz at these stars who've mastered the look:

Jennifer Lopez: We're not too sure about the make-up, but her fish-gape is an A+!

Cara Delevingne: We've seen this famous model pull the fish-gape while strutting on the catwalk.

Jennifer Lawrence: The 25-year-old actress is no stranger to the fish-gape. She's achieved this look on the red carpet.

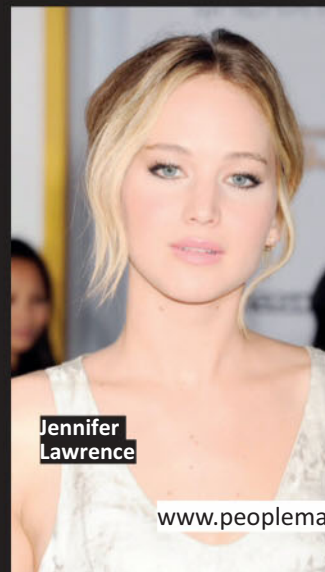
Jessica Chastain: The *Interstellar* star hardly has any issues striking the fish-gape. Work it, girl!



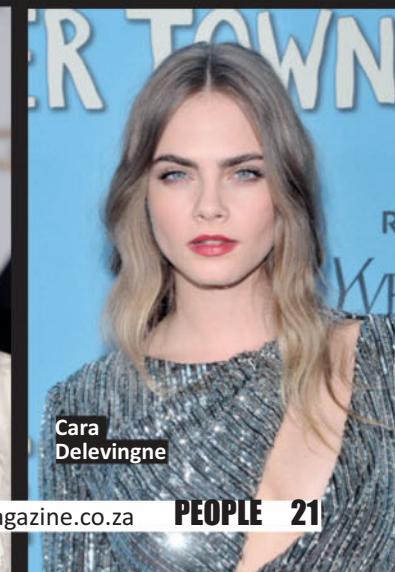
Jennifer Lopez



Jessica Chastain



Jennifer Lawrence



Cara Delevingne

PICS: WWW.ELITEPHOTOAGENCY.COM / PAN MEDIA / GREATSTOCK

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PRIME PAY GHOST BILLS OR LOSE HOMES

ROMANO LOTTERING COMMUNITY LEADER: EDEN PARK

PRIME EDEN PARK BATTLES ANARCHY

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101	101 EDEN PARK	RESIDENTIAL	ATTACHED
102	102 EDEN PARK	RESIDENTIAL	ATTACHED
103	103 EDEN PARK	RESIDENTIAL	ATTACHED
104	104 EDEN PARK	RESIDENTIAL	ATTACHED
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Movie Makeunders

HOLLYWOOD magic isn't always pretty.

BY EUGENIA BOOI

WHEN our Hollywood stars act without make-up (or with make-up that is intended to make them anything but a sight for sore eyes) and undergo drastic weight changes just for roles, we have to re-evaluate our crushes! We give you Hollywood's finest who have undergone drastic transformations for their art.

PICS: WWW.ELITEPHOTOAGENCY.COM / GALLO IMAGES



Vin Diesel

THE actor has always been a delicious sight with his hunky looks, but that was certainly not the case with one of his latest films, *The Last Witch Hunter*. Vin's big transformation to a bearded bulky old guy must have had women leaving the theatres fast and furious! Let's hope his current look (see page 2) is in preparation for a role too!



Charlize Theron

FOR actress Charlize, turning ugly for her role in *Monster* there was a list: thick layer of make-up to freckle her clear complexion, a set of crooked teeth to yellow her pearly smile, some brown contact lenses and a diet of potato chips to pack on 14kg.

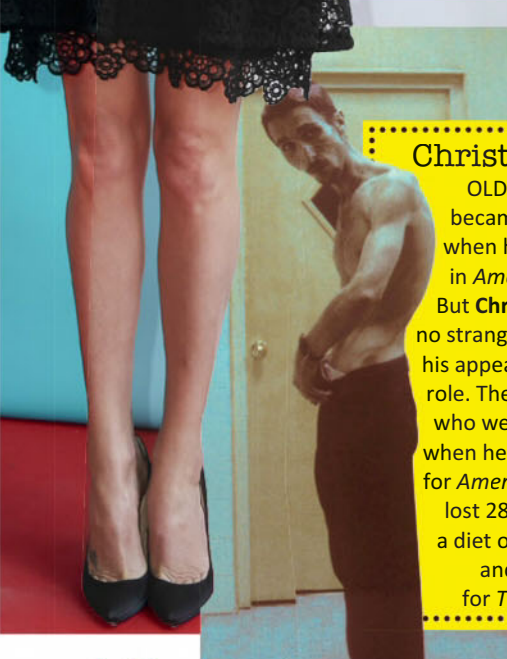


Matthew McConaughey

MCCONAUGHEY packed on a few kilos to take on the role of Kenny Wells for the movie *Gold*. In addition to his significant weight gain the 45-year-old actor also went bald. And don't even get us started on his emaciated figure in *Dallas Buyers Club*.

Hugh Jackman

THE 46-year-old actor deprived himself of all liquids for 36 hours for *Les Misérables*, but his transformation was well worth it considering the liquid that came out of our eyes while we were watching his performance!



Christian Bale

OLD Batman became fat-man when he appeared in *American Hustle*! But Christian Bale is no stranger to altering his appearance for a role. The 41 year-old, who went to extremes when he packed on 20kg for *American Hustle*, also lost 28kg by living on a diet of apples, coffee and cigarettes for *The Machinist*.



Emma Thompson

IT'S astounding how Emma Thompson was able to transform herself into witch-like granny for the movie *Nanny McPhee* – and it only took an hour in make-up to accomplish it!



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PAN MOVIE SCREENING



people magazine hosted an exclusive screening of the movie *PAN* at Montecasino on October 4, 2015. Invited guests enjoyed a fun afternoon while the kids were entertained by face painters, balloon twisters and the GlamCam was on hand so guests could take fun pics on site.

PHOTOGRAPHER: HEMA PATEL

ASHLEY'S

BY ANGELA BEKIARIS

DISTURBING ACCUSATIONS!

ASHLEY JUDD is opening up about her past and the harassment she experienced while trying to make a name for herself in Hollywood.

STARTING out in Hollywood is exciting – but it's also very scary. Some will do anything to get ahead, and others have had to deal with a number of disturbing things while making their way to the top. Ashley Judd is one of those people.

Years have passed since Ashley was sexually harassed, but the star is now opening up about it all, telling the world about what goes on behind closed doors in Hollywood.

The actress recently revealed that she was sexually harassed by a major Hollywood studio head while filming the hit movie *Kiss The Girls*. The studio head kept summoning her to his hotel room under the pretence of talking about roles in his movies. According to the actress, while filming the movie in 1996 she would be asked to meet the man at his hotel, then told to go to his room. Just 28 at the time, she says the two would eat together and she would help him pick out outfits for the day. Then came the day the man said he would get her a role in one of his movies that would earn her an Oscar nomination – if she would watch him in the shower.

She knew something wasn't right. And she wasn't alone.

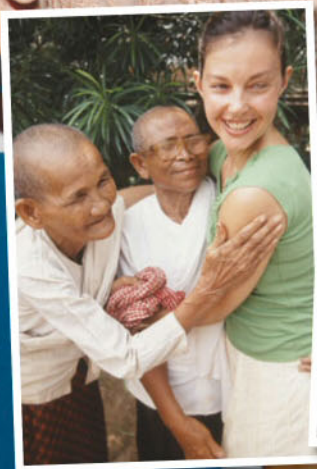
Judd, who is opening up about the ordeal almost 20 years later, says she did not realise she had been a victim of harassment until later when she heard other actresses share the same story about the man. It took time for her to internalise the shame and stand up for herself, but she did.

"I was sexually harassed by one of our industry's most famous, admired-slash-reviled bosses," she

recently revealed in an interview. "I was making *Kiss The Girls* at the time, and here I was, a declared feminist. I had completed a minor in what was then called Women's Studies, which we now call Gender Studies. And yet I did not recognise at the time what was happening to me. It took years before I could evaluate that incident and realise that there was something incredibly wrong and illegal about it. And I think that's what's happening in Hollywood with regard to female crew members, above-the-line and below-the-line talent, and pay disparity...and I think that talking about it is essential to the process of becoming aware, accepting that this is reality and then ultimately taking action."

A few years later she saw the man at a party for her film *Double Jeopardy*. According to Judd she attempted to confront him across a table. "I was getting ready to say something out loud across the crowded table to him. He looked at me and tried to shut it down," she says, adding, "I was no longer that naïve ingénue who couldn't identify what was happening as it was happening. I was getting ready to nail him on it, and he said, 'I think I'll let you out of that deal we made'. He knew I would come into my power."

While a successful actress, Judd has also been heavily involved in humanitarian work over the years, working with Women For Women International and Equality Now while also serving as the global ambassador for YouthAIDS.



Ashley says the harassment took place around the time she filmed *Kiss The Girls* with Morgan Freeman

Ashley has been involved in humanitarian work for years

At the Captain's Table

THANKS TO CAIVIL, five lucky winners took their seats among the A-list at this year's *Durban July*



The fabulous five and their partners enjoying the glamorous Durban July.

ONLY the most stylish and elegant guests usually crack an invite to dine with the captain on a cruise ship, so this year's Durban July theme, the Captain's Table, set the bar extremely high. Our local A-listers did the theme justice in their glamorous designer duds. Holding their own among the glitterati were five glamorous winners; Katalin Mercer, Kutlwano Sebego, Rhulani Chuake, Nomfundo Radebe, and Marisha Chetty attended the event courtesy of Caivil. Their hair and make-up was done professionally by the renowned luxury haircare brand and they also received vouchers to buy outfits for the big day. Caivil also flew the winners who were not from Durban and their partners to Durban's King Shaka International Airport. All five winners were chauffeured to their luxury accommodation in Umhlanga, where they got to enjoy the breath-taking views of a wintry Durban.

A photoshoot was held in front of the hotel before they were again whisked away in luxury rides to the iconic Greyville Racecourse. They arrived at the Afrotainment marquee. Beats by Black Coffee, Bucie, Xoli M, Big Nuz, Dreamteam and Naak MusiQ set the scene, before they sat down to a gourmet buffet.

The winners described their day as 'the best ever' and 'the party of the decade', with one saying it was 'as good for my soul as Caivil products are for my hair'. The captain would be proud of the Caivil glam squad...



The luxurious hotel provided the perfect setting to get ready for the Durban July.



Caivil's winners enjoyed the races from an exclusive marquee.



Time for a selfie!



The ladies were glammed up with perfect hairstyles by Caivil products.



Being chauffeured to Greyville Racecourse in style!

CAIVIL®

Fashion BLOCKBUSTERS

Get The Look
BY SUZY MUKENDI



FASHION designed to move you.

TRENDS come and go and styles get revamped often. Many get frustrated and others are left lost and confused, as they have no idea how incorporate the latest fad. What many

don't know is that trends aren't only what you see in magazines and on TV – they can also be what *you* think is fashionable and making a mark in the fashion world. Where do you think the term 'fashion leader' comes from? With

fashion, all rules are meant to be broken. All you need to do is make whatever trend is out there your own, or even go so far as to set your own trend. The moment you have your confidence sorted, you'll take the fashion world by storm!

Make Your Weekend Stylish

Denim For Movies

DOUBLE denim has been on trend for a while and there's no sign of it ever leaving us. There's something very effortless and trendy about this style and denim goes with just about anything. Work some double denim, a cute necklace and bag and there you have it!



Dress: R169.99, Mr Price



Necklace: R199, Foschini



Rings: 169.50, Colette By Colette Hayman



White Mules: R469, Foschini



Bag: R350, Woolworths

Grabbing Drinks Then Dinner

WHEN it comes to dinner or drinks with the girls or your partner, you have to make an effort and at least *look* like you tried. A great start is killer statement shoes!

Necklace: R129, Foschini



Black Jacket: R699, Foschini



Black Bag: R649, By Witchery, Woolworths



Gold Ring: R169.50, Colette By Colette Hayman



Dress: R89.99, Mr Price



Black Heels With Tassels: R1 549, River Island



Monochromatic

THE easiest way to look effortlessly chic is going for a monochrome look. Anything looks stylish when you wear the colour from head to toe and the look works for any occasion.



Embellished Jacket: R1 399, Mango



Grey Top: R199, By New Look, Zando



Grey Skirt: R399, Paige Smith, Zando



Necklace: R249.50, Colette By Colette Hayman

Sunglasses: R249.50, Colette By Colette Hayman



Sneakers: R1 399.95, Dune London



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Get Kendall Jenner's Style

KENDALL JENNER'S is the perfect example of a budget-friendly style. Hardly any of Kendall's looks are exclusively designer brands with the price tag matching that of a new car. Here are two looks we loved so much, we just had to share with you.

Shirt: R129.99, Mr Price



Bag: R649, By Witchery, Woolworths

Jeans: R799, Mango



LOOK 1



Silver Shoes: R999, By Country Road, Woolworths



Belt: R99.95, Woolworths



Glasses: R39.99, Mr Price



White Jeans: R149.99, Mr Price

LOOK 2



Top: R150, Foschini



Bag: R499, Woolworths



PERFECTLY PAIRED

LET'S face it, we all love a great pair of shoes as well as a great pair of jeans, and lucky for us girls, we have a range of styles of both to choose from. Have a look at these examples of shoe choices we think work perfectly with different styles of jeans.

TIP: FOR Boyfriend jeans, you can also try strappy heels.



R450, Foschini



R1 499.95, Dune London



R1 499, By Jessica Simpson, Edgars



Boot Cut Jeans



R249, By Utopia, Zando



R179.99, Mr Price



R99.99, Mr Price

Boyfriend Jeans



R599, By Zoom, Zando



R889, Woolworths



R299, Foschini

Straight Leg Jeans



R449, By Levi's, Zando



R549.95, Madison Shoes

Skinny Jeans



Oh My Vintage

STYLIST: SUZY MUKENDI
PHOTOGRAPHER: TAMIKA MILLER



Malcolm
Shirt: R149.99, Mr Price
Jacket: R1 899.95, By Stephen Cole, Stuttafords
Belt: R69.99, Mr Price
Pants: R159.99, Mr Price
Shoes: R3 590, Europa Art

Jamie Lee
Necklace And Matching Earrings:
R181, By Claire's, Clicks
Dress: R129.99, Mr Price
Clutch: R699, Accessorize
Shoes: R189.99, Edgars

THE fashion around time of the Titanic is best described by the words 'elegance' and 'sophistication'. The clothing worn didn't need too much to leave a lasting impression and the women wore the clothes and not the other way around. Everything seems wrapped in an intoxicating gossamer gown of class, and this week for our photo shoot we felt ourselves being swept away back to the early 1910s. These styles are timeless and can be incorporated into your wardrobe for any kind of event (don't just think evening attire). Have a look and add a dash of elegance to your style.

12:13 p.m., a red rocket streaked and the hydraulic triggers holding *Titanic* in its dry dock were released. The sliding way beneath the Ship—greased with 22 tons of tallow and soap—offered no resistance as *Titanic* glided gracefully into the River Lagan amid the congratulatory sounds of ship sirens and a general gasp of wonder from onlookers on both sides of the river. Although she was now in the water, *Titanic* was far from complete: the interior was not finished, and the Ship's engines, boilers, propellers, and four funnels awaited installation. Finishing *Titanic* would take another ten months.

Malcolm
Shirt: R699, By Trenerly, Woolworths
Tie: R69.99, Jet
Blazer: R3 999.95, By Ted Baker, Stuttafords
Waistcoat: R1 899.95, By Ted Baker, Stuttafords
Pants: R1 899.95, By Ted Baker, Stuttafords
Shoes: R2 690, Europa Art

Jamie Lee
Top: R2 799.95, By Ted Baker, Stuttafords
Skirt: R4 199.95, By Ted Baker, Stuttafords
Bangle: R137, By Claire's, Clicks
Clutch: R599, Accessorize
Courts: R1 990, By Dumond, Europa Art

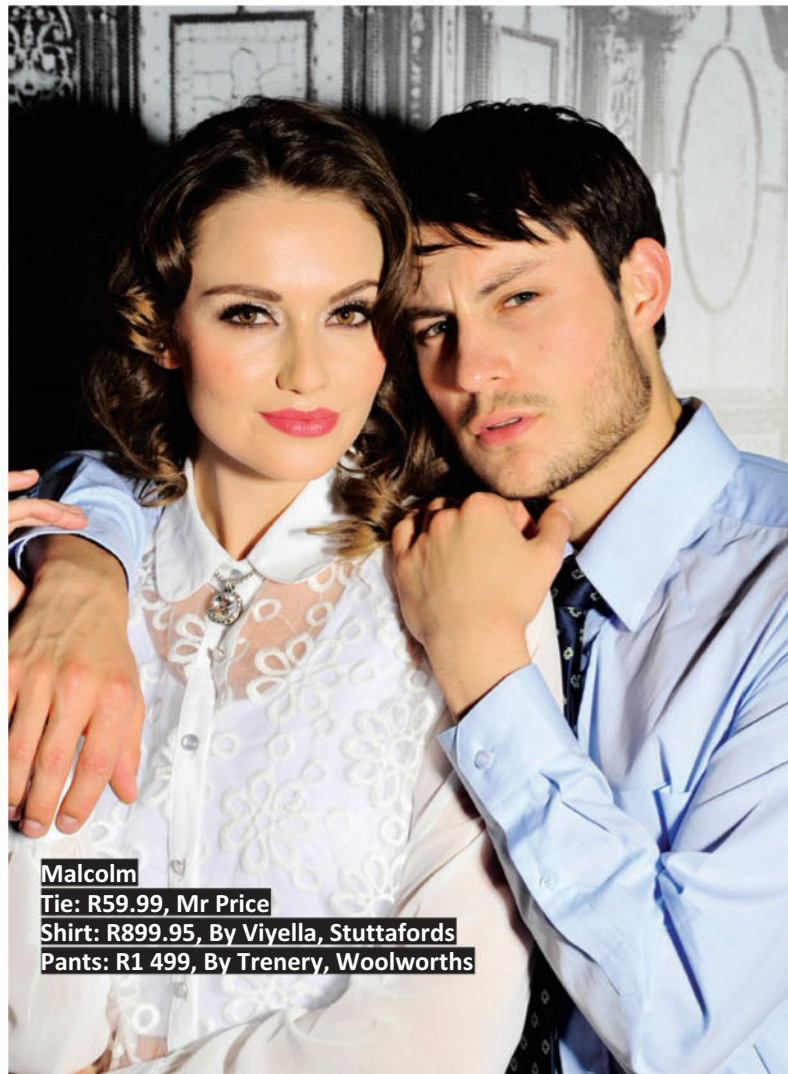


Jamie Lee
Necklace, Earrings And Matching Bracelet:
R354, By Claire's, Clicks
Jacket: R3 999.95, By Ted Baker, Stuttafords
Dress: R179.99, Rage
Courts: R2 690, Europa Art

Malcolm
Shirt: R149, Mr Price
Blazer: R2 799.95, By Delmont,
Stuttafords
Belt: R59.99, Mr Price
Pants: R169.99, Mr Price
Shoes: R3 590, Europa Art



Jamie Lee
Necklace: R137, By Claire's, Stuttafords
Crop Top: R39.99, Mr Price
Rings (Set Of 10): R282, By Claire's, Clicks
Top: R154.99, Mr Price
Pants: R169.99, Mr Price



Malcolm
Tie: R59.99, Mr Price
Shirt: R899.95, By Viyella, Stuttafords
Pants: R1 499, By Trenery, Woolworths

Jamie Lee
Hair Swing: R354, By Claire's, Clicks
Dress: R5 499.95, By Ted Baker
Bracelet: R137, By Claire's, Clicks

STOCKISTS: STUTTA FORDS: (011) 783-5212 RAAGE: (011) 883-7502 EUROPA ART: (011) 883-5554 MR PRICE: (0800 212 535 JET: (011) 685-7000 EDGAR'S: (011) 685-7000
CLICKS: (011) 883-4933 ACCESSORIZE: (011) 615-7755 WOOLWORTHS: (011) 290-1011 / CREDITS: MAKE-UP DONE BY: CARLI PRINSLOO - (011) 889-0738 / HAIR DONE BY: HAIRLINE -
SASHA-LEE AND DENISE - (011) 452-2852 / FASHION ASSISTANT: DENAL FLORENCE / MODELS: JAMIE LEE AND MALCOLM FROM ICE MODELS - 073 704 9242

Malcolm
White Shirt: R799.95, By
Viyella, Stuttafords
Suspenders: Model's Own
Pants: R159.99, Mr Price
Shoes: R3 590, Europa Art

HAIRline

HEAVY LIFTING



PRODUCTS that help you to lift.

EVEN if you find the promise of young, firm, post-face-lift skin tempting, there's a fair chance that you'd be put off by the cost and risks involved (not to mention the needles!). Enter our favourite products that are specially designed to lift everything from arms to lashes and especially the face.

Liftactiv Supreme Normal/Combination (50ml): R529, Vichy

THIS is Vichy's first daylong lifting care. It continuously corrects wrinkles and firms for younger skin. Your complexion looks fresh and radiant until evening. From one month after starting the treatment, deep wrinkles appear corrected and skin feels firmer and looks lifted.

AdvantAGE Triple Action Serum: R169.99, African Extracts Rooibos

NEED help with lifting and firming? AdvantAGE Triple Action Serum does just that, plus it reduces the appearance of fine lines, wrinkles and dark spots. This skin-saving serum gives dry and mature skin a three-in-one boost. With the antioxidant power of Bio-Active Rooibos, marine plant active, aloe vera, jojoba seed oil, lavender, hyaluronic acid and ceramides, it helps to achieve smooth, velvety soft skin and youthful radiance.

Studio Lift Smoothing Foundation Anti-Age Make-Up: R150, By HEAN, Glamore

THIS anti-age make-up with an SPF of 10 provides medium coverage and a semi-mattifying effect. Its lightweight silicone formula with hyaluronan, wheat proteins, olive oil and Tens'up's active ingredients, gently stretches the skin, smoothing wrinkles and acting as a 'lift'. It perfectly adapts to the skin and does not give a mask effect. It brings a healthy vitality to the skin, combating the fatigued look while allowing the skin to breathe by not blocking pores.



Ooh La Lift: R275 By Benefit, Edga

THIS legendary under-eye brightening boost gives an instant eyelift! It contains raspberry extracts and light-reflecting pigments to instantly perk up tired eyes. This delicate pink balm can be applied on bare skin or over make-up.



Rénergie Multiple Lift Riche Day (50ml): R1 230, Lancôme

IF you want a firmer, plumper skin with added moisture, choose Rénergie Multi-Lift Rich Cream for dry skin. This rich and luxurious formula will leave your dry skin feeling hydrated (but not oily), more comfortable and more radiant. The anti-ageing cream quickly blends into the skin, leaving it firmer and tighter with no sticky or flaky feeling. Your skin is visibly smoother, softer and plumper thanks to this wonderfully rich and creamy treatment.





UPDATE your look and at the same time go classic by doing away with that made-up look. In the 1900s make-up was very much a DIY affair and the objective was to create an effect of youthful beauty without anyone knowing you were wearing make-up. Similarly, men's grooming routines were simple, yet effective. So it's back to the basics with beauty this season.

Make-Up Make Down

RATHER than using both a foundation and bronzer, stick to mineral powder and blush. Blush adds warmth to the face and emphasises facial contours (without actually contouring). Add a subtle touch of colour to the high edge of the cheekbones and blend to create a natural-looking blush on the cheeks. To create a look that screams vintage glamour, experiment with this season's popular brown or nude hues. These colours look amazing on both eyes and lips.



Shimmer Strips Custom Eye Enhancing Shadow & Liner: R229.95, By Physician's formula, Dis-Chem



Lasting Finish Lipstick By Kate: R89.95, Rimmel



New Complexion Powder: R259, Revlon

Vintage Meets MODERN

GET the classic new looks.

Do A New 'Do

TURN heads by mixing a simple, classic hairstyle or cut with ultramodern hues, like **Kerry Washington**. For longer-haired ladies, try a bouffant, sleek high ponytail or a faux bob. For those with short hair, experiment with '20s-inspired curls.



Kerry Washington

The Perfect Guy

FOR a lot of men, grooming is not on the list of priorities, and many just stick to the basics. If you (or your man) are anything like this, then there are only a few products on your shelves and that's fine, just make sure they are the right ones! Get a great face wash for your specific skin type plus a moisturiser. If you are clean-shaven, vintage methods are best, like a cut-throat razor and a badger hair shaving brush. If you have a beard, like **Michael Ealy** then use a beard oil. Complete your look with a simple hairstyling product. There are tonnes to choose from to suit your preference.



Shaving Brush: R215,
Bluebeards Revenge



Beard Oil: R200, Badger



Multi-Action Face Wash:
R270, Lab Series



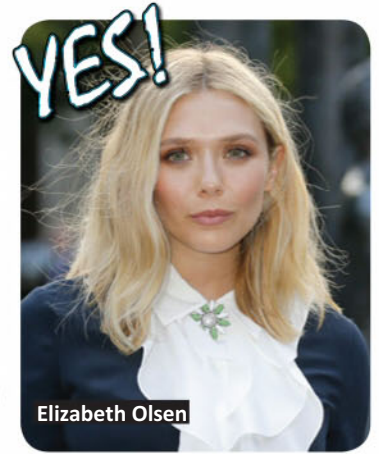
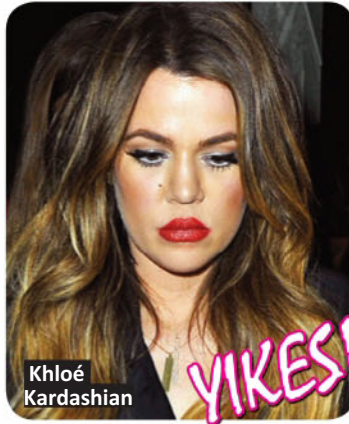
Michael Ealy



Beauty BLUNDERS

AVOID these outdated beauty mishaps.

MAKE-UP is a powerful tool to make you look young and beautiful, but don't underestimate its power as an unintended ager too. Wearing the wrong make-up can actually make you look older than you are – something which everyone wants to avoid.



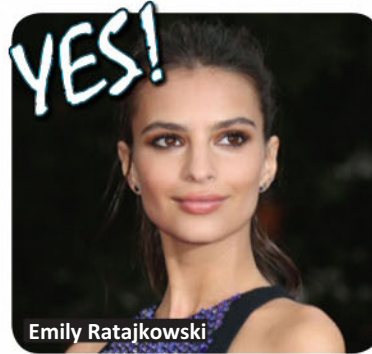
HEAVY FOUNDATION

THIS is a very '90s look. It's too heavy and makes you look like you're wearing a mask. It's great for photoshoots, but for everyday wear you'll look more up-to-date in a BB or CC cream or tinted moisturiser.



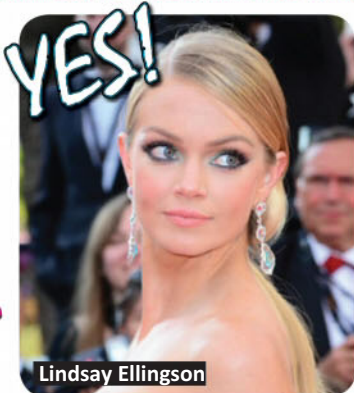
TOO THIN BROWS

DON'T over-pluck eyebrows. Full and thick is still fashionable in the brow department. Fill in your brows if you have to.



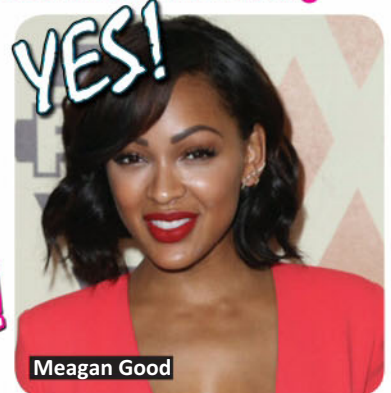
DRAWING THE LINE

SMUDGED liner can be chic and effortless. But don't go overboard! Less is more when it comes to liner.



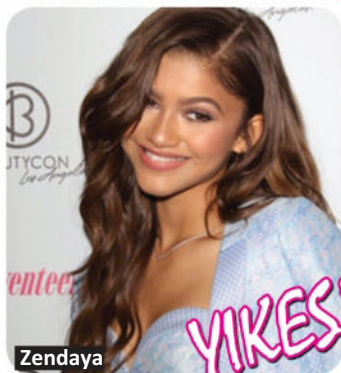
DARK LIPS + EYES

WE are all for make-up, but please keep the focus to one area. Choose either a dark lip or dark eye. This combo seldom works.



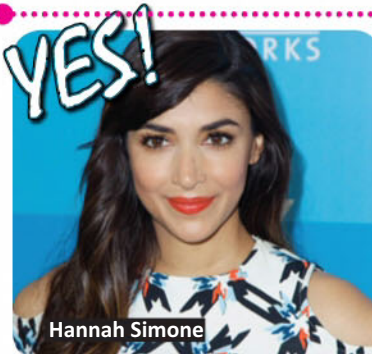
LIP LINE LOWDOWN

USING a darker shade to outline your lips is such a dated look. Rather use a colour that matches your lipstick.



MATCHING PROBLEMS

FOUNDATION that is too light or too dark is a big beauty no-no and also the simplest mistake to make. nowadays it's simple to find foundations that adapt to your particular skin tone, so you have no excuse!



CONCEALING CRISIS

PUFFY under-eye bags are a common ageing effect, but don't feel like you have to cake on concealer, especially in a colour that is too light. Concealer should be one or two shades lighter, but not lighter than that.



FOLLOW your favourite celebs' exercise routines and look and feel as good as they do!

TV personality, author, lifestyle and fitness expert **Lisa Raleigh** will help you achieve your desired celebrity body.



BY LISA RALEIGH

GET ARMS LIKE JULIA ROBERTS'

JULIA ROBERTS is heading into her late 40s but still manages to stay in shape. The mother of three fits in regular and varied exercise throughout the week.

Switch It Up: The bubbly actress changes her workouts regularly, swapping between aerobic step workouts and running, to yoga and strength training.

Get Wet: Julia loves swimming workouts, and trains at home in her pool often. She practices running, cross-country ski movements and arm strengthening exercises in the water, as well as 'running' in the deeper areas with a weight belt.

Switch To Resistance Bands: Free weights are great for strength workouts, but resistance bands can be even more effective as we age. The non-gravitational tension of the band puts less strain on joints, and Julia loves using them to tone up her arms.

HERE are three exercises using a resistance band to tone up your arms.

Shoulder Raise With Band

1 SECURE a resistance band under both feet and hold one end securely with one hand. Start with your hand at your side, then draw it up to shoulder height with hands still facing slightly forward and pinkies higher than thumbs. Pause for a moment then lower back down to your starting position. Aim for three sets of 10 – 15 reps with each arm.



3 Tricep Extension With Band

START with one end of the resistance band secured under your foot, reaching your arm on the same side over your head to grab the other end. Use your opposite hand to secure the band's position behind you. Starting with your elbow bent, straighten it directly up above your head. Pause for a moment then bend your arm back down to your starting position. Aim for three sets of 10 – 15 reps with each arm.



2 Bicep Curl With Band

SECURE a resistance band under both feet and hold one end in one hand. Starting with that hand in front of your thigh, curl it up to meet your shoulder. Pause for a moment then return back down to your starting position. Aim for three sets of 10 – 15 reps.



PICTURE: GREATSTOCK

BY ANGELA BEKIARIS

IT'S not just Forrest who knew the benefits of running.

Run Into Aniston Shape

JENNIFER ANISTON is back on the road. The star, who banned exercise while on honeymoon recently, was seen getting back into shape in no time after. According to sources, she worked up a sweat between takes while in Atlanta, where she is currently shooting a new

film, *Mother's Day*, alongside actresses **Julia Roberts** and **Kate Hudson**. "It was her honeymoon and she wanted it to be special. She decided it wouldn't be their ordinary vacation, where they still worked out. This was going to be about romance, friends, and relaxation," reveals a source.

Jen's Secrets Revealed

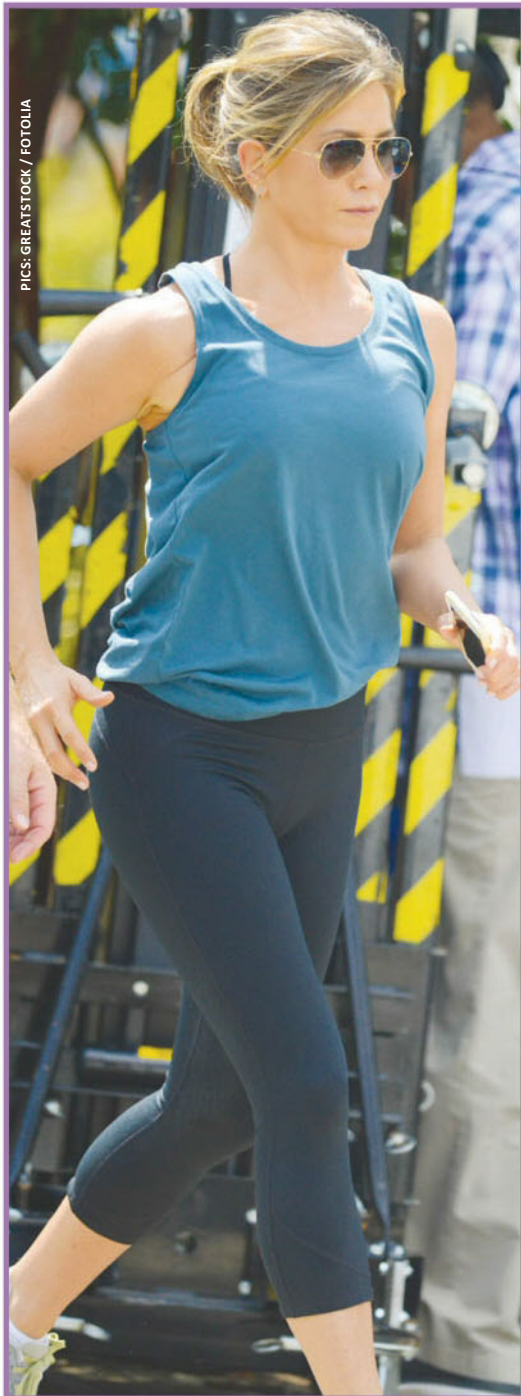
SHE'S toned, strong, feminine and lean – but it doesn't come easy for her. According to insiders, the gorgeous **Jennifer Aniston** is very disciplined in her workouts. "It takes a lot of hard work to have a good and healthy body and I work out five or six days a week – that counts to be almost every day," said the star in the past. **Jen** shares some tips with her fans, in order to maintain a perfect shape if one cannot manage trainers and nutritionists – yes, that means all of us!

* **Strength Training:** It helps increase the muscle tone and is considered very good for bones and it even burns more calories. You can go for Pilates, weights or resistance bands if you work out at least twice a week, say experts.

* **Workout Ways:** Due to busy schedules, we are not always able to take out much time to do exercises. Try doing less time-consuming, equipment-free exercises like crunches, stretches, yoga, squats or lunges in your morning or evening, which can even be done in your own home.

* **Add Fish To Your Diet:** Eat Omega 3-rich fish once or twice a week, says **Jen**, as it helps in controlling your weight, and improving your skin and hair. Other Omega 3-rich products include ground flaxseeds or flaxseed oil, nuts and Omega 3-eggs.

* **Love Your Food:** "Be it at a function or just because you're in the mood to enjoy some of your favourite dishes, never stop yourself," says the actress. She suggests you eat whatever you love but make a commitment to exercise the very next day and be strict on your commitment.



PICS: GREATSTOCK / FOTOLIA



Nicole Hits The Gym

WHILE at times Nicole Richie is a bit on the skinny side, she likes to stay in shape and lead a healthy lifestyle. The star was recently spotted leaving the gym, where she seems to have enjoyed a great workout – and rumour has it she was training with Hollywood's fitness queen **Gwyneth Paltrow**. The reality TV star-turned fashion designer, author and TV personality is always on the go with two kids, too – and of course her busy husband **Joel Madden**. We reveal some of her diet and fitness secrets:

Her Diet: After considering foods her foe for a long time, the gorgeous star has finally gone for healthy and nutritious foods, say sources. **Nicole** religiously eats wholesome foods such as grilled chicken, brown rice, green veggies and fruit, and bows down to juicing diet plans at times to detoxify her body and mind. Since portion control enables you to cherish your adored foods in moderation, **Nicole**, say insiders, is enamoured with the idea.

Her Fitness Programme: According to sources she always enjoys regular workouts. Being a passionate dancer, she dedicatedly abides by celebrity trainer Tracy Anderson's method – she reportedly hits the dance class four times in a week. She also loves to run for one hour on the treadmill – and practises weightlifting with light weights.

Get Fitness Ready

Black Jacket: R749, By Country Road, Woolworths

Multicoloured Tights: R699, By Puma, Total Sports

Black Sneakers: R1 199, By Nike, Zando

STOCKIST: WOOLWORTHS: (011) 290-1011
TOTAL SPORTS: (011) 685-1451
ZANDO: 0861 192 636

EAT well, live well.

BY ANGELA BEKIARIS



Jennifer's Diet Facts

THE gorgeous actress has a beautiful body. But while she trains hard, she also eats correctly. We share four interesting diet facts of hers:

- * **ANISTON** follows a high-protein and low-fat diet.
- * **JENNIFER** used to eat the same Cobb salad every day on the set of *Friends* with her co-stars but with different toppings, such as bacon and garbanzo beans.
- * **A FEW** of the things that are very common in her diet are salmon, green vegetables, lentils and quinoa.
- * **SHE** does follow a strict diet but often ends up eating fried food. But she always makes sure to burn that amount of calories off.



Kerry's Dietary Secrets

SHE got heads spinning on the red carpet at the recent Emmy Awards – let's be honest, Kerry Washington is one hot mama! So what's her secret? We reveal a few of them...

- * SHE eats tonnes of veggies, fresh fruits, lean protein and sushi.
- * SHE relies on natural, organic, and clean foods loaded with vital nutrients.
- * COCONUT water is one of her adored beverages, which she prefers to have in the morning.
- * SHE does Pilates, which is her favourite workout.
- * SHE spends 60 minutes on workouts a day and does them five days in a week.

Did You Know?

THE *FIXER* actress suffered from an eating disorder known as Bulimia during her college days. According to sources, she used foods as her strongest weapon to combat emotional issues such as stress, anxiety and anger. Insiders say **Kerry** binged on pizza, burger, fried chips and all other unhealthy food items to placate her mind before she brought it all back up again. However, when the problem grew out of control, she consulted a therapist. And when she finds the disorder knocking on her door again, she'll go back to the therapy.

What Is Bulimia?

BULIMIA NERVOSA is an eating disorder characterised by frequent episodes of binge eating, followed by frantic efforts to avoid gaining weight. It affects women and men of all ages.

The Dangers Of Bulimia

- * Seizures or fits
- * Electrolyte imbalance
- * Amenorrhea (loss of period)
- * Suicide
- * Cardiac arrest
- * Barrett's oesophagus – which can lead to cancer
- * Gastric rupture
- * Ketoacidosis
- * Low blood pressure or hypotension
- * Malnutrition

Binge Eating Signs & Symptoms

- * Lack of control over eating – inability to stop
- * Secrecy surrounding eating
- * Eating unusually large amounts of food with no obvious change in weight
- * Disappearance of food, numerous empty wrappers or food containers in the garbage, or hidden stashes of junk food
- * Alternating between overeating and fasting

Purging Signs & Symptoms

- * Going to the bathroom after meals
- * Using laxatives, diuretics, or enemas after eating
- * Smell of vomit, perhaps with an attempt cover up the odour with mouthwash, perfume, air freshener, gum, or mints
- * Excessive exercising – especially after eating. Typical activities include high-intensity calorie burners such as running or aerobics

Physical Signs & Symptoms Of Bulimia

- * Calluses or scars on the knuckles or hands from sticking fingers down the throat to induce vomiting
- * Puffy 'chipmunk' cheeks caused by repeated vomiting
- * Discoloured teeth from exposure to stomach acid when throwing up – may look yellow, ragged or clear
- * Frequent fluctuations in weight



BY ANGELA BEKIARIS

EATING DISORDERS have serious consequences.

The Crippling Effects Of Anorexia And Bulimia

ANOREXIA is a dangerous eating disorder which has many physical and psychological effects.

Eatingdisorders.org.au share some of the symptoms:

- * Distorted body image
- * Self-evaluation based largely or entirely in terms of weight and appearance
- * Pre-occupation or obsessive thoughts about food and weight
- * Refusal to accept that one's weight is dangerously low despite warnings from family, friends and/or health professionals
- * Low self-esteem
- * Mood swings
- * Withdrawal from interpersonal relationships in favour of social isolation

Psychological Effects Of Bulimia

BULIMIA is dangerous for both body and mind. We share some of the psychological effects of the eating disorder, courtesy of eatingdisorders.org.au:

- * Difficulties with activities which involve food
- * Loneliness due to self-imposed isolation and a reluctance to develop personal relationships
- * Deceptive behaviours relating to food
- * Fear of the disapproval of others if the illness becomes known
- * Mood swings, changes in personality, emotional outbursts or depression
- * Self harm, substance abuse or suicide attempts
- * Overly sensitive to references about weight or appearance
- * Guilt, self disgust, self loathing
- * Anxiety
- * Depression

Have Healthy Relationships

HAVING healthy relationships with friends and family is important for your overall health. However, healthy relationships require compromise and forgiveness, as well as honest communication.

Sleep Better At Night

INSOMNIA is very common – and very unpleasant too. Experts suggest you block your clock. Do you glance at it several times a night? Experts say it can make your mind race with thoughts about the day to come, which can keep you awake. So put your alarm clock in a drawer, under your bed, or turn it away from view – and sweet dreams!

TIP IT'S normal to feel down once in a while, but if you're sad most of the time and it affects your daily life, you may be suffering from depression.

Courtesy of www.all4women.co.za, www.eatingdisorders.org.au and www.webmd.com



people

BY VANESSA PAPAS

SERIES



SCREAM QUEENS

It's Comedy

TO
DIE
FOR!

**NEW
Shows
ON THE
BOX**



A Killer Series



IN 1995 a sorority pledge went wrong. Now, someone is out for vengeance, and a college campus is rattled by a series of murders on the 20th anniversary of the crime.

OCTOBER is the month of all things terrifying, so what better way to celebrate than indulging in a spine-chilling, over-the-top biting satire that boasts an all-star cast and all the blood, guts and gore you'd expect from a classic horror?

Scream Queens, which launched last month on DStv Fox (channel 125 every Wednesday at 20h10), promises to be a killer comedy-horror classic. *Scream Queens* – a 15 episode series – is part black comedy, part slasher flick and a modern take on the classic *whodunit*, in which every character has a motive for murder... or could easily be the next victim. The latest product being pushed out of the **Ryan Murphy/Brad Falchuk/Ian Brennan** TV factory, *Scream Queens* follows in the footsteps of *Nip/Tuck*, *Glee*, and *American Horror Story*.

The Plot

THE girls of Kappa House are literally dying for new pledges. Kappa House, the most sought-after sorority for pledges, is ruled with an iron fist (in a pink glove) by b**ch extraordinaire Chanel Oberlin, played by **Emma Roberts**. But when anti-Kappa Dean Cathy Munsch, played by horror-genre veteran **Jamie Lee Curtis**, decrees that sorority pledging must be open to all students, and not just the school's silver-spooned elite, all hell breaks loose – and blood flows. A devil-clad killer begins wreaking havoc across the campus exactly two decades after Wallace University was rocked by a mysterious death. As the investigation progresses, casualties start to pile up and anyone could

be the villain – or the next victim. As *Scream Queens* moves forward, the show will strip away the facades people put on to fit into society and expose what people really are – inherently dark, inherently unhappy and inherently frustrated human beings who are trying so desperately to hold it together!



Jamie Lee Curtis as Cathy Munsch

Who Is The Red Devil?

THERE'S a murderer on the loose... Red Devil is the mascot of Wallace University and the main villain of *Scream Queens* and first appears in a flashback where a previous Kappa Kappa Tau president is preparing for her minions to spray tan her. Her minions begin using the spray tan and it suddenly starts burning her skin. Her minions scream and leave the room, and as she collapses to the floor and the Red Devil enters the room, revealing that it was he/she who switched the spay tan with hydrochloric acid. Later, Red Devil attacks two more girls, stabbing one in the shoulder and head, before cutting the other's head clean off with a lawn mower. Red Devil is a master at finding wonderfully creative ways of killing victims and is never without a chef's knife, acid perfume, a lawn mower, a chainsaw and/or a pair of hand shears. With plenty of clues dropped in the show's premiere, there certainly is an array of candidates for the person behind the red devil mask.

The actual costume of the Red Devil, courtesy of designer Lou Eyrich, took five months to make. "I worked with special effects artist David Anderson who's done a lot of stuff with us on *American Horror Story*," says Eyrich. "He actually did the mask and the chest plate and we did everything [else]: the boots, the cape, the undergarments and the gloves. We worked closely together to make the costume very slick and you really couldn't tell who was under it. We built muscle pads into it, so it could be a man or it could be a woman."





Meaty Nugget

THE Red Devil stunts are done by the same stuntman who did the

Rubber Man stunts in *American Horror Story: Murder House*. In *Hell Week*, it was revealed that the Red Devil's accomplice was Boone, although it is unknown if she/he has more. It has been revealed that the Red Devil costume might be worn by more than one person.

Taking The Lead

WHEN it comes to the original scream queen **Jamie Lee Curtis** is it. She's

played the damsel in distress in so many horror flicks it's hard to keep count. Those that roll off the tongue include classics like *Halloween*, *The Fog* and *Prom Night*. In *Scream Queens* **Jamie** plays the character of Cathy Munsch – a college dean and sorority scourge who forces Kappa House and leader Chanel Oberlin (**Roberts**), to accept all pledges. "She is a feminist born in the '50s who has suffered the reality of what feminism really wrought, which is so beautifully outlined in *The Heidi Chronicles* in the speech, 'Women, Where are we going?' And, it's basically how women are horrible to each other. At the end, Heidi says, 'I thought the point was that we were all in this together?' I think Cathy is aligned with that," says **Jamie**. "Everything that you think about every single one of these characters, you don't know s*** about anything because everyone here is wearing masks and this show peels off masks each week and it's brilliant."



Jamie Lee Curtis

Meaty Nugget

A SPECIAL bust-boosting bra championed by none other than **Kylie Jenner** is the secret behind **Jamie Lee's** 'boldly up-front display' on the series. The Victoria's Secret Bombshell bra, which **Kylie** claims makes your chest appear two cup sizes bigger, is what makes **Jamie Lee** so fantastically firm at 56!

Hollywood's Biggest B***h!

SCREAM QUEENS' killer all-star cast includes **Emma Roberts** – an undeniable talent who has amassed an impressive career over the course of the past decade. We bring you five fun facts about the gorgeous 24-year-old actress who plays Chanel Oberlin – the ultimate snotty, young, privileged sorority sister you don't want to cross!

* COMING from an acting family, **Emma** landed her first gig at nine. In 2001's *Blow*, she played **Johnny Depp** and **Penelope Cruz's** daughter.

* **JULIA ROBERT'S** is **Emma's** aunty.

* IN 2005, **Emma** released a debut album titled *Unfabulous And More*. The album also served as the soundtrack to the television series *Unfabulous*, in which **Emma** starred.



Emma Roberts

* SHE was arrested for domestic violence against her then boyfriend **Evan Peters** in July 2013. Someone called police after hearing fighting in the couple's hotel room. When they saw **Evan** with a bloody nose and a bite mark, they arrested **Emma**. Since **Evan** did not want to press charges, **Emma** was released hours later. After all that, the pair actually got engaged in January of 2014 but called it quits this year.

* **EMMA** has a massive fan following with 3.7-million Instagram followers, 3.2-million Twitter followers and over 1.5-million Facebook fans.

Meaty Nugget

CHANEL wears a lot of Chanel, because she is 'the peacock of the group and has to really stand out'.

As a very fashionable girl, Chanel is always impeccably dressed, perfectly matched, and perfectly coiffed. Her clothes usually come in

very icy pastel colours and vintage pieces.

In Her Own Words

- "I LOVE dressing up. It's the best part of being a girl, I think."
- "I'M my own person, and am trying to carve out a career on my own."
- "I LOVE summer, but my legs are so pale I can never wear shorts or a bikini."
- "I GREW up with just my mom. She and I were like best friends. She's a very independent woman and I admire that about her. In my life, I've tried to be like that. To be okay with being on my own and being independent."

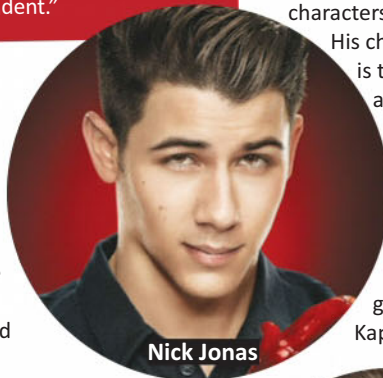


Emma as Chanel

Beefing It Up

WHILE *Scream Queens* is ruled by women, there's more than enough beefy eye candy to go around and keep female viewers

happy. Familiar names in the series include **Nick Jonas** as Boone, **Oliver Hudson** as Wes Gardner (**Hudson** of *Nashville* and *Rules Of Engagement* stepped in to replace **Joe Manganiello**, who had to drop out due to scheduling conflicts), the sexy **Patrick Schwarzenegger** as Thad, **Diego Boneta** as Pete, **Glen Powell** as Chad Radwell, and, our all-time favourite h – *One Tree Hill's* **Chad Michael Murray!**



Nick Jonas

Patrick, The Charmer

STUD boy **Patrick Arnold Shriver Schwarzenegger**, 21, the son of Austrian-American bodybuilder, actor and former Governor of California, **Arnold Schwarzenegger**, and heiress **Maria Shriver**, making his debut on the show in November. Aside from acting, **Patrick** is quite the businessman. His parents helped him found his company Project360

when he was 15. The philanthropic clothing line has a full menswear collection on the horizon and a mid-five-figures net from 2010.

Patrick is the face of LA Models, and will soon be posing for ad campaigns for big names like Ralph Lauren and Armani. Still single after his break-up with **Miley Cyrus** in April, **Patrick** is an eligible bachelor. "My mother's nickname for me is 'Positive **Patrick**.' I like to live up to that title," he says.

"My mom raised me with the idea of doing public service, and I definitely want to go in that direction.

But I also want to follow in my dad's entrepreneurial footsteps."



Patrick Schwarzenegger

The Frat Boy, Glen Powell

WHEN **Ryan Murphy** was writing the part of Chad, he didn't know who he could cast for the character. Ian Brennan

told him about **Glen Powell**, and **Ryan** loved him for the part. In January it was announced that **Powell** was set to be a main character

in the first instalment of the *Scream Queens* anthology.

Glen's name was revealed after **Emma Roberts** uploaded an Instagram photo of him and her, tagging both characters' names.

His character Chad is the guy that all other guys hate in school!

A member of the Dollar Scholars, a golfing fraternity, and best friends with roommate Boone, Chad is the blonde version of Ken from Barbie. His girlfriend is Chanel, the president of Kappa Kappa Tau. "Chad comes from a long line of cool, most handsome, and well

endowed guys," laughs **Glen**.

"He's a pretty muscular guy, he wears golfing caps with frat jackets and sometimes actual golfing clothes. He sometimes wears colourful jeans and impresses girls on campus with his killer looks."



Glen Powell



Oliver Hudson





Just Jonas

AT the end of the premiere, it was revealed that Boone, played by budding musician, actor, and regulation hottie **Nick Jonas**, faked his death with the help of the Devil Killer. But why is he in cahoots with the murderer? Does he secretly hate the sorority? "I'm kind of sworn to secrecy when it comes to revealing any details about my character," he says. "But it's something I'm really excited to be a part of. I think it's going to be the kind of show that has a real cultural impact. **Ryan (Murphy)** is just amazing with his projects, and this is no exception. Just be ready to be surprised." Despite starring in a horror show, **Nick** says he's not a huge scary movie fan. "But I think the thing that's great about this show is, it's kind of more in that slasher vibe. Like some of those iconic movies from the '80s. But I'm not the biggest fan – that's not the first thing I choose. The thing that I was most drawn to about this project was the comedy, and I think you'll see [that] when you see my character. It's very different from the other dramatic serious stuff I've been doing recently – it's very funny stuff."

Meaty Nugget

PREPARE to see **Nick** like you've never seen him before. And we're not just talking about a little five o'clock shadow here, either! On one episode **Nick** sports the mother of all bushy facial hair on the set of *Scream Queens* with a massive beard!

Diego's To Die For

MEXICAN singer and actor **Diego Boneta** plays the smart and passionate Pete (who many believe is the Red Killer). "Pete takes his job as an investigative reporter very seriously," says the 24-year-old actor of his character. "He's all about the truth. That's all he cares [about]" Pete is an investigative reporter. He is also the editor of the school paper called *The Sentinel* and a barista at the local coffee shop on campus. He is described as a hard worker who takes his job very seriously. He hates sororities and fraternities and tries to avoid them. He is also very loving and passionate



Diego Boneta

and is all about the truth, but has a little bit of a dark side. Pete is the love interest of Grace (played by **Skylar Samuels**). He warns Grace that Kappa Kappa Tau is dangerous and helps her investigate the murders.

The Always-Fashionable Chad Michael Murray

FORMER fashion model **Chad Michael Murray**, 34, plays Brad Radwell – Chad Radwell's older brother. There's no word on how many episodes **Chad** will star in as yet but we're hoping to see loads of him. While career-wise **Chad** has been very lucky, having landed roles in several blockbusters, he didn't have an easy childhood, nor has he been very lucky in love. His mother left his family when he was very young and, since then **Chad** has had to help take care of his younger siblings, together with his dad and brother. **Chad** got married when he was 23 years old, to his *One Tree Hill* co-star, **Sophia Bush**. The two split after just five months of marriage with **Sophia** filing papers seeking an annulment on the grounds of 'fraud' (which was denied). Turned out 'fraud' was another word for 'cheating love rat' and news broke that **Chad** had strayed and had an affair. Shortly after the break-up **Chad** met beauty pageant queen **Kenzie Dalton**. The two were engaged for seven years before feeling the itch and calling it quits. Last year **Chad** started dating *Chosen* co-star **Sarah Roemer**. Earlier this year it was announced that the pair had secretly married and were expecting their first child – a son who was born in May.



Chad Michael Murray

Meaty Nugget

CHAD started his life as a paperboy whereby he would deliver newspapers around the neighbourhood, before working as a janitor at Donut World from which he was fired for shooting Skittles into the deep-fryer. The 1.8m tall star also worked as a receptionist at a limousine company.

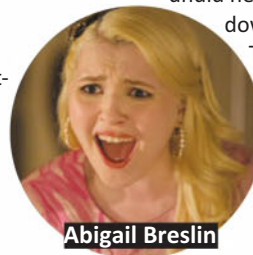
Other Cast Members

EMMY and Golden Globe Award-nominee **Lea Michele** stars as Hester Ulrich (Chanel #6). Known as perfectionist firecracker Rachel Berry on critically acclaimed series *Glee*, **Lea** made her Broadway debut at the age of eight and last year her album *Louder* debuted at number one on iTunes and in the Top 5 on the Billboard charts.



Lea Michele

* **ABIGAIL BRESLIN** plays the role of Chanel #5 and is one of the most sought-after actresses of her generation. Her unique and charismatic talents have contributed to her versatile roles in both comedy and drama.



Abigail Breslin

* **NASIM PEDRAD** – known for putting her own stamp on the show *Saturday Night Live* with impressions of **Kim Kardashian** and **Arianna Huffington** – stars as sorority chief and lawyer Gigi Caldwell.



Nasim Pedrad

* **SKYLAR SAMUELS** plays the secretive and investigative Grace Gardner. **Skylar** is known for starring as the title character on the original cable series *The Nine Lives Of Chloe King*. In film, she was seen in *The Duff*, *Sharon 1.2.3.* and *Helicopter Mom*, as well as the family film *Furry Vengeance* and the horror film *The Stepfather*.



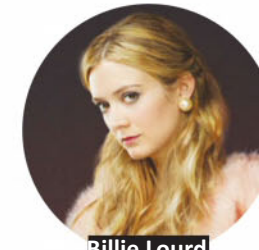
Skylar Samuels

* **KEKE PALMER** plays Zayday Williams – a confident brunette with genius IQ. **Keke** most recently made Broadway history as the first African-American and youngest actress to star in Rodgers and Hammerstein's iconic 1957 musical *Cinderella*. Her film credits include the box office mega-hit *Ice Age: Continental Drift*, *Joyful Noise*, *Brotherly Love* and *Imperial Dreams*.



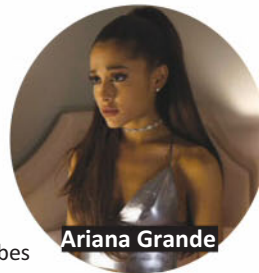
Keke Palmer

* **BILLIE LOURD** takes on the role of the sassy but low-key Chanel #3. **Billie**, a graduate from New York University, makes her network television debut in *Scream Queens*. She can also be seen in *Star Wars: The Force Awakens*.



Billie Lourd

* **CHANEL #2** – played by actress and musician **Ariana Grande** – is one of Chanel (**Emma Roberts**)'s sidekicks, who calls her Chanel #2 because she constantly forgets her real name. She is part of the Kappa Kappa Tau sorority. **Ariana** describes her character as a 'mean girl', and the most open-minded about danger. She is a really loyal friend to the other Chansels, and the most timid, harmless, trustworthy, and least daring of the group.



Ariana Grande

Meaty Nugget

ARIANA recently surprised her 43.5-million Instagram followers when she broke the norm and undid her signature ponytail, letting her hair down to reveal her natural, curly locks. The 22-year-old showed off voluptuous hair that was parted to the side with two braids as she gave a couple sultry looks to the camera. "Peekaboo healthy curls," she captioned the post. "Long time no see."





**SPOILER
ALERT!**

READ on if you must, but be forewarned – our spoilers might just spoil your fun! “This show is inspired by my love of the Agatha Christie story *Ten Little Indians*, where one by one people are kicked off,” says executive producer Ryan Murphy. “This is what you can expect on *Scream Queens*. Each week someone will be murdered. Also the identity of the killer in the series will remain a mystery until the very last episode. The details of the plot will be kept secret even to the cast. In order to keep the mystery alive, the show will also produce fake endings. In the pilot, it’s very clear to me who the Red Devil is. When the killer is finally unmasked at the very end (Season One finale), you’ll be able to rewatch it and be like, ‘Oh, yeah’. The Red Devil will only appear in Season One. Season Two will feature a new killer.” Other spoilers include:

* **SCREAM QUEENS** does a really great job of casting doubt over everyone, including some characters we thought were gone for good.

* **LEA MICHELE** probably does NOT have a twin. The images of her on set with different clothes from Hester could be alleged scene where she imagines herself with Chanel’s life.

* **THE** seasons of *Scream Queens* will be in different locations and perhaps have different storylines, but will continue in terms of the characters who survive the first season.

Evil Beyond

BELIEF

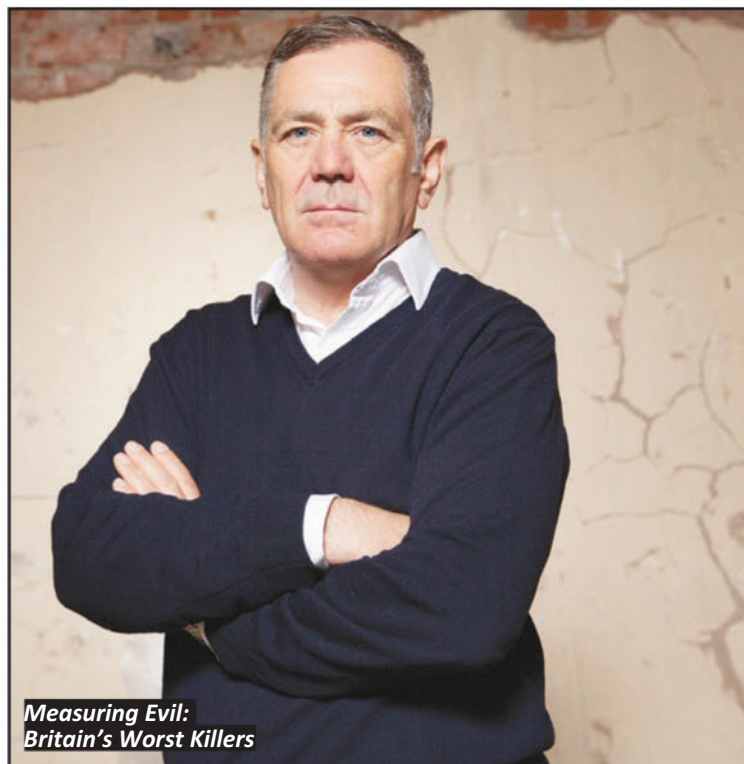
BRAND new and exclusive chilling shows perfect for the armchair investigator and thriller enthusiast are just around the corner.

DON'T miss two of the hottest series on air in November – *Measuring Evil: Britain's Worst Killers* (Sundays from November 8 at 21h00) and *What The Killer Saw* (Mondays from November 30 at 21h00) – both on Crime And Investigation DStv 170.

PRESENTED by leading criminologist Professor David Wilson, brand new and exclusive CI commission *Measuring Evil: Britain's Worst Killers* combines the terrifying stories of some of Britain's sickest minds with unique archival footage and expert testimony.

In this landmark special event series, Professor Wilson calls on a panel of established criminal experts to evaluate and rank Britain's most notorious killers. From Dale Cregan to the Moors Murderers, the Crossbow Cannibal to Joanna Dennehy, *Measuring Evil: Britain's Worst Killers* reveals the darkest, most twisted individuals in British history.

WHAT THE KILLER SAW brings to life some of the most baffling murder mysteries. In a unique format feature, witness the crime from the killer's point of view. As a profile emerges of the killer's behaviour, the only thing that remains hidden is the killer's identity. Through the testimony from the case's insiders (police, friends and family) we meet a number of suspects, bringing us closer and closer to a solution. The final reveal then triggers an archive package on the actual killer, revealing the identity and the real motive for the crime.



Measuring Evil: Britain's Worst Killers



What The Killer Saw

people

SONY MUSIC



ONE DIRECTION



REFLECTION

Dear Doc



Dr Karen Koch, a general practitioner, answers your health questions.

DEAR DOC,
I WANT longer eyelashes! Is there any way I can grow those luscious Kardashian lashes?

Lash Me

DEAR LASH ME,
WE'RE all in search of longer lashes. If it makes you feel any better, most celebrities use false eyelashes to give them that extra length. There are some good options available in South Africa but, even if done properly some people have severe allergic reactions to the glue used in the process.

A prostaglandin-containing eyelash serum sold as RapidLash and Latisse can stimulate eyelash growth. Unfortunately they have been found to darken natural eye colour irreversibly. The fastest (and safest) way to create longer lashes is to learn some tips from make-up artists. Take yourself off for a tutorial. It's not just about which mascara you use, but also how you apply it. Some artists swear by using more than one mascara to create a longer-length look.

DEAR DOC,
I'M 15 years old. I'm so depressed. I'm developing man boobs. I'm being teased a lot at school. Do these go away? What can I do?

Mooby Teen

DEAR MOOBY TEEN,
HANG in there! This is a common problem in teenagers which does usually go away on its own. The condition is known as 'gynecomastia'. Puberty is one of the most common causes. Up to two-thirds of teenagers develop mild gynecomastia. It's thought to be caused by an increase in both male and female hormones, which happens at puberty. It usually lasts for three to six months or less, and then goes away in the vast majority of cases. About five percent of people will have persistent gynecomastia. Sometimes doctors can use the medication tamoxifen to help get rid of breast tissue. Very rarely medication is not sufficient and plastic surgery is needed to entirely get rid of man boobs.

DEAR DOC,
I'M 20 years old and quite healthy. I've heard a lot of news about breast cancer. When I asked my doctor whether I should go for a mammogram he told me that I should wait until I'm older. That makes no sense? I thought picking it up early was the only way to survive?

Prevention Is Better Than Cure

DEAR PREVENTION IS BETTER THAN CURE,
MAMMOGRAMS are an important tool, which doctors use when screening for breast cancer, however the current view (based on many years of study) is that not every woman needs a mammogram every year. Mammograms are uncomfortable, costly and may carry a (very) small risk of causing breast cancer. Mammograms are also not infallible in detecting breast cancer. Up to 20 percent of breast cancer won't show on a mammogram scan.

This is why routine mammograms every three years are only recommended for women older than 40. However, if you have a history of breast or colon cancer in the family your doctor may need to start mammogram screening from a much earlier age. What you should be focusing on is getting to know your breasts! You need to do a self breast examination at least every three weeks. This is the cornerstone of breast cancer detection. I recommend breastcancer.org – The Five Steps Of A Breast Self-Exam. Essentially you want to be completely undressed and use a flat palm to gently push down on each area of the breast. Grabbing the breast between thumb and forefinger will always create the impression of lumps and bumps.

Report any changes, pain, lumps or discharge from the breast to your doctor as soon as possible. It's wonderful that you are taking responsibility for your health from such an early age.

DEAR DOC,
I DESPERATELY want Madonna arms! How do I exchange my batwings for some super-fit toned triceps?

Evita

DEAR EVITA,
MADONNA works hard for those arms! She follows a strict vegan diet – called the macrobiotic diet. Apart from her six to eight hour rehearsals each day she does at least 60 minutes of strength training and 30 to 60 minutes of 'movement' (Pilates or yoga) every day – according to previous fitness trainer Gunnar Peterson.

The bottom line is – those arms come from a combination of diet, to reduce overall body fat, as well as both strength and cardio training. You don't need a gym membership to shape your arms. All you need are some weights (substitute with a heavy book or brick) and some basic moves.

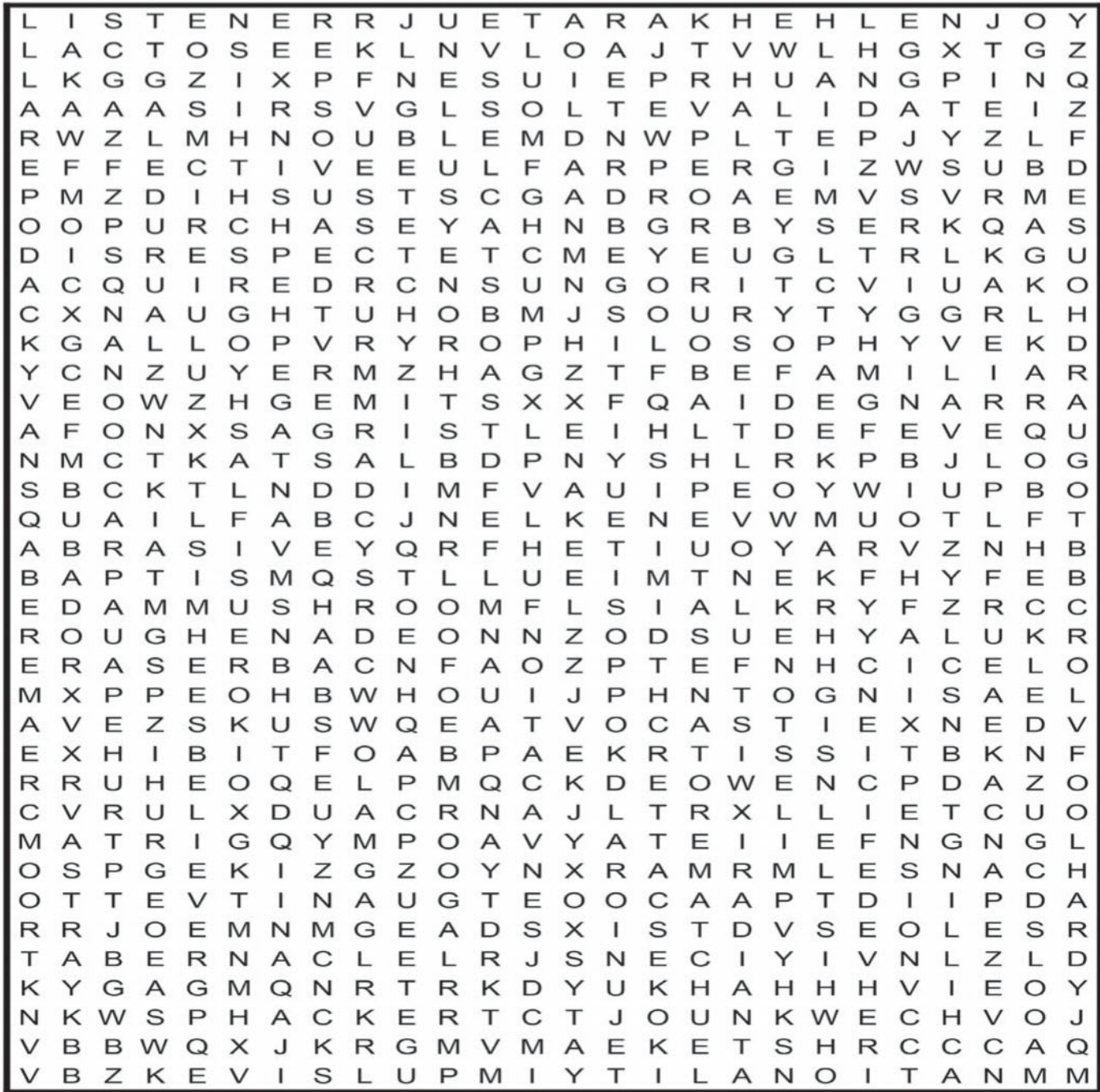
Take a look at the basic moves at www.webmed.com – arm exercises to tighten and tone.



GIANT

WORDSEARCH NO.

335



Can you find the listed words in the box of letters? They may read horizontally, vertically and diagonally, either forwards or backwards, but always in straight lines.

ABRASIVE
ACHE
ACQUIRED
AMAZON
ARRANGED
ASTRAY
BAPTISM
BELIEVER
BOAST
BODYGUARD
CAPE
CENTIPEDE
CHILLING
CREAM
DAMSEL
DEFICIENCY
DELVE

DIMINISH
DISRESPECT
DOZE
EFFECTIVE
EFFORTLESS
ENJOY
ERASER
EXHIBIT
FAMILIAR
FLASHY
FOOLHARDY
GAINFUL
GALLOP
GAMBLING
GINGER
GRISTLE
GUARDHOUSE

HACKER
HECKLED
HOSTEL
HURT
IMPULSIVE
INVERT
ISOBAR
JUNIOR
KARATE
KEYWORD
KNOCK
LABOURER
LACTOSE
LAZE
LEASING
LISTENER
MADE

MILESTONE
MIXER
MUSHROOM
NATIONALITY
NAUGHT
NAVY
NERVE
NITROGEN
NOVELTIES
OBSTACLE
OPERA
OPPOSITE
PANCAKE
PENSION
PHILOSOPHY
PRESTIGE
PURCHASE

QUAIL
RACCOON
RADIANT
REFUTED
REMATCH
ROOM
ROUGHEN
SCATTER
SEEP
SENATOR
SOPRANO
STORM
SULLEN
SUSHI
TABERNACLE
TACKLE
TAXED

TEAPOT
TETCHY
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UMBRELLA
URGE
VACATION
VALIDATE
VANTAGE
WAFFLE
WAGON
WARM
WHISTLE
WISTFUL



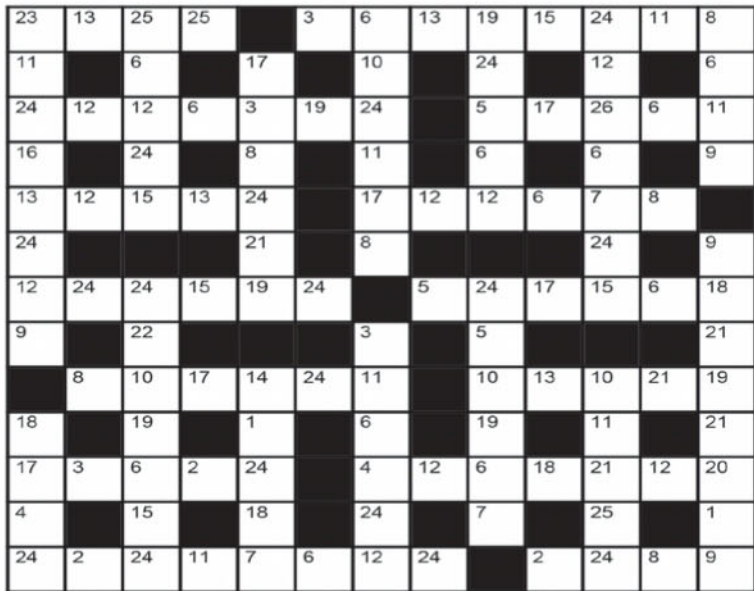
CODEBREAKER

CODEBREAKERS require inspired guesswork. They are crosswords without clues. Every letter of the alphabet is used (you might find it useful to cross out the letters located by the grid as you find them) and each letter has its own number. In this puzzle '3' has the letter 'B', so a useful start is to insert 'B' in all the boxes that contain the number '3'. Vowels appear at least once in a word but letters such as **X** and **Z** are few.



NUMBERSEARCH

WITHIN this grid are hidden the numbers below. They are found horizontally, vertically, diagonally and back-to-front.



1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

7	8	2	9	8	4	0	8	9	6	8	5	2	7	2	4	9
1	4	3	6	4	3	9	3	2	7	0	2	4	0	2	1	3
0	3	1	8	2	8	1	9	0	4	3	5	3	8	7	8	9
3	3	2	0	0	9	0	6	2	0	2	4	6	0	2	0	9
6	7	3	4	8	0	1	0	7	5	9	6	4	9	9	5	5
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8	8	7	0	8	3	7	2	4	2	3	8	7	0	5	1	8
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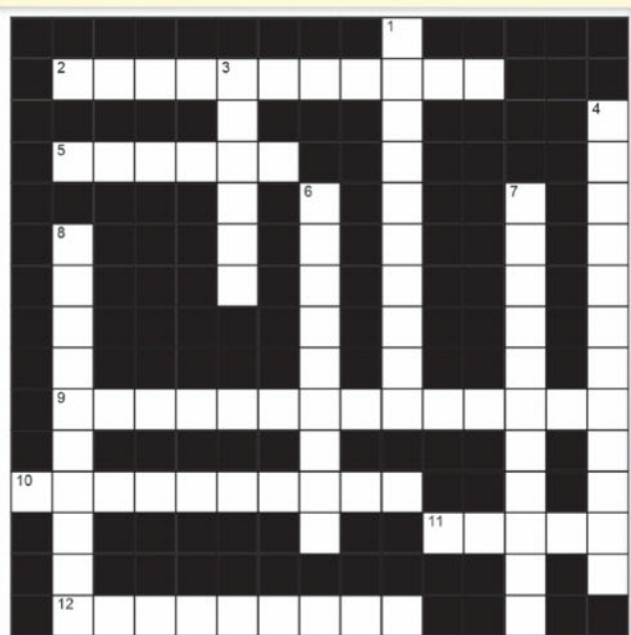
- | | | | |
|------------|------------|------------|------------|
| 0575 | 2423870518 | 4804743145 | 754880357 |
| 1324551045 | 3120420723 | 5013106938 | 7701352837 |
| 1645310885 | 3660176138 | 5146856342 | 8508463593 |
| 1655153339 | 395102405 | 5165515333 | 8708372423 |
| 1959291348 | 419879 | 6041263524 | 9151690410 |
| 207564 | 4215671909 | 64512 | 9427258698 |
| 2314349057 | 427221 | 7289 | |
| 23320 | 4525831427 | 7509491703 | |

NUMBER CRUNCH

$$\begin{array}{r} \square 3 + \square 1 \square 5 = 1 \square 8 \\ + \quad \quad + \quad \quad + \\ 2 8 \square + 4 \square 7 = \square 0 1 \\ \hline 3 \square 7 + \square 8 2 = \square 9 9 \end{array}$$

STARTING from the left with the given number, work your way across each of the puzzles, applying the instruction in each cell to your number.

Celeb Crossword...



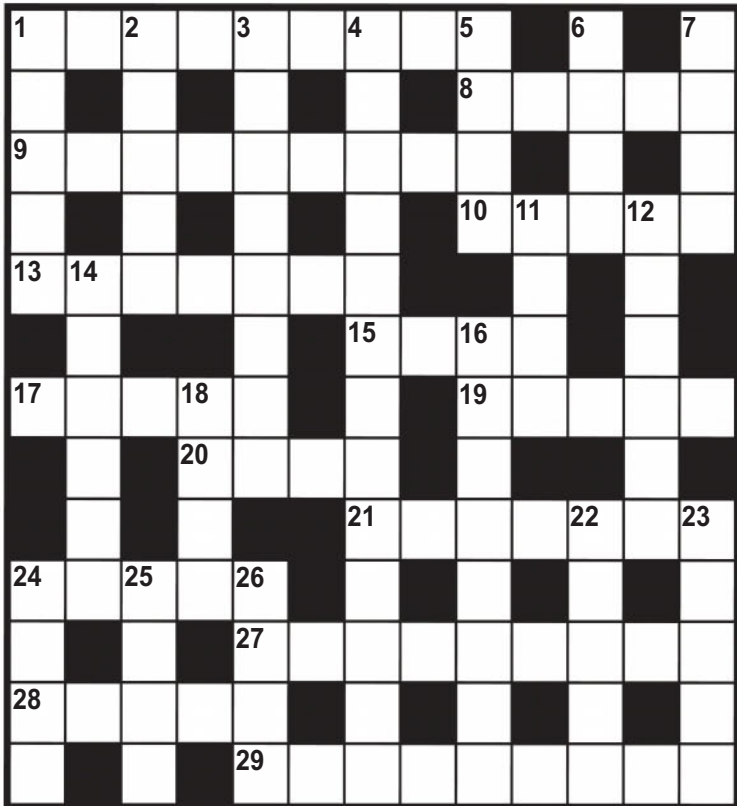
Across

2. Violet Sanford in *Coyote Ugly* was played by this US actress, who starred as Annie Walker in the TV series *Covert Affairs* (5,6)
5. US actor _____ **Gordon-Levitt**, whose movie roles include John Blake in *The Dark Knight Rises*, Joe in *Looper* and Robert Lincoln in *Lincoln* (6)
9. The role of Brontë in *Green Card* was played by this US actress, whose movies include *Groundhog Day*, *Bad Girls* and *Four Weddings And A Funeral* (5,9)
10. Dr Nash in *Before I Go to Sleep*, Stewart Menzies in *The Imitation Game* and Merlin in *Kingsman: The Secret Service* are movie roles played by this English actor (4,6)
11. Dianne _____, two-time Academy Award-winning US actress, whose movies include *Synecdoche, New York*, *Dan In Real Life*, *Bullets Over Broadway* and *Hannah And Her Sisters* (5)
12. Canadian actor and filmmaker who played the role of Aaron Rapoport in the 2014 film *The Interview*, Mac Radner in *Bad Neighbours* and Ben Stone in *Knocked Up* (4,5)

Down

1. Canadian actor, whose movies include *Driving Miss Daisy*, *The Blues Brothers*, *Trading Places* and *The Great Outdoors* (3,7)
3. English actor _____ **Everett**, whose movie roles include George Downes in *My Best Friend's Wedding*, Robert Whittaker in *The Next Best Thing* and Camilla Fritton in *St. Trinian's* (6)
4. Academy Award-nominated Australian actress, whose movie roles include Sheryl Hoover in *Little Miss Sunshine*, Muriel Heslop in *Muriel's Wedding* and Fiona in *About A Boy* (4,8)
6. Will Hunting, Jason Bourne and Private Ryan are movie characters played by this US actor, whose films include *The Adjustment Bureau* and *We Bought A Zoo* (4,5)
7. Detective Allen Gamble in *The Other Guys*, Brennan Huff in *Step Brothers* and Ron Burgundy in *Anchorman: The Legend Of Ron Burgundy* and its sequel *Anchorman 2: The Legend Continues*, were played by this US actor (4,7)
8. Aibileen Clark in *The Help*, FBI Special Agent Carol Barrett in the 2015 film *Blackhat* and Nancy Birch in *Prisoners* are movie roles played by this US actress (5,5)

CRYPTIC CROSSWORD



Across

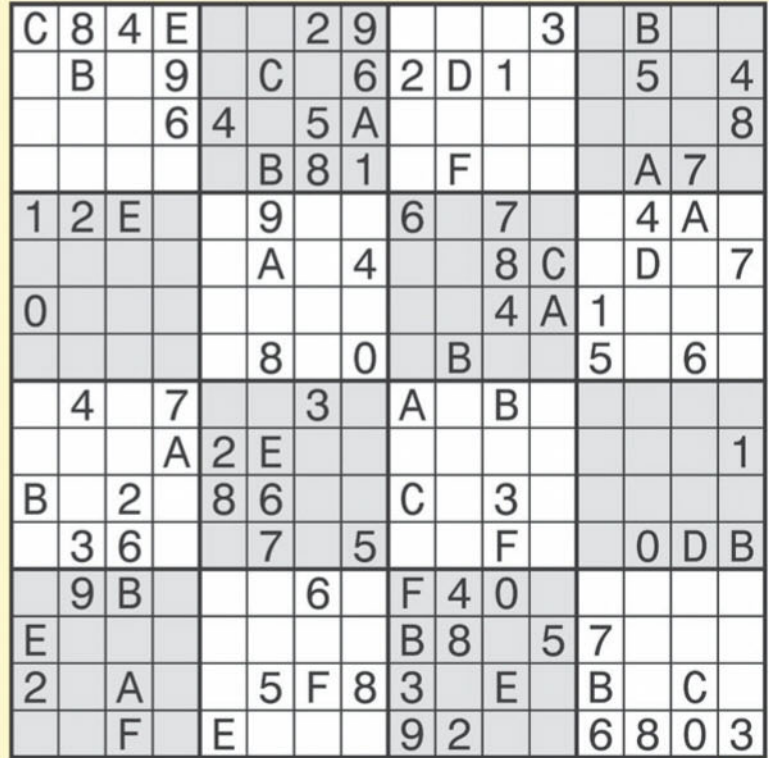
1. Toni gets crude and demands a lowering of price (9)
8. That's nothing! I have to carry grapes and look sheepish! (5)
9. Please! Not to feed the animals! (9)
10. How they build in Crete (5)
13. In the main, to err disturbs a sailor (7)
15. It's walked to a degree (4)
17. My favourite uncle has a degree for dancing (5)
19. When collected, takes some licking (5)
20. I join the navy in the Gulf (4)
21. What a girl! So starchy and full of greed! (7)
24. Distributed by Ted and Al (5)
27. Ian needs taming and enlivening (9)
28. You are with Mal looking at a wall painting (5)
29. It's not decent to look so quietly happy! (9)

Down

1. A male has the right to his kingdom (5)
2. Will it prevent Ted returning to meet the queen? (5)
3. Want a date? Then this is for you! (8)
4. No! I'm not seeking praise for the way I assume another's character (13)
5. One's going all out, blow it! (4)
6. I put ten on it, Spike! (4)
7. That nuisance from No. 15 (4)
11. How to part yet remain entranced (4)
12. They're droll in the south but that's universal (6)
14. I'll have an ale at the bar then I'll be fit for the ploughing (6)
16. Ed has a space trip and what an adventure it is! (8)
18. Little William will pay it! (4)
22. Do I have to take it from that flighty fool? (5)
23. Urged on to crack it, Ed? (5)
24. Do get me into the cathedral! (4)
25. Care for some land? (4)
26. Powder obtained from crystal chips (4)

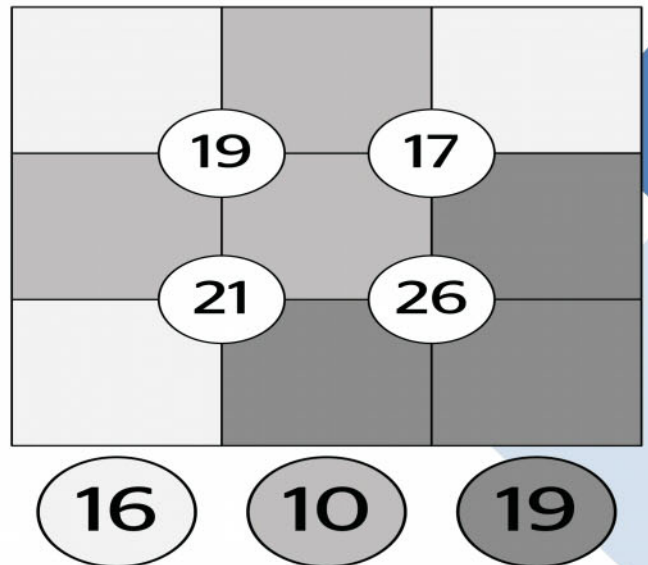
MONSTER SUDOKU

COMPLETE the grid so that every row, column and 4x4 box contains 0, 1, 2, 3, 4, 5, 6, 7, 8 and 9 and a, b, c, d, e and f.



SUKO

Place the numbers 1 to 9 in the spaces so that the number in each circle is equal to the sum of the four surrounding spaces, and each colour total is correct.



STICKLERS

Kelsey and Sandy are Jackie's only sister's mother-in-law's son's daughters. Jackie is Kelsey's:

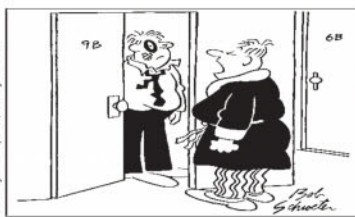
1. mother
2. aunt
3. grandmother
4. niece

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- Astute **STRAM**
- Bother **MENTORT**
- Item **MENTELE**
- Look **SCHEAR**

TODAY'S WORD



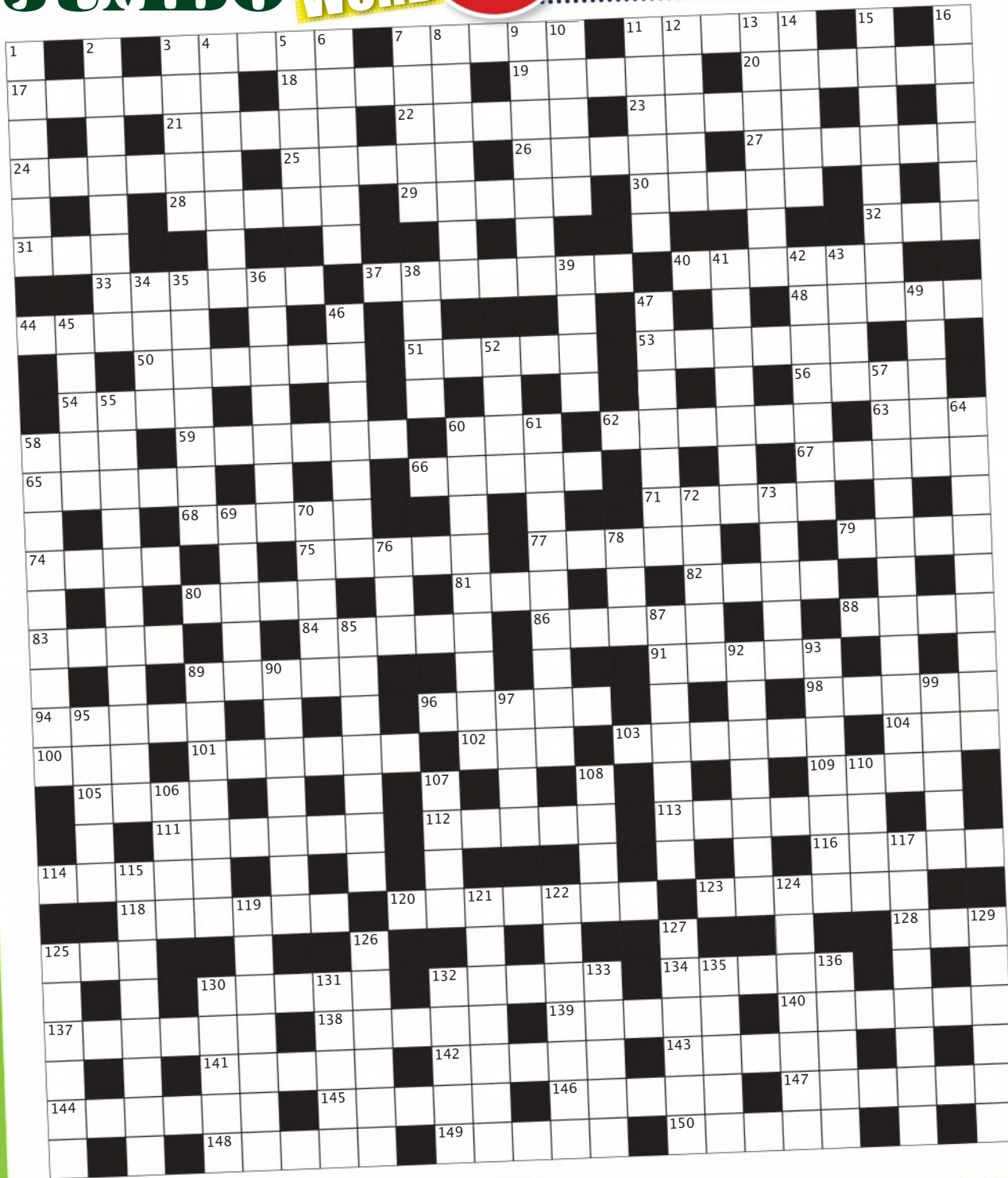
"I see I'm not the first to complain about your _____!"



CROSSWORD NO. 327

JUMBO WORD

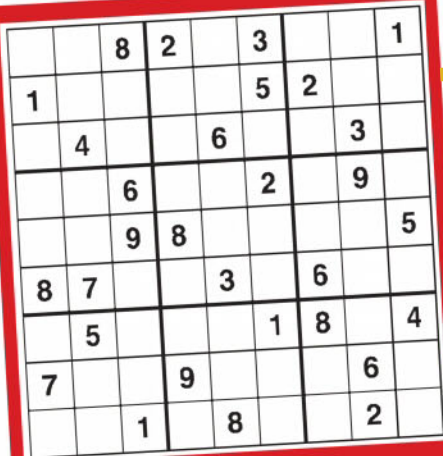
ACROSS



3. Tuscany estate
7. Wading bird
11. Range
17. Ecclesiastical test
18. Pippin
19. Come together
20. Money back
21. Verse
22. Rub out
23. Viper
24. Tennis star, **Andre ...**
25. Wheel shafts
26. Finnish bath
27. Unit of gossip
28. Very fat
29. Warm
30. Short-lived fashion
31. Knowledge
32. Uncooked
33. Lassitude
37. Hot pepper
40. Mislead
44. Biblical vestment
48. Money-hunger
50. Work too hard
51. Listens to
53. African antelope
54. Hybrid fruit
56. Little rascals
58. Bring to bear
59. Shish kebab stick
60. Morning moisture
62. Take for granted
63. Inflamed
65. Cheek
66. Punished monetarily
67. Filched
68. Word of agreement
71. Concerning
74. Macho man
75. More than enough
77. Bonkers
79. Nimbus
80. Daze
81. Louse egg
82. Female relative
83. Black bird
84. Puts on
86. As a whole (2,3)
88. Thought
89. Bus station
91. Terra firma
94. Call forth
96. Golf score
98. Worship
100. Hound
101. Stay awhile
102. Nancy Drew's beau
103. Letter buddy (3,3)
104. Silent assent
105. Whirl
109. Commotion
111. Roof rooms
112. Pakistan neighbour
113. Remove heirs
114. Eagle's nest
116. Job to do (1,4)
118. First born
120. Down-and-outer's district (4,3)
123. Put trust in (4,2)
125. Impudence
128. Until now
130. Unimportant
132. Flat-bottomed boat
134. Put up
137. Fancy neckwear
138. Cranial nerve
139. Cyclist, ... **Armstrong**
140. Four score
141. Looked steadily
142. Caught at a rodeo
143. Southfork surname
144. Increase by degrees (4,2)
145. Kingdom
146. Terminate
147. Stage trumpet call
148. Immunizations
149. Irish poet
150. Guide

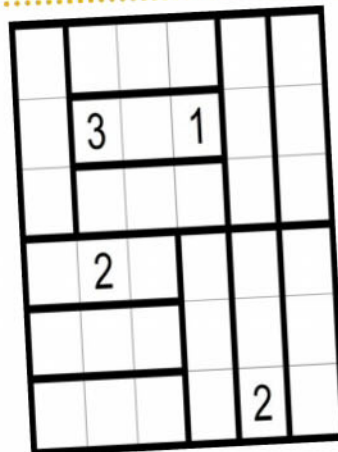
SUDOKU

PLACE a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

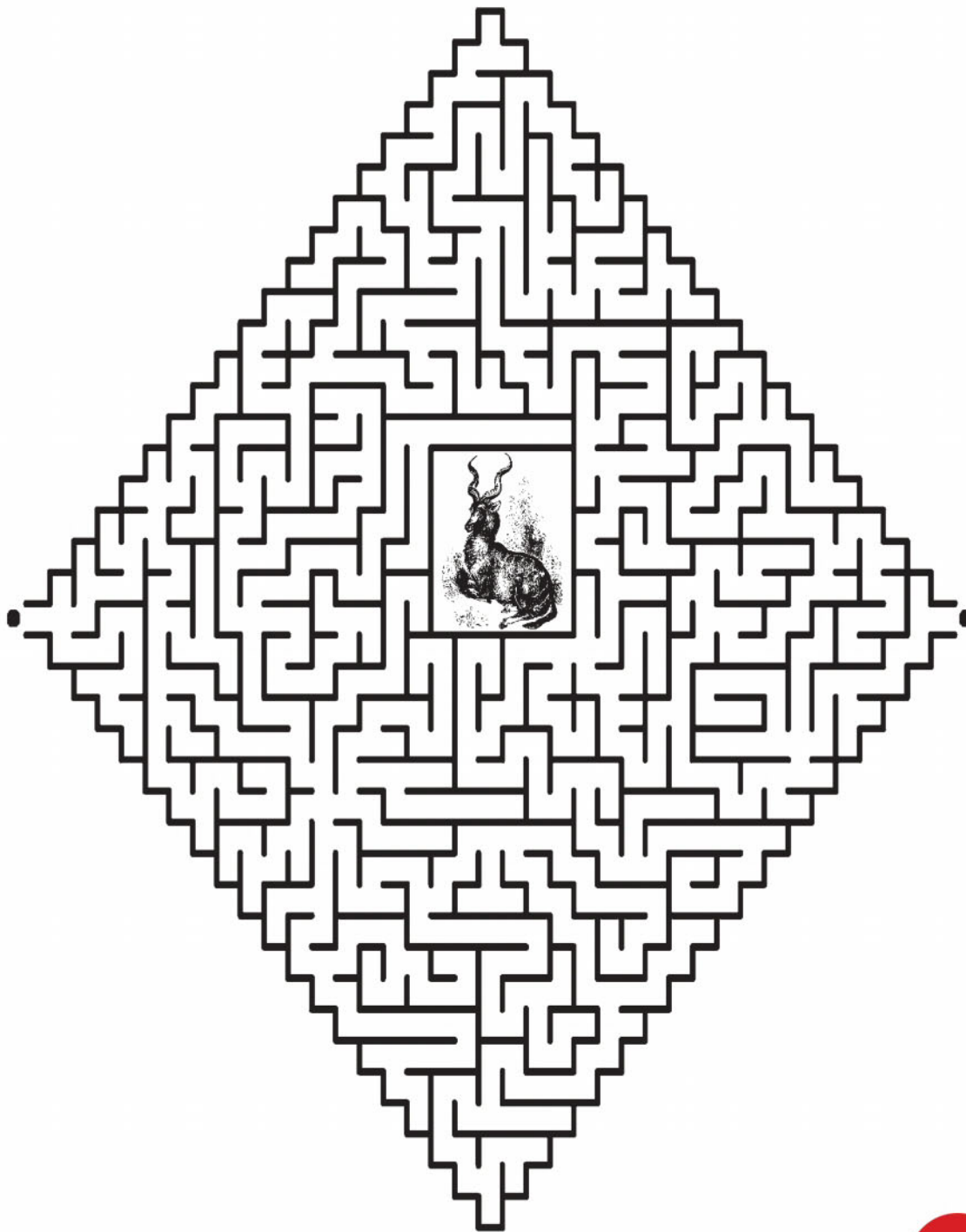


TATAMI

TATAMI is a 6x6 grid logic game played with the numbers 1 to 3. Each 3x3 slab must contain all the numbers 1-3 with no duplicates. Adjacent slabs cannot contain the same number, i.e. the number 3 cannot be placed next to another number 3. Each row and column must contain a double set of numbers (two 1s, two 2s and two 3s).



Mega Maze



SUGARU

				4
	2		1	
		3	5	
	5			4

EACH cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3; and so on. No same digit appears in any neighbouring cell, not even diagonally.

MISSING LINKS

CALCULATE the results and actions. Fill the missing links from the top.

RESULT	ACTION	
	189	÷
=		+ 16
=	79	x
=		+ 69
=	938	÷
=		- 22
=	112	÷
=		x 12
=	168	x
=		+ 233
=	905	-
=		x 5
=	720	

FIND-A-WORD

F O T T N E M T C I D N I P A
 A F C C O N F E S S I O N R N
 C F I E C N E D I V E S B O O
 Q E D L D O C K D Y E I F S I
 U N R E I E L E R N T F I E T
 I C E M E A F E T R I N Y C A
 T E V I G E B E A T Q C N U M
 T A L R N I N T N U O A O T A
 A E R C R C I I E D E S L O F
 L S E B E O A S I C A E E R E
 H L M M N L T C I A I N F E D
 C A A T P H I L I E N T T G Y
 N F N T T L O L A I R T S D R
 E E D A R P E R J U R E R U U
 B S O N O I T A G I T I L J

- | | | |
|-------------|------------|------------|
| Acquittal | Defamation | Litigation |
| Arbitration | Dock | Oath |
| Bailiff | Evidence | Offence |
| Bench | False | Perjurer |
| Bribery | Felony | Plaintiff |
| Case | Indictment | Police |
| Codicil | Inquest | Prosecutor |
| Confession | Judge | Remand |
| Crime | Jury | Sentence |
| Defence | Justice | Trial |
| Defendant | Lien | Verdict |

ON SALE NOW!



WORDOKU

THERE are 9 letters used within the puzzle, each letter must be used (but never repeated) in every row, column and 3x3 square.

E		N	S	H	
A		B			
H		C			
C		B	F		
	V	F	S	B	H
	B				
	E	A			S
			V	E	
V	B				



GO FIGURE

THE idea of Go

Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram – by following the arithmetic signs in the order they are given (from left to right and top to bottom). Use only the right numbers below the diagram to complete its blank squares, and use each of the nine numbers only once.

	-	x		16
x		+	-	
	+	÷		3
-	x		x	
	x	-		9
11		20		15

1 2 3 5 5 6 7 8 9

ON SALE NOW!



Killer Kakuru

FILL the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a row or column, but it must be in a separate block. (The same digit may occur more than once in a row or column, but it must be in a separate block.)

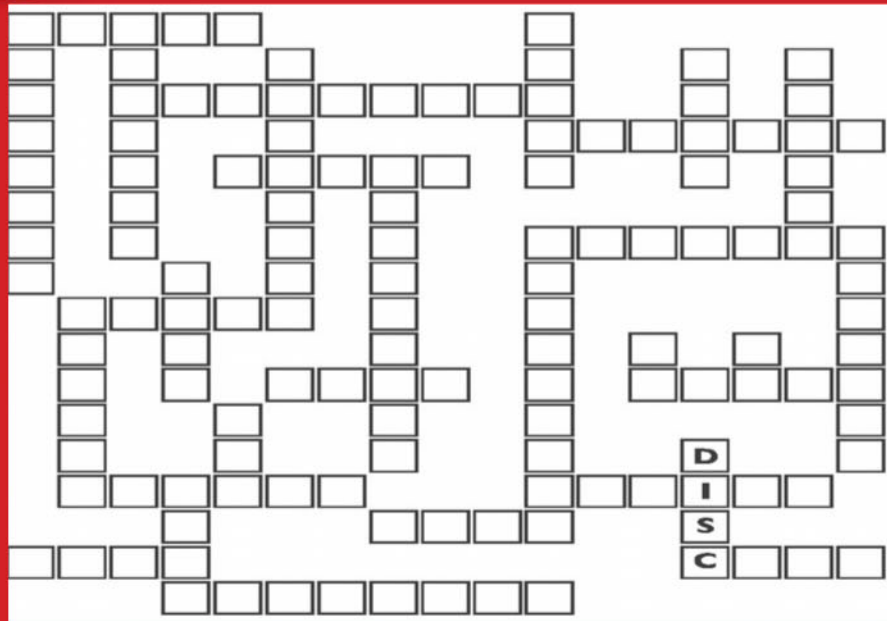
	8	6	6	7			23	24	14	12
10						30				
11					6	7				
		24							27	16
13	16	21			3		15		17	
14			12					3	16	
			3							
	7					7				
	6					6				
4					7	6				3
7			15						3	
3				3			24	23	4	
		6	7							
8	6	26							16	12
11						30				
10						29				

Arrow Word

Using too many words	Causing fury		Type of melon	Pencil rubbers	Am not	RAF medal (1,1,1)	Number in a cricket team	Reared
Rabble-rousers								
			Looted					
Author of 'Ulysses', James ...	Bright-ened up							Group of cattle
Tavern		Latin 'is'				Suburb of Cairo		Strict, controlled
			Long angry speech		Richard ... film star			
Live	Addictive narcotic	Capital of Turkey	Coach					
Praying ... insect					Unhappy accident		Chemical symbol for gadolinium	
			Slice of ham	Wise man from the East				Plastic (1,1,1)
Tune with words		Rajah's wife				Electrical unit		
Place of happiness							Crucifix inscription	
				Large cask for wine		American 'Ltd'		
Group of words		Actress Temple's initials	Corrupt					Chemical symbol for selenium
Atom particle	Installation (3,2)					Latin thing		
					Motion of the sea			



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2 LETTERS
 CD
 TV
3 LETTERS
 SET
4 LETTERS
 CLIP
~~DISC~~
 GAIN
 MONO
 SHOW
 TAPE
 TONE
 TUNE
5 LETTERS
 RADIO

SOUND
 TELLY
 VIDEO
 WATCH
6 LETTERS
 LISTEN
 SIGNAL
 STEREO
 VISION
7 LETTERS
 CHANNEL
 DUBBING
 NETWORK
 STATION
8 LETTERS
 RECEIVER

WAVE-BAND
 WIRELESS
9 LETTERS
 BROADCAST
 LASER-DISC
 SHORT-WAVE

Spot The Difference!

AT first glance, these two pictures may look identical. But there are some subtle changes in the second picture. See if you can find the six differences.



Celeb Wordmatch

FIND A WORD that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the name of a celebrity can be read from top to bottom in one of the lines.

WITCH								DOOM
LUCKY	■							BRACELET
SILVER								SIGN
DEEP								SOLID
ALL								DOUBLE
AFTER						■		BUD
PRETTY	■							ARCADE
LIFE								GRACE
WHITE								HOOD
STOOL								HOLE
WORK						■		PRESS
BATTLE								GUITAR

Wishing Well...

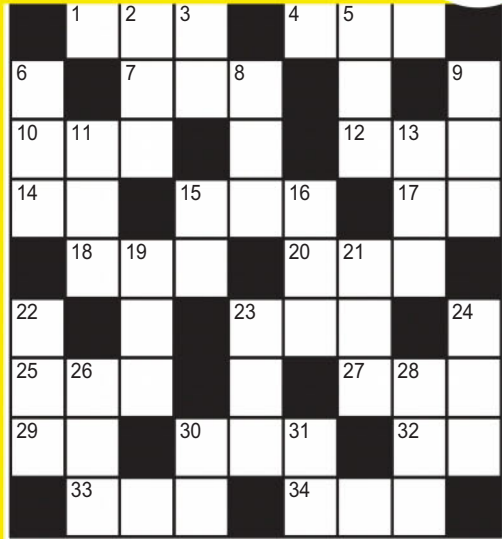
HERE is a pleasant little game that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.



5	3	6	3	8	2	4	5	2	6	4	7	4
A	L	T	E	E	A	K	N	P	U	N	V	O
3	6	4	3	6	5	3	2	6	8	3	8	3
I	R	W	S	N	E	U	E	O	N	R	E	E
4	6	3	2	4	6	2	7	2	3	8	3	8
Y	N	T	R	O	C	F	A	E	I	R	M	G
2	6	3	2	3	4	3	2	5	7	4	3	5
C	H	E	T	A	U	H	U	W	R	R	E	F
6	3	7	3	8	2	8	4	7	5	4	2	4
A	A	I	D	Y	N	I	S	E	R	E	I	L
7	4	7	8	2	7	8	2	7	6	5	8	6
T	F	Y	S	O	I	R	N	S	R	I	E	M
7	5	7	8	7	8	7	8	5	7	5	8	8
Y	E	O	N	U	E	R	W	N	S	D	E	D



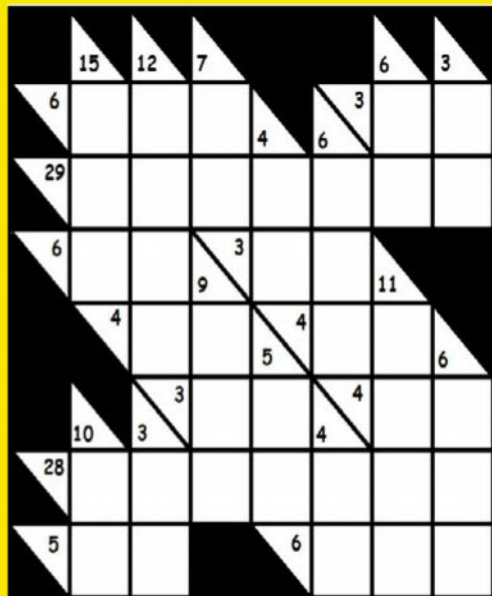
MATHS QUIZ



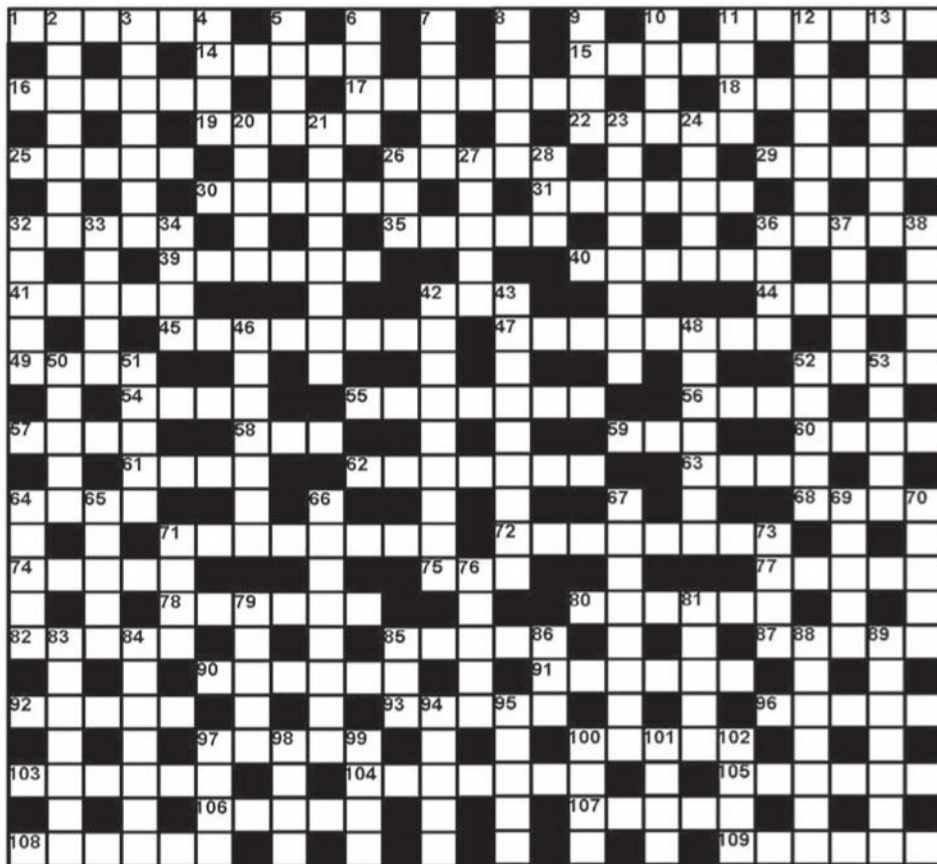
- ACROSS**
- 1. $578 - 43$
 - 4. 105×9
 - 7. $617 - 46$
 - 10. $894 - 7$
 - 12. $510 \div 2$
 - 14. $369 \div 9$
 - 15. $465 \div 3$
 - 17. $13 - 3$
 - 18. $2090 \div 5$
 - 20. 77×9
 - 23. $415 + 320$
 - 25. $592 - 62$
 - 27. $394 + 152$
- DOWN**
- 2. $2856 \div 8$
 - 3. $513 \div 9$
 - 5. $3798 \div 9$
 - 6. 221×4
 - 8. 25×5
 - 9. $445 + 305$
 - 11. 407×2
 - 13. $2052 \div 4$
- 15. $29 - 11$
 - 16. $634 - 71$
 - 19. $236 - 66$
 - 21. $5730 \div 6$
 - 22. $318 \div 2$
 - 23. $473 + 291$
 - 24. $1810 \div 5$
 - 26. $2268 \div 7$
 - 28. $3368 \div 8$
 - 30. $329 \div 7$
 - 31. $21 - 8$

KAKURU

FIT only the numbers 1 to 9 into the grid so that each horizontal run of white squares adds up to the total above the diagonal line to the left of the run, and so that each vertical run of white squares adds up to the total below the diagonal line above the run. No number can be used more than once in any run.



CROSSWORD



ACROSS

- 1) First born (6)
- 11) Body art (6)
- 14) Top class (5)
- 15) Elephant tooth (5)
- 16) Walk casually (6)
- 17) Identity of home (7)
- 18) Desire the most (6)
- 19) Dead classical language (5)
- 22) Hill (5)
- 25) Bound (5)
- 26) Close to home (5)
- 29) Make cheerful (5)
- 30) Items for a meeting (6)
- 31) Ship's holding device (6)
- 32) Meat on a stick (5)
- 35) Nonsensical (5)
- 36) Put onto the water (5)
- 39) Make wealthier (6)
- 40) Tough time to bear (6)
- 41) Like an elf (5)
- 42) Baby's bed (3)
- 44) Love (5)
- 45) Behave tyrannically (8)
- 47) Quick response (8)
- 49) Comes at the end (4)
- 52) Colourless (4)
- 54) (By) train (4)
- 55) Left overs (7)
- 56) Sheet of window glass (4)
- 57) Opera song (4)
- 58) Untruth (3)
- 59) Animal park (3)
- 60) Occupy capacity (4)
- 61) Dry water course (4)
- 62) Enchant (7)
- 63) Sound of mind (4)
- 64) Grand dance occasion (4)
- 68) Make a loud threatening speech (4)
- 71) One who makes a formal offer (8)
- 72) Happened (8)
- 74) Rack for holding damp clothes (5)
- 75) Put on (clothes) (3)
- 77) Kingdom (5)
- 78) Tree-lined road (6)
- 80) Married partner (6)
- 82) Rather risky (5)
- 85) Given a value (5)
- 87) One of the 7 deadly sins (5)
- 90) Government office (6)
- 91) Present from birth (6)
- 92) Stop the engine involuntary (5)
- 93) Swim in the sea (5)
- 96) Begins to tire (5)
- 97) Explosive percussion (5)
- 100) Protester (5)
- 103) Red fruit-like vegetable (6)
- 104) Captive held for ransom (7)
- 105) Fruit, river and a colour (6)
- 106) Over the top (5)
- 107) Hammers in spikes (5)
- 108) Tie up (6)
- 109) Following the fashion (6)

DOWN

- 2) Military toilet (7)
- 3) Unusual things (7)
- 4) Relate (4)
- 5) Ordered series (4)
- 6) Legume (4)
- 7) Wireless (5)
- 8) Sporting stadium (5)
- 9) Fail to hit (4)
- 10) Song for one (4)
- 11) Sort (of) (4)
- 12) Column of warm air (7)
- 13) Water out-of-sight of land (4,3)
- 20) Ire (5)
- 21) Not guilty (8)
- 23) How Americans spell liquorice (8)
- 24) Use a land-line (5)
- 26) Small laboratory (3)
- 27) Plane's load (5)
- 28) Took a recumbent posture (3)
- 32) Drop to your knees (5)
- 33) Polishes (5)
- 34) Gradual corner (4)
- 36) Open filled pastry case (4)
- 37) Pleasant or unpleasant smell (5)
- 38) Pulsing pain (5)
- 42) Angry exclamation (5,4)
- 43) Handed-down custom (9)
- 46) 1,000,000 (7)
- 48) Enforcer (7)
- 50) Artery near the heart (5)
- 51) Bottom-dragging fishing net (5)
- 52) Put off (5)
- 53) Lion of "The Lion, the Witch and the Wardrobe" (5)
- 64) Lacking flavour (5)
- 65) Unattractively bright (5)
- 66) People seeking a safe place (8)
- 67) Enjoyable tension (8)
- 69) Fully conscious (5)
- 70) Shy (5)
- 71) Flat shallow cooking tin (4)
- 73) Small remainder (4)
- 76) Group of eight (5)
- 79) Having the same value (5)
- 81) Take out the knots (5)
- 83) Result (7)
- 84) Biblical giant (7)
- 85) Stroke with pressure (3)
- 86) Expire (3)
- 88) Let go (7)
- 89) Promised in marriage (7)
- 94) Possession of value (5)
- 95) Weighty (5)
- 97) Wild pig (4)
- 98) Smallest part of an element (4)
- 99) Those others (4)
- 100) Tear apart (4)
- 101) Lure (4)
- 102) Misaid (4)



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CELEB BLOCKWORD

NO. 597

BY JOHN WHIFFIN / PICS: WWW. ELITEPHOTOAGENCY.COM

WINNER R1 000

TO ENTER our CELEB BLOCKWORD, all you have to do is finish the grid. When completed, the circled letters will spell out the name of a celebrity whose films include *Highlander* and *Wah-Wah*. Sms 48408 with the answer, your name and surname, and **people**/Celeb Blockword No. 597. Be sure to sms before November 2, 2015. By doing this, you stand the chance of winning R1 000. Winner of Celeb Blockword No. 593: Clint Heston Pretorius. Answer: Antonio Banderas. Winners paid electronically. Ssms charged at R1.50 and free smses do not apply. Terms and conditions apply.

STRAIGHT LINES JOINING POINTS ON CURVES	TRANS-PORT BY ROAD	SWINDLE		TOO MAKE STILL				ONE WHO PREFERS NO COMPANY	SYNCHRONIZATION (AB)	
					TURN TO ONE'S ADVANTAGE CHILDISH		EXPEND-ITURE			
		SHADE		SUNRISE DIRECTION				GENERATES IN MASS	REPEAT	
		IMMENSE								
		AGED					RACIAL			
		SHORTEN								
CIRCUIT			SCOTT _____? TURK MALLOY IN 'OCEAN'S THIRTEEN' (2007)	RECALL				DAMP SMELLING	SCHEME	EXPANSE OF SALT WATER
COPY										
		GREATLY INCLINED		BISHOP'S HAT COLOUR	BROOM OF TWIGS	GAPING HOLLOW SUBJECT		WILLIAM _____? WILLIAM MARSHAL IN 'ROBIN HOOD' (2010)		
		DULL						WILD		
THOSE FROM BELGRADE?	DOOR-TO-DOOR SELLER OF GOODS					ACT OF RETALIATION	FOOL			
			UNDAUNTED; BRAVE					PRO _____? (IN PROPORTION)		
RELEASED	BOAST				PRICE EQUALITY	FUSS		AT THAT TIME		
						DECLINE		ATTACK		
			LET IN	STITCHED			YOUNG GOAT TIMES TEN (PREFIX)		LA _____? BOLIVIA'S ADMIN. CAPITAL	A CHAPTER OF THE KORAN
			INCURSION							
ONE FROM EDINBURGH?	ANTENNA				CONFIDENTIAL ASSISTANTS			UNIT OF FREQUENCY		
								SINGLE (PREFIX)		
		DIGNIFIED OR STAID						RELATING TO SOUND WAVES		
		DECLARE						LUMINOUS DISCHARGES OF ELECTRICITY		OCEAN WEST OF AFRICA
OPPOSITION (AB)	WORTHY TO BE CHOSEN					CONTAGIOUS FEAR				
	SMALL SAVOURY FILLED PASTA CASES	TOM _____? MR. KORNFELDT IN 'KILLERS' (2010)		ENCIRCLING	SLOVENLY, LAZY PERSON	SOUTH AMERICAN THICK-HAIRED MONKEY				
						NATURAL SKILLS		KILLER WHALE TOTAL POSSESSIONS		DECREE (PROVISIONAL DIVORCE)
					FIFTH MONTH					
		JOURNALISTIC PROFESSION STEP								
		EGG-SHAPED OF THE BACKBONE					GABRIEL _____? MURPHY IN 'GHOST SHIP' (2002)	EARTH (LATIN)		
								HALT		
ILLEGAL					IRRITABLE			_____? AVIV, ISRAEL'S SECOND CITY		OF TIDES, OF SMALLEST RANGE
					SPACE BETWEEN					
		INFILTRATING SPY								
						LIFE-SUPPORTING GASEOUS ELEMENT				
PART OF A CHAIN	MEMORY			ENMITY ELEMENT OF A DIGITAL IMAGE	LAST			EITHER OF TWO BORN AT A SINGLE BIRTH	NOT MAPPED	COVERED PASSAGEWAYS LINED WITH SHOPS
	REMEDY									
		RUNS AWAY SECRETLY WITH A LOVER								
		GOAL				FOLLOW CLOSELY			FLAT	PARTS IN PLAYS



KNOWLEDGE

		Principal Money				Nobody (2-3)		Sign of the zodiac		Opt Holy man	
				Choose Completed				Mutton Cut of beef			
			Mark (symbol) Edible tuber			Menagerie Cap of Norway					
	Remote Stick				Esperanto Sodium (symbol)		Decimal base Monster			Cap of Mali Foot part	Daughter of Posh & Becks (6.7)
In case that Swiss mountain		Isinglass Laundry agent									
			Ghost's exclamation Explosion			Beef, eg Couple				Australian ratite Register	
Squirrel's nests	Door handles The self			Nil Release (3,2)					Say words Peruse		
			Bar bills Light jewelled crown					Egg yellow Influences			Sludge Surgery
Festive	Albanian money Garden tool				Posture Age	Bearing weapons The sun				Hooter sound Accelerate an engine	
			Indian guitars Station (abbr)					Having wings Retained			Spider's trap
Two together	Prisoner To prance					Ladies fingers Murder				Female sheep Sea duck	
			Scribble Cat sound						Rowing blade Before (poetic)		Pastry Firm
Distinctive smell	Definite article Stare wide mouthed			Compass point Mail		Northern Sotho Farm buildings				Book (abbr) Blyton	
	Scottish no	Referee Lazy people			Astraddle Caribbean fruit						Computer port
Tuvalu (www) Live, (2,3)			Blasphemous expression Os			Settle debt (4,2) Monarch's rule					
							Gaelic Cruel emperor				
"The Nanny" actress (4.8)		Turquoise Mouth part			Stock (abbr) Include				Animal lairs Taiwan (www)		19th letter (Hebrew) Decibel (symbol)
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						Developed					
	Instructed on facts Active and brisk				Blood giver					"Die Antwoord" singer (7.6)	

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Josh Brolin Recipe

Convict Chilli

BY VERA FOURIE



Date Of Birth: February 12, 1968
Place Of Birth: Los Angeles, California, USA
Birth Names: Josh James Brolin
Height: 1.79m
Parents: Jane Cameron, wildlife activist, and James Brolin, actor
Spouse: Diane Lane (divorced) and Alice Adair (divorced)
Children: Daughter, Eden Brolin, and son, Trevor Brolin
Siblings: Older brother, Jess

JOSH is quite the ladies man. He was once engaged to actress Minnie Driver, and went on to have two failed marriages. That aside, he is the stepson of songstress, diva and all-around-fabulous Barbra Streisand, and the stepbrother of actor Jason Gould. He wanted to be a chef in his youth, hence his passion for cooking. In his spare time he enjoys racing cars and surfing. He has appeared in four different film franchises based on different comic book publications, but is best known for playing the character of Dwight in *Sin City: A Dame To Kill For*. He admits to hating his school career, as he got picked on a lot. By his own admission he was a complete geek in

school – he had braces, he did not have a girlfriend and he was not ever sought after. He was a stocky, awkward kid who got laughed off the tennis court when he tried that. In high school, Brolin discovered his passion for acting. He made his film debut in *The Goonies*, a family-orientated adventure flick. His new movie, a thriller called *Sicario*, is set for release in October 2015. As an amateur chef, Josh loves chilli con carne, so this week we bring you this delicious recipe. It is said that one night Josh, along with some cast members from 2013's *Labor Day*, cooked up this awesome chilli. That is why they called it 'Convict Chilli', because of Josh's role as an escaped convict.

Ingredients:

Three Cans of beans – one red kidney; Two four-bean mix (drained)
500g Beef mince
One Can of tomatoes (drained)
One red onion (sliced)
Two Tablespoons of butter
One Cup of coffee, fresh and strong
Three Teaspoons of chilli powder (heaped)
Salt

Method

FRY the onions in a large pan or cooking pot with the butter until brown. Add the tomatoes and simmer for about two to three minutes, then add the mince and cook over a medium heat until brown. Add the salt and chilli powder to the mince mixture and cook for a few minutes longer. Now add the beans to the pan, and simmer on low until the juice is just about gone. Add the cup of coffee while still hot to the mince mixture and let it all simmer on a low heat, covered, until the coffee has been reduced a good deal. The chilli should be thick enough to hide a hacksaw blade! Scoop into a bowl and top with grated cheese or eat it with slices of bread and enjoy while watching a great movie like, we don't know, perhaps *Labor Day*?



TRIED & TESTED

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people's guide to TV's best programmes of the week...

October 22 - 28

THIS WEEK'S FAB 5



BY PEARL MPHUTHI

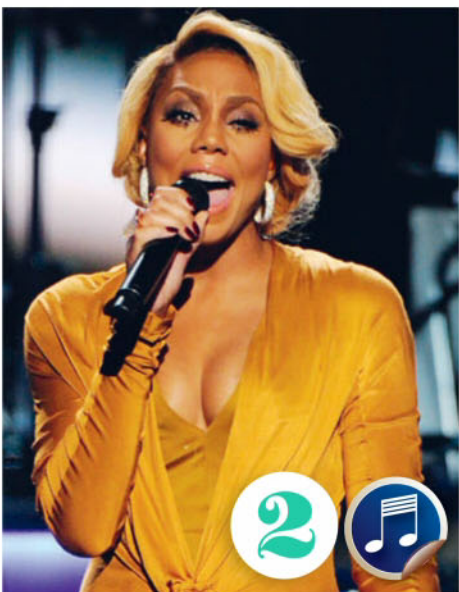
people searches the entertainment world to bring you the hottest highlights of the week.

DANCE MOMS: ABBY'S STUDIO RESCUE



SHE'S back! *Dance Moms: Abby's Studio Rescue* sees famous dance instructor **Abby Lee Miller** go into struggling dance studios and give them a stunning makeover. With her no-nonsense personality, **Abby's** bound to flip things upside down and transform these studios into successful places of business where dancers are guaranteed to hit the dance circuit in top form. *Catch the premiere of Dance Moms: Abby's Studio Rescue on Monday October 26, 2015 at 20h00 on Lifetime.*

TAMAR BRAXTON'S CALLING ALL LOVERS



BRAXTON'S back, baby! Grammy-nominated singer and Soul Train Award-winner **Tamar Braxton** has just released her highly anticipated third studio album *Calling All Lovers*. The smashing album includes her hit single *If I Don't Have You*, which she performed at this year's BET Awards, and remained in the Top 10 on Billboard's Urban Adult Contemporary Chart for quite some time; and let's not forget her brand new single *Catfish!* *Calling All Lovers* can be pre-ordered on iTunes.

BOUNCE

BOUNCE is a new dance show that gives South Africans a chance to bust a move and express themselves through any form or style of dance in a glitzy 'night club setting' television studio. *Catch Bounce, Fridays at 18h00 on Mzansi Wethu.*

DINEO'S DIARY

THIS reality show centres on businesswoman **Dineo Ranaka**. You'll get to go on the journey that is her crazy life with her as she balances business and motherhood. *Catch Dineo's Diary, Fridays at 21h00 on Mzansi Wethu.*

TURN UP

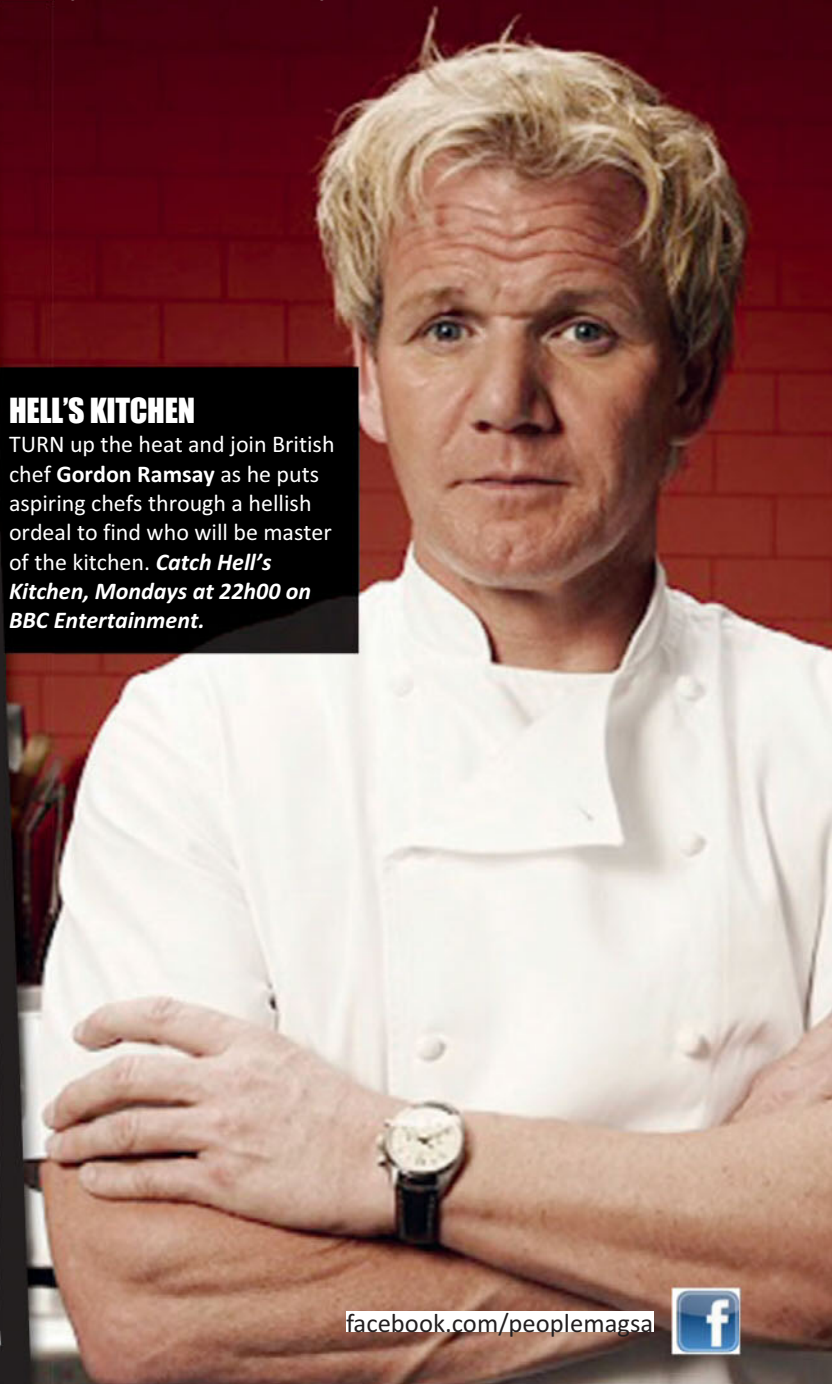
YOU don't want to miss out on the music, studio guests and entertainment this popular music show has to offer. *Catch Turn Up, Fridays at 19h30 on Channel O.*

GAME OF THRONES

THIS Emmy Award-winning series follows the lives of royal families who are willing to do *whatever* it takes to reign supreme. *Catch Game Of Thrones, weekdays at 23h00 on M-Net City.*

HELL'S KITCHEN

TURN up the heat and join British chef **Gordon Ramsay** as he puts aspiring chefs through a hellish ordeal to find who will be master of the kitchen. *Catch Hell's Kitchen, Mondays at 22h00 on BBC Entertainment.*



PICS: WWW.ELITEPHOTOAGENCY.COM / MAGAZINE FEATURES / GREATSTOCK

TOP 10 DStv PICKS

THE MIDDLE

THIS sitcom chronicles the antics of a middle-class couple living a 'normal life' and raising their three 'normal' kids. *Catch The Middle, Tuesdays at 12h30 on Vuzu.*

THE PRANCING ELITES

JOIN this absolutely fabulous all-male competitive dance crew who express themselves through dance and music. *Catch The Prancing Elites, Fridays at 18h30 on Vuzu Amp.*

BET BUZZ

THIS entertainment and celebrity show covers all the gossip and juicy scoops from our favorite celebs. *Catch BET Buzz, weekdays at 19h00 on BET.*

HELP! MY HOUSE IS FALLING DOWN

JOIN a professional team of specialists as they rescue people from their property problems. *Catch Help! My House Is Falling Down, Sundays at 17h00 on BBC Lifestyle.*



AMERICA'S GOT TALENT

THE show that everyone knows and loves, which features celebrity judges who are on the lookout for individuals with amazing abilities. *Catch America's Got Talent, Wednesdays at 18h30 on M-Net.*

3



THE JAKES ARE MISSING



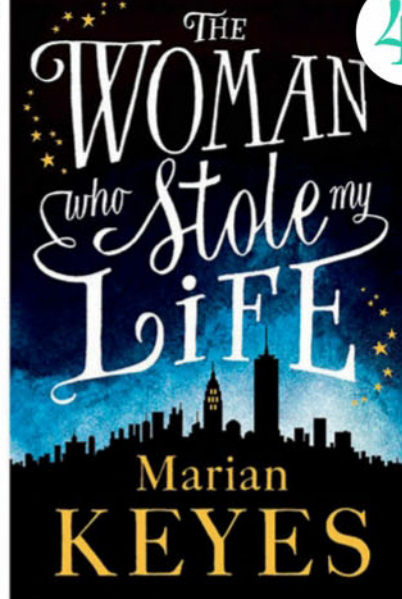
IN this local film, teenager Simon Jakes changes his life forever when he sneaks out to a music event that could change his career forever. Things don't go as planned, however, when he becomes the

main witness to a murder and escapes the crime scene with the one thing the criminals are willing to kill for. The event sends Simon and his parents on a journey, upon which they rediscover the meaning of family. *The Jakes Are Missing releases Friday October 23, 2015.*

4



THE WOMAN WHO STOLE MY LIFE

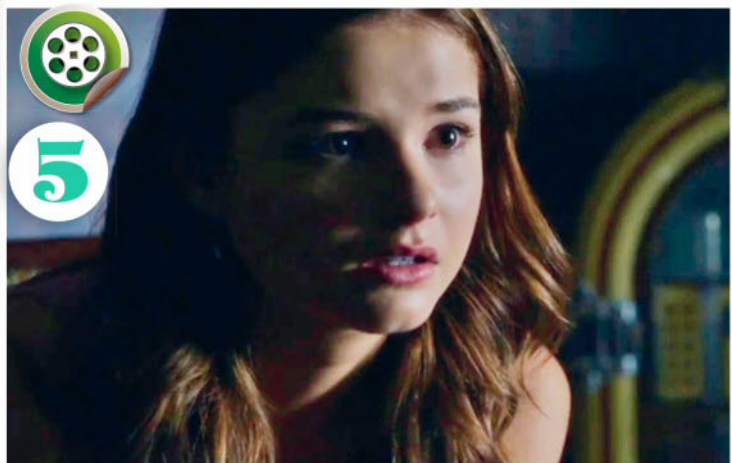


WHO STOLE MY LIFE

THIS read by beloved author Marian Keyes follows Stella Sweeny on her topsy-turvy journey through life! She's been living the high life in New York for almost a year, punting her new book and appearing on TV – but now she's back in her hometown, Dublin. Having left New York on a not-so-very high note, she wants a clean break and has decided to try to get a grip back on her old life.

The Woman Who Stole My Life is available from Exclusive Books and other retailers nationwide.

INSIDIOUS: CHAPTER 3



IF you're not into horror films – change! Especially considering the next exciting chapter to the *Insidious* series is out! It's set a few years before the Lambert family ordeal and focuses on psychic Elise Rainier (played by **Lin Shaye**), who sets out to help a teenage girl (**Stefanie Scott**) being targeted by supernatural powers. The two must work together to expel all the evil taking place. *The DVD for Insidious: Chapter 3 is available from retailers nationwide.*



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THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
06:00 The Ellen DeGeneres Show	06:00 The Ellen DeGeneres Show	06:00 Big Hero 6	07:00 The Ellen DeGeneres Show	06:00 Carte Blanche	06:00 The Ellen DeGeneres Show	06:00 The Ellen DeGeneres Show
07:00 The McCarthys	07:00 The Big Bang Theory	08:00 America's Got Talent	11:00 Spark Of Love	07:00 Modern Family	07:00 Clipped	07:00 The Goldbergs
07:30 The Night Shift	07:30 The Good Wife	10:00 The X Factor UK	12:30 Idols SA	07:30 Hawaii Five-O	07:30 The Whispers	07:30 Revenge
08:30 Chicago PD	08:30 Clipped	13:00 Revenge	14:30 Grey's Anatomy	08:30 Suits	08:30 Idols SA	08:30 Madam Secretary
09:30 Born To Race: Fast Track	09:30 The House Of Magic	14:00 Hawaii Five-O	15:15 Chicago PD	09:30 Tammy	10:30 Resurrection	10:30 The Whispers
11:30 The Goldbergs	11:30 Clipped	15:00 Idols SA	16:00 The Power	11:30 About A Boy	11:30 The McCarthys	11:30 The McCarthys
12:00 The Ellen DeGeneres Show	12:00 The Ellen DeGeneres Show	17:00 Chicago Fire	17:00 Idols SA	12:00 Ellen's Design Challenge	12:00 The Ellen DeGeneres Show	12:00 The Ellen DeGeneres Show
13:00 Britain's Got Talent	13:00 Britain's Got Talent	18:00 The Goldbergs	19:00 Carte Blanche	13:00 The X Factor UK	13:00 Britain's Got Talent	13:00 MasterChef Australia
14:00 Carte Blanche	14:00 NCIS	18:30 About A Boy	20:05 Exodus: Gods And Kings	14:00 Revenge	14:00 Madam Secretary	14:00 Madam Secretary
15:00 The Good Wife	15:00 Hawaii Five-O	19:00 The Middle	22:35 Last Week Tonight With John Oliver	15:00 NCIS	15:00 The Fixer	15:00 The Fixer
16:00 Clipped	16:00 Suits	19:30 Two And A Half Men	23:30 Lucy	16:00 Rizzoli & Isles	16:00 Grey's Anatomy	16:00 Grey's Anatomy
17:00 The Ellen DeGeneres Show	17:00 The Ellen DeGeneres Show	20:00 Royal Pains	01:00 November Man	17:00 The Ellen DeGeneres Show	17:00 The Ellen DeGeneres Show	17:00 The Ellen DeGeneres Show
18:00 Two And A Half Men	18:00 DeGeneres Show Playing House	21:00 Blindspot	02:45 Foxcatcher	18:30 The X Factor UK	18:00 Playing House	18:00 The McCarthys
18:30 America's Got Talent	18:30 America's Got Talent	22:00 Rizzoli & Isles	05:00 Made In Hollywood	19:30 Grey's Anatomy	18:30 Britain's Got Talent	18:30 Britain's Got Talent
19:30 Power Couple	19:30 Rizzoli & Isles	23:00 NCIS		20:30 The Fixer	19:30 Chicago PD	19:30 The Big Bang Theory
20:30 Hawaii Five-O	20:30 NCIS: Los Angeles	00:00 Transformers: Age Of Extinction		21:30 Madam Secretary	20:30 Mr Robot	20:00 The Big Bang Theory
21:30 Night Shift	22:30 Fox Catcher	02:50 Wish I Was Here		22:30 Carte Blanche	21:30 Murder In The First	20:30 The Good Wife
23:30 Last Week Tonight With John Oliver	01:00 Murder In The First	05:00 If I Stay		23:30 Murder In The First	21:30 My Story	21:30 Secrets And Lies
00:00 Royal Pains	02:00 Grey's Anatomy			00:00 Cuban Fury	22:30 The Good Wife	22:30 Battle Creek
01:00 In Secret	03:00 The Fixer			02:30 Magic In The Moonlight	00:30 Last Week Tonight With John Oliver	23:30 Murder In The First
02:45 I Origins	04:00 Royal Pains			03:40 Walking On Sunshine	01:00 Wish I Was Here	00:30 Gone Girl
04:00 Entertainment Now	05:00 The X Factor UK			05:00 The X Factor UK	03:20 One Night In Istanbul	03:00 Mr Pip
05:00 The X Factor UK					05:00 America's Got Talent	05:00 X Factor UK

Top Pick This Week



Exodus: Gods And Kings

Fun Fact

The Ellen DeGeneres Show
DID you know that Ellen's mom Betty is in her show's audience quite often, or as much as she can be. In fact, the best seat at the studio where the show is recorded is reserved for her.

Synopsis

Wish I Was Here
FUNNY man Zach Braff takes the lead in this comedy-drama (which he also directed and co-wrote) as a struggling actor who lives with his wife (played by Kate Hudson) in LA. When he finds himself financially unable to send his kids to school, he decides to take unusual route of homeschooling them.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
05:00 Devotion Region Premier	05:00 Reflections Of Faith	05:00 Geleza Nathi	06:00 Siyakholwa	05:00 Aum	05:00 Izwi La Bantu	05:00 Devotion Region
05:02 Geleza Nathi	05:02 Geleza Nathi	06:00 African Spiritual Realms	06:30 Bonisanani	05:02 Geleza Nathi	05:02 Geleza Nathi	05:02 Geleza Nathi
06:00 Kids News & Current Affairs	06:00 Kids News & Current Affairs	06:30 Siyakholwa	07:00 Carl	06:00 Kids News & Current Affairs	06:00 Kids News & Current Affairs	06:00 Kids News & Current Affairs
06:30 YO.TV	06:30 Sports Buzz	07:00 Carl	07:30 YO.TV	06:30 YO.TV Paws And Claws	06:30 YO.TV Zenzele	06:30 YO.TV
07:00 YO.TV Land	07:00 YO.TV	07:30 YO.TV Mmino Mania	08:15 YO.TV	07:00 YO.TV	07:00 YO.TV	06:45 YO.TV
07:15 YO.TV Ilitha Lethu	07:15 YO.TV Ilitha Lethu	08:00 YO.TV What's In The Fridge	08:30 Matt Hatter Chronicles	07:15 YO.TV Ilitha Lethu	07:15 YO.TV Ilitha Lethu	07:00 YO.TV
07:30 Takalani Sesame	07:30 Takalani Sesame	08:15 YO.TV Yo Hambu	09:00 Mzansi Insider	07:30 Takalani Sesame	07:30 Takalani Sesame	07:15 YO.TV Ilitha Lethu
08:00 The Bold And The Beautiful	08:00 The Bold And The Beautiful	08:30 Matt Hatter Chronicles	10:00 Gospel Gold	08:00 The Bold And The Beautiful R	08:00 The Bold And The Beautiful	07:30 Takalani Sesame
08:30 Isidingo	08:30 Isidingo	09:00 Mzansi Insider	11:00 Identity	08:30 The Beautiful R	08:30 Isidingo	08:00 The Bold And The Beautiful
09:00 Generations: The Legacy R	09:00 Generations: The Legacy R	10:00 Generations: The Legacy (Omnibus)	11:30 The Chatroom	09:00 Generations: The Legacy R	09:00 Generations: The Legacy R	08:30 Isidingo
09:30 Muvhango	09:30 Muvhango	12:30 Imizivili	12:00 Big Up	09:30 Muvhango	09:30 Muvhango	09:00 Generations: The Legacy R
10:00 Skeem Saam R	10:00 Skeem Saam R	13:30 Sport Magazine	12:30 Roots	10:00 Skeem Saam R	10:00 Skeem Saam R	09:30 Muvhango
10:30 Retro Comedy	10:30 Emzini	14:00 Soccer 411	13:00 Sunday Chillas	10:30 Emzini	10:30 Emzini	10:00 Skeem Saam R
11:00 Stumbo Stomp	11:00 Wezinsizwa	15:00 Soccer Build-Up	14:00 Real Goboza	11:00 Shift	11:00 Shift	10:30 Emzini
11:30 100% Youth First	11:30 Cutting Edge	15:30 Laduma Live Soccer	14:30 Nedbank Ke Yona	11:30 Yilungelo Lakho	12:00 Soccer Zone	11:00 Wezinsizwa
12:00 Sports @ 10	11:30 Jika Majika	17:30 Friends Like These	15:00 Laduma	12:00 Yilungelo Lakho	12:00 Soccer Zone	11:00 Rise
13:00 Lunchtime News	12:00 Friends Like These	18:00 Friends Like These	17:30 Code Green	13:00 Lunchtime News	13:00 Lunchtime News	11:30 Selimathunzi
13:30 Fan Base	13:00 Lunchtime News	19:00 News	18:00 Joyous Celebration	13:30 Making Moves R	14:30 Iron Man	12:00 Khumbul'ekhaya
14:00 Zaziwa	13:30 Yilungelo Lakho	19:30 Real Goboza	19:00 News	14:30 Matt Hatter Chronicles	15:00 YO.TV	13:00 Lunchtime News
14:30 Galaxy Racers	14:30 Foreign Children	20:00 Soccer Build-Up	19:30 Sunday Live	15:00 YO.TV	16:00 Teenagers On A Mission	13:30 My World
15:00 YO.TV	15:00 YO.TV	20:15 Soccer	20:00 TBA	16:00 LOC Youth Region	16:30 Shift	14:30 Hurray For Huckle YO.TV
16:00 Bona Retsang	16:00 Bona Retsang	22:00 Skyroom Live	22:00 The Game	16:30 Shift	17:30 News	15:00 Bona Retsang
16:30 My World	16:30 Ba Kae	23:00 Mzansi Insider	22:30 My Perfect Family	17:28 Aum	18:00 Nyan Nyan	16:30 My World
17:30 News (Siswati/ Ndebele)	16:59 Centre Stage		23:00 Gospel Gold	17:30 News	18:30 Skeem Saam	17:28 Devotion Region
18:00 100% Youth	17:28 Devotion Region		00:00 Koze Kuse	18:00 Now Or Never	19:00 News	17:30 News
18:30 Skeem Saam	18:00 Fan Base			18:30 Skeem Saam	19:30 Selimathunzi	18:00 Remix
19:00 News	18:30 Skeem Saam			19:30 Ses'Top La	20:00 Generations: The Legacy	18:30 Skeem Saam
19:30 Zaziwa	19:00 News			20:00 Generations: The Legacy	20:30 Uzalo	19:00 News
20:00 Generations: The Legacy	19:30 1's And 2's			20:30 Uzalo	21:00 Find Me My Man	19:30 Single Galz
20:30 End Game	20:00 Generations: The Legacy			21:00 Soccer Zone	22:00 Making Moves	20:00 Generations: The Legacy
21:30 Cutting Edge	20:30 Tempy Pushas			22:00 My World	23:00 Shift	20:30 Uzalo
22:00 Home Affairs	21:00 Live Amp			23:00 Shift	00:00 Koze Kuse	21:00 Khumbul'ekhaya
23:00 Ispani	22:00 TBA					22:00 Sports @10
00:00 Koze Kuse	00:00 Koze Kuse					23:00 Soccer

Top Pick This Week



My Perfect Family

Seen On Set

YOUR backstage pass to the best movie and TV sets.



FUN FACT

LADY GAGA'S favourite colours are black and lavender.

GAGA CHECKS OUT

SPOTTED leaving the set of her latest project was none other than **Mother Monster, Lady Gaga**. Scary needs a break too, from time to time, and it seems like the 29-year-old pop star was calling it a day as she left the set of *American Horror Story Hotel*. Of course, the Gothic wardrobe must have been right up her alley, so we don't suppose she even bothered to change out of it when she left. *It is speculated that the fourth season of AHS will premiere early November on DStv.*

FUN FACT

DA L.E.S is part of Vuzu Amp's reality show *The Real Jozi A-Listers*.



A GOSLING WITH A STONE

THEY make a hot couple! Too bad it's only for the big screen! Bubbly actress **Emma Stone** was spotted looking smoking hot while she continued work on her latest film *La La Land* in Hollywood, in which she stars alongside yummy **Ryan Gosling**. In the film, the couple is seen entering a nightclub all lovey dovey in the early hours of morning. *La La Land is scheduled for a 2016 release.*

FUN FACT

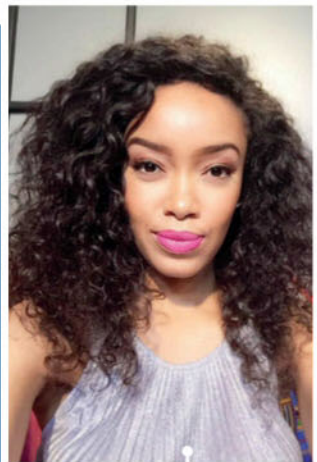
RYAN first broke onto the showbiz scene with *The Mickey Mouse Club* alongside **Britney Spears, Christina Aguilera and Justin Timberlake**.

TAKE 5 (FM)

5FM personality **Poppy Ntshongwana** was seen at her famous headquarters posing with a legendary artist. The bubbly star had just interviewed hip-hop artist **Da L.E.S** on her show *House Of Poppy* about the award-winning star's new new track featuring fellow hip-hop cat **Riky Rick** called *Summertime*. *The full album is set to drop on October 28, 2014.*

Celebs Having Their Say On Twitter...

You Said What?



"Hard work ALWAYS pays off. Nobody is going to give you ANYTHING!!!!" – **Taraji P. Henson**

"I walked these streets & now I sing about them." – **Zakes Bantwini**

"If we've ever crossed paths and you stopped to say you like my work or are a fan, please know that that means a lot to me." – **Dineo Moeketsi**



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THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
05:00 Informercials	05:30 Living Land	05:30 Living Land	05:57 Motheo	05:30 Living Land	05:30 Living Land	05:30 Breaking New
05:30 Living Land	05:57 Motheo	05:57 Op Pad	06:00 Thabang Thabong	05:57 Motheo	05:57 Motheo	05:57 Ground
05:57 Motheo	06:00 Morning Live	06:00 Thabang Thabong	06:30 Hug A Tree	06:00 Morning Live	06:00 Morning Live	06:00 Op Pad
06:00 Morning Live	08:00 Parliament a view from the house	06:30 Inside The Boabab Tree	07:00 Morning Live	08:00 Parliament: A View From The House	08:00 Parliament: A View From The House	06:00 Morning Live
08:00 Parliament: A View From The House	09:00 Inside The Boabab Tree	07:00 Morning Live	08:30 Simcha	08:30 Magical World Of Luna-Belle	08:00 Parliament: A View From The House	08:00 Parliament: A View From The House
09:00 Inside The Boabab Tree	09:30 Tree Fu Tom	08:30 House Call	09:00 Issues Of Faith	09:15 Magical World Of Luna-Belle	09:00 Inside The Boabab Tree	09:00 Inside The Boabab Tree
09:30 Moonbeam Bear And His Friends	10:00 Takalani Sesame	09:30 Thukuta	10:00 Hosanna	09:30 Moonbeam Bear And His Friends	09:30 Moonbeam Bear And His Friends	09:30 Moonbeam Bear And His Friends
10:00 Takalani Sesame	11:00 Mother of all professions	10:00 Athletics Alive	10:30 Sportview	10:30 Moonbeam Bear And His Friends	10:00 Takalani Sesame	10:00 Takalani Sesame
10:30 Rivoningo	11:30 Ngula Ya Vutivi	10:30 Sportview	11:00 One Piece	10:30 Rivoningo	11:00 Words And Numbers	10:30 Sports Lifestyle
11:00 Women In Science	12:00 Leihlo La Setshaba	10:30 Sportview	11:00 One Piece	11:00 Super Nanny	11:30 How Do They Do That	11:00 Rivoningo
12:00 Love That Girl	05:30 When Duty Calls	13:00 Takeshi's Castle	12:00 Mela	12:00 Rands With Sense	12:00 Talk SA	11:30 Roughing It Out
12:30 In The Name Of Love	13:00 Interface	13:00 Muvhango (Omnibus)	13:00 Iyanla: Fix My Life	12:00 Rands With Sense	12:30 Moonbeam Bear	12:00 It's for Life
13:00 Dr Phil	13:30 Speak Out	16:00 TBA	14:00 Pasella	13:00 Dr Phil	13:00 Dr Phil	12:30 48 Hours
14:00 7de Laan R	14:00 7de Laan R	18:00 Wipeout USA	14:00 Pasella	14:00 7de Laan R	14:00 7de Laan R	13:00 Dr Phil
14:30 Mali	14:30 Mali R	19:00 Nuus	15:30 7de Laan	14:30 Mali	14:30 Mali	14:00 7de Laan R
15:00 Skeem Saam	15:00 Skeem Saam R	20:00 Gauteng Maboneng	15:30 7de Laan	15:00 Skeem Saam	15:00 Skeem Saam R	14:30 Mali
15:30 Muvhango R	15:30 Muvhango R	20:00 Majakathata Records	16:00 Hectic Nine-9	15:30 Muvhango R	15:30 Muvhango R	15:00 Skeem Saam R
16:00 Hectic Nine-9	16:00 Hectic Nine 9	20:30 TBA	17:00 Dragon Ball	16:00 Hectic Nine-9	16:00 Hectic Nine-9	15:30 Muvhango R
17:00 Snake Park	17:00 Siyaya Come Wild With Us	23:00 Afro Café	17:30 News (Venda/Tsonga)	17:00 Dragon Ball	16:00 Hectic Nine-9	16:00 Hectic Nine-9
17:30 News (Venda/Tsonga)	17:30 News (News (Venda/Tsonga))	00:00 Mali	18:00 When Duty Calls	17:30 News (Venda/Tsonga)	17:00 Dragon Ball	17:00 Dragon Ball
18:00 Leihlo La Sechaba	18:00 Pasella	00:30 Deutsche Welle	18:30 7de Laan	18:00 When Duty Calls	17:30 News (Venda/Tsonga)	18:00 Motswako
18:30 7de Laan	18:30 7de Laan		19:00 Nuus	18:30 7de Laan	18:00 Ngula Ya Vutivi/Zwa Maramani	18:30 7de Laan
19:00 Nuus	19:00 Nuus		19:30 News	19:00 Nuus	18:30 7de Laan	19:00 Nuus
19:30 News	19:30 News		20:00 Pretty Little Liars	20:00 Pretty Little Liars	19:00 Nuus	20:00 Love That Girl
20:00 Jamie Foxx Show	20:00 Musiek Roulette		21:00 Muvhango	21:00 Muvhango	19:30 News	20:30 Maropeng
20:30 La Familia	21:00 Muvhango		21:30 Ga Re Dumele	21:30 Ga Re Dumele	20:00 All Of Us	21:00 Live Lotto Draw
21:00 Muvhango	21:30 Dinnete Tsa Bophelo		22:00 Contraband	22:00 Contraband	20:30 Maropeng	21:04 Muvhango
21:30 Speak Out	22:00 In The Name Of Love		02:00 TBA	02:00 TBA	21:00 Muvhango	21:30 Mamello
22:00 Unusual Suspects	22:00 In The Name Of Love		03:00 Dr Phil	03:00 Dr Phil	21:30 Powerball	22:00 Afro Café
23:00 Person of Interest	22:30 Boxing Magazine		04:00 Deutsche Welle	04:00 Deutsche Welle	21:34 Gospel Classic	23:00 The Secret Circle
00:00 TBA	23:00 Smallville				22:30 Psalted	00:00 TBA
01:00 Dr Phil	00:00 Mali				00:00 Dr Phil	01:00 Dr Phil
02:00 Mali	00:30 Deutsche Welle				01:00 Mali	02:00 Mali
					05:30 Deutsche Welle	02:30 Deutsche Welle

Top Pick This Week

Majakathata Records

MAJAKATHATA RECORDS EST 2013

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
05:00 AM Shopping	05:00 AM Shopping	05:00 AM Shopping	05:00 AM Shopping	05:00 AM Shopping	05:30 Kiddies	05:00 AM Shopping
05:30 Snazzy Stories	05:30 Snazzy Stories	06:00 Magic Cellar	06:00 Takalani Sesame	05:30 Kiddies	06:00 Espresso	05:30 Kiddies
06:00 Espresso	06:00 Espresso	06:32 Mickey Mouse Clubhouse	06:30 Mickey Mouse Clubhouse	06:00 Espresso	08:30 Dr Oz show	06:00 Espresso
08:30 The Real	08:30 Dr Oz show	07:00 Arthur	07:03 Thundercats	08:30 Dr Oz show	09:30 Days Of Our Lives	08:30 Dr Oz show
09:30 Days Of Our Lives	09:30 Days Of Our Lives	07:30 Creature Club	07:03 Arthur	09:30 Days Of Our Lives	10:30 Generations: The Legacy	09:30 Days Of Our Lives
10:30 High Rollers	10:30 Generations: The Legacy	08:00 Gloss It Up	07:30 Garbage Gallery	10:30 Generations: The Legacy	11:00 Isidingo R	10:30 Generations: The Legacy
11:00 Isidingo R	11:00 Isidingo R	08:30 Technorati	08:00 Creature Club	11:00 Isidingo R	11:30 7de Laan	11:00 Isidingo R
11:30 7de Laan	11:30 7de Laan	09:00 Cooking Magic	08:30 Meet Joe Food	11:30 7de Laan	13:00 News	11:30 7de Laan
12:00 Magnum PI	12:00 Miami Vice	09:30 Which Way	09:00 Wanna Be Young Designers	13:00 News	13:27 Africa News Update	13:00 News
13:00 News	13:00 News	10:00 Violetta	09:30 Urbo: Radical Adventures Of Pax Africa	13:00 News	14:00 The Meredith Vieira Show	14:00 The Meredith Vieira Show
14:00 The Meredith Vieira Show	14:00 The Meredith Vieira Show	10:30 Music Moves Me An Nur	10:00 New Day	14:00 The Meredith Vieira Show	15:00 The Real	15:00 The Real
15:00 The Real	15:00 Clover's Big Little Cook Off	11:00 An Nur	10:30 Isidingo (Omnibus)	15:00 The Real	16:00 Afternoon Express	16:00 Afternoon Express
16:00 Afternoon Express	16:00 Afternoon Express	12:30 The Bold And The Beautiful	12:30 Top Billing R	16:00 Afternoon Express	17:00 Days Of Our Lives	17:00 Days Of Our Lives
17:00 Days Of Our Lives	17:00 Days Of Our Lives	15:00 America's Next Top Model	13:30 Amazing Race	17:00 Days Of Our Lives	18:00 The Bold And The Beautiful	18:00 The Bold And The Beautiful
18:00 The Bold And The Beautiful	18:00 The Bold And The Beautiful	16:00 Man Cave	14:30 TBA	18:00 News	18:30 News	18:30 News
18:30 News	18:30 News	17:00 Win A Home	16:30 Clover's Big Little Cook Off	19:00 Isidingo	19:00 Isidingo	19:00 Isidingo
19:00 Isidingo	19:00 Isidingo	17:30 Dream Machine	17:30 50/50	19:30 High Rollers	19:30 High Rollers	19:30 High Rollers
19:30 Top Billing	19:30 Win A Home	18:30 News	18:30 Minute To Win It	20:30 Survivors	20:00 Missing	20:00 Missing
20:30 Man Cave	20:30 Minute To Win It	19:00 Magic With Mo	19:00 Fokus	21:30 Two And A Half Men	21:00 The Good Wife	21:00 The Good Wife
21:00 Girl Eat World	21:30 Club Culture	19:30 Old Dogs	19:30 Muhammad Ali: The Greatest	22:00 CSI	22:00 Desperate Housewives	22:00 Desperate Housewives
22:00 Super Natural	22:30 The Good Wife	21:30 Desperate Housewives	20:30 Special Assignment	23:00 Special Assignment	23:30 Fokus	23:30 Fokus
23:00 Those Who Can't	23:25 Sports Wrap	22:30 Two And A Half Men	21:00 Numbers	00:00 Airwolf	00:00 Magnum PI	00:00 Magnum PI
00:00 Miami Vice	23:30 Fokus	22:55 Sports Wrap	22:00 Arrow	01:00 The Meredith Vieira Show	01:00 The Meredith Vieira Show	01:00 The Meredith Vieira Show
01:00 The Meredith Vieira Show	00:00 Miami Vice	23:00 The Big Bang Theory	22:30 Car Torque	02:00 3 Talk R	02:00 3 Talk R	02:00 3 Talk R
02:00 3 Talk R	01:00 The Meredith Vieira Show	23:30 Club Culture	23:00 America's Next Top Model	03:00 Steven And Chris	03:00 Steven And Chris	03:00 Steven And Chris
03:00 Top Billing R	02:00 3 Talk R	00:30 Roer Jou Voete	00:00 Chicago Fire	04:00 Dr Oz Show	04:00 Dr Oz Show	04:00 Dr Oz Show
	03:00 Top Billing R	01:30 An Nur R	01:00 Days Of Our Lives (Omnibus)			
	04:00 Isidingo	02:00 Sadhana				
	04:30 The Bold And The Beautiful					

On The Box This Week

NEWS and views from the world of reality television. **Reality Bites**
BY EL BROIDE

Stewarts & Hamiltons, Wednesdays at 21h00 on E!

KIMBERLY and Sean continue to find perspective in Haiti. George teaches GT not to be in a rush to grow up, and a sober Ashley is crushed when he learns about his girlfriend's smoking habits.



Say It In Song, Fridays at 21h15 on MTV

WHETHER they're finding the right words to ask their crush to the prom, trying to quit their job or begging an ex for that second chance, this show encourages people to do so in song – with a few great reactions!



Four Weddings South Africa, Fridays at 20h50 on Lifetime

FOUR bridezillas are so convinced they're having the perfect wedding that they're prepared to stake their honeymoon on it whatever the costs! And if that means backstabbing, bitchiness and bad behaviour, then so be it!



Bobby Talks The Voice

IT seems *The Voice South Africa* is still on everyone's lips at the moment, and blue-eyed coach Bobby van Jaarsveld is fast becoming a fan favourite. Releasing his first greatest hits album next month, we sat down with the singer and asked him some questions about his new gig. **Congrats on your new gig! What kind of coach are you hoping to be?**

I'm still not sure really. I'll be honest, real and very supportive. I'm going to try to help the singers reach their full potential. And I'm going to be a nice coach – I hope!

Why should a contestant pick you as their coach? What makes you unique from your fellow coaches?

[Laughs.] That's such a tough question to answer. Everyone has a lot to offer; this is my 10th year in the industry since my first album, so I do have a lot of experience in the musical landscape. I'll teach the singers everything they don't know and build on the things that they do already know.

What was the ultimate reason you agreed to take part on a show like this?

I loved the USA version! Think it was amazing, and the SA version is going to be epic. This country has so much to offer in terms of raw talent, so I can't wait to hear these voices! This is brand new for our beautiful country so I want to be a part of it too!

Why should South Africa get excited about *The Voice*?

It's going to be HUGE! And it's local, and that's always lekker!



Bridget Marquardt Engaged!



YOU may remember **Bridget Marquardt** from E!'s smash hit show *The Girls Of The Playboy Mansion*? After **Bridget** and **Kendra** went their separate ways, the star started dating **Nick Carpenter**. Now, after seven years of dating, **Nick** has finally proposed! Now, **Hugh Hefner's** ex reveals exactly how that magical moment happened. "He took me hiking up to our favourite spot. Long story short, he faked me out! There was a fake spider ring in the dirt and I was like, 'That's so weird. How weird!' Because we talked about this spider ring I really liked and now there's this fake one here," she said. "Anyway, I was putting it back in the dirt because it wasn't mine... and I turned around and he was on one knee pulling out the real ring." **Bridget** added, "I was surprised by the actual proposal. I just wanted something different, something unique, and something that reflected more of my personality, so [the ring] was perfect. I don't have a love for spiders [but] it's just something different, something that reflected my personality." There has been a lot of drama around **Holly** and **Kendra** in recent years so we're glad to see that **Bridget** is concentrating on what is really important. Congrats, guys!



Holly's Geordie Shore Abuse



THE 11th season of *Geordie Shore* starts on MTV next month and sees the gang head out to Greece for a few weeks of partying, touring and making out. "It's not going to be a very nice series for me to watch," **Holly Hagan** revealed. **Holly** is one of the few cast members from the very first season and she has finally opened up on the abuse she received shortly after the show premiered. "When I first started doing the show I was probably the most hated cast member in history. There were times when I'd walk out of my door and people would just shout abuse at me in the street. Even if I was just popping to out to the shop just to buy a sandwich! People would just shout at me," she revealed. "It got to a point where I couldn't go out by myself. And I started to get anxiety and panic attacks." Since then, however, **Holly** has struck a chord with the viewers and instead of hate, she now gets showered with love when walking around town.



THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
05:00 Grassroots	05:00 Life By Design	05:00 Medical	05:00 Infomercials	05:00 Creflo Dollar	05:00 Hillsong	05:00 Die Woord
05:30 e-News Sunrise	05:30 e-News Sunrise	05:30 Detectives	05:30 Joseph Prince	05:30 e-News Sunrise	05:30 e-News Sunrise	05:30 e-News Sunrise
06:00 e-News Sunrise	06:00 e-News Sunrise	05:30 Infomercials	06:00 Die Woord	06:00 e-News Sunrise	06:00 e-News Sunrise	06:00 e-News Sunrise
08:00 e-News Sunrise	08:00 e-News Sunrise	06:00 The Planet's	06:30 Creflo Dollar	08:00 e-News Sunrise	08:00 e-News Sunrise	08:00 e-News Sunrise
08:30 Infomercials	08:30 Infomercials	06:30 Funniest Animals	07:00 Grassroots	08:30 Infomercials	08:30 Infomercials	08:30 Infomercials
09:00 Rhythm City	09:00 Rhythm City	06:35 Cool Catz	07:30 Hillsong	09:00 Rhythm City	09:00 Rhythm City	09:00 Rhythm City
09:30 Scandal!	09:30 Scandal!	07:00 Quiz Time	07:30 Hillsong	09:30 Scandal!	09:30 Scandal!	09:30 Scandal!
10:00 Ekse Zwakala	10:00 Hush	07:05 Cool Catz	08:00 Quiz Time	10:00 e-Shibobo	10:00 Katch It With	10:00 Ekse Zwakala
10:30 The Young And	10:30 The Young And	07:30 Everything's	08:05 Cool Catz	10:30 The Young And	10:30 Khatyini	10:30 The Young And
The Restless	10:30 The Restless	Rosie	08:30 Kung Fu Panda	10:30 The Restless	10:30 The Young And	10:30 The Restless
11:30 Checkpoint	11:30 e-Kasi: Our	07:45 Fireman Sam	09:00 Max Steel	11:30 Great	11:30 Great	11:30 Supermanny
12:00 Makwaya	11:30 Stories	08:00 Julius Jr	09:30 Shiz Niz	12:00 Expectations	11:30 Great	12:30 Backstage
12:30 Backstage	12:30 Backstage	08:30 SpongeBob	09:30 Shiz Niz	12:00 Checkpoint	11:30 Great	12:30 Backstage
13:00 News Day	13:00 News Day 2015	08:30 SquarePants	10:00 Behind The	12:30 Backstage	12:30 Backstage	13:00 News Day
13:30 WWE Raw	13:00 News Day 2015	09:00 SistaHood	10:00 Gospel	12:30 News Day 2015	13:00 News Day	13:30 WWE Smackdown
14:30 Quiz Time	13:30 WWE NXT	09:30 Scandal!	11:00 Braxton Family	13:00 WWE Superstars	13:30 WWE	14:30 Quiz Time
14:35 Cool Catz	14:30 Dreamer: Inspired	09:30 Scandal! (Omnibus)	12:00 Bogus	14:30 Peppa Pig	14:30 Experience	14:35 Cool Catz
15:00 SpongeBob	16:20 Frenzy	11:30 Paternity Court	12:00 Centre Stage:	14:35 Cool Catz	14:30 Quiz Time	15:00 The Penguins Of
15:30 SquarePants	16:30 The Steve Harvey	12:00 Hell Date	14:10 Turn It Up	15:00 Everything's	14:35 Cool Catz	15:00 Madagascar
15:30 Jackie Chan	17:30 Just Shoot Me	12:30 e-Shibobo	13:50 WWE Specials	15:15 Fireman Sam	15:00 Julius Jr	15:30 Supa Strikas
16:00 Adventures	18:00 Club 808: Make	13:30 The Planet's	15:55 e-Insert	15:30 Transformers:	15:30 Pokemon:	16:00 The Steve Harvey
16:00 Craze World	18:00 Some Noise	13:30 Funniest Animals	16:00 Tamar And	15:30 Beast Machines	16:00 The Series	16:30 The Steve Harvey
16:30 Live	18:30 e-News Prime	14:05 Amazing Racer	16:00 Vince	16:00 SistaHood	16:00 Shiz Niz	17:25 e-Insert
16:30 The Steve Harvey	18:30 Time	16:00 The Planet's	17:00 WWE Raw	16:30 The Steve Harvey	16:30 The Steve Harvey	17:30 Ekse Zwakala
17:30 Show	19:00 Rhythm City	17:00 Funniest Animal	18:00 e-News Early	16:30 Show	16:30 Show	17:30 Ekse Zwakala
18:00 Just Shoot Me	19:30 Scandal!	17:00 WWE	18:00 Edition	17:30 Katch It With	17:30 Ekse Zwakala	18:00 TBA
18:00 Hush	19:30 Scandal!	18:00 Smackdown	18:05 SA's Got Talent	18:00 Khatyini	18:00 TBA	18:30 e-News Prime
18:30 e-News Prime	20:00 Gold Diggers	18:05 e-News Early	19:00 e-News Prime	18:00 Shikisha	18:30 e-News Prime	19:00 Rhythm City
19:00 Time	20:30 Hero Wanted	18:05 Reality Check	19:00 e-News Prime	18:30 e-News Prime	18:30 Time	19:00 Rhythm City
19:00 Rhythm City	22:35 Solo	18:30 B&B	19:30 SA'S Got Talent	19:00 Time	19:00 Rhythm City	19:30 Scandal!
19:30 Scandal!	00:30 Hero Wanted	19:00 e-News Prime	20:00 Romeo Must Die	19:30 Rhythm City	19:30 Scandal!	20:00 Gold Diggers
20:00 Gold Diggers	02:25 Solo	19:30 Time	22:05 Antwone Fisher	19:30 Scandal!	20:30 TBA	20:30 TBA
20:30 The Fan	04:35 House Of Payne	19:30 Harry Potter And	23:55 Menno's Mind	20:00 Gold Diggers	21:00 Powerball Draw	21:00 Powerball Draw
22:45 Stuck On You		The Order Of	04:50 Reign Over Me	20:30 Coke Studio	21:05 Matatiele	21:05 Matatiele
01:00 The Fan		Phoenix		21:00 Umhlo Alliance	21:35 Z'bondiwe	21:35 Z'bondiwe
03:00 The Boston		Dodgeball: A True		22:00 Sideways	22:05 Checkpoint	22:05 Checkpoint
Strangler		Underdog Story		23:55 Stomp The Yard	22:35 Deadly Heroes	22:35 Deadly Heroes
		West Of Here		03:05 Sideways	00:25 The Wannabes	00:25 The Wannabes
		01:55 No One Would			02:10 Deadly Heroes	02:10 Deadly Heroes
		Tell			04:20 Just Shoot Me	04:20 Just Shoot Me
		03:45 Crime Seen				
		04:45 The Planet's				
		Funnist Animal				

Top Pick This Week



The Wannabes

Synopsis

Romeo Must Die

LOOSELY based on William Shakespeare's *Romeo And Juliet*, the film sees **Jet Li** as an ex con investigating the death of his brother, who had ties to a crime syndicate in America. During his investigation he falls for a mob boss' daughter (played by **Aaliyah**), which, unsurprisingly, results in a very complicated and dangerous situation.

GIG GUIDE

Where YOU Should Be Seen

October 22 - 28



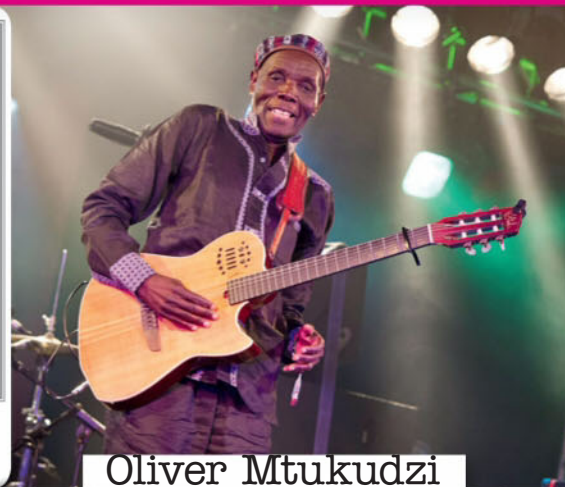
Carly Rae Jepsen

October 21-24, Carly Rae Jepsen SA Tour, Monument Amphitheatre, Pretoria. Tickets are R375 - R475.

October 23, Oliver Mtukudzi Live In Johannesburg, Bassline, Newtown. Tickets are R200 - R250.

October 24, Rock The City Tshwane Summer Festival, Ga-Mothakga Resort Atteridgeville, Pretoria. Tickets are R200 - R1 000.

FOR MORE INFO GO TO WWW.COMPUTICKET.CO.ZA



Oliver Mtukudzi

Off The Record With... Swing City

BY EL BROIDE WE chat to musicians making waves in the SA music scene!



GRAEME WATKINS, Nathan Ro and Loyiso Bala are respected artists in their own right. However, their love of jazz and swing has brought them together to perform as Swing City. Now, after months of performing together, the three have come together to record their debut album, *Well Swung*. Swing is a sexy genre and we can't think of three better guys to give us the tracks we know and love. El caught up with Graeme and Nathan and got the lowdown on the new album, the genre and the group's future.

You guys all come from different genres. Where did the idea of Swing City come from?

N: Graeme and I were at a braai one night and we were discussing how much we love the swing genre. Turns out both of our fathers played in swing bands so we both grew up with the music. Luckily our managers overheard us talking and put plans in place to make it what it is today.

What is it about swing that you have identified with?

N: My father played in a band when I was a kid and he used to sing songs like *In The Mood* and *On The Street Where You Live*, which I loved. I

lost him when I was six, so the recordings of him allow me to spend time with my dad.

You played these songs at functions around the country. Where did the idea of an album come from?

G: We got requests for an album over social networks and after every performance so I guess it was the next logical step.

You've collaborated with a few artists on this album. Tell us a bit more about that.

N: Well Lloyd Cele is basically part of Swing City as he fills in if one of us is unable to make a gig. He has also become a close friend. Then there's Shoowop Shop, who are basically a much sexier version of Swing City with sirens' voices from the '50s era, and then there is ChianoSky.

What do you want listeners to take away when listening to this album?

N: This genre of music existed to bring smiles to the faces of people during slavery, the great depression and war. We still live in times where all these things are prevalent in one form or another so it is still relevant to shed a little light on dark days. If we can put a smile on your face, we have succeeded.

What do each of you bring to the plate?

N: Loyiso is the most experienced so he handles a lot of the vocal arranging and brings his smooth R&B voice to the mix.

Graeme is the passionate one that keeps us in check if we become complacent, perfection is the name of the game and his voice could make a wolverine purr.

G: Nathan is incredibly funny and brings lot of life to the party.

What can we expect from Swing City over the next few months?

N: Well, after *Well Swung* launches we need to focus on becoming a household name that people associate with warmth and nostalgia. Definitely more public shows are in order.

In Colour Jamie xx

★★★

JAMIE XX, of The xx, has finally dropped his debut studio album *In Colour*. This is very much an experimental album, and Jamie plays around with a variety of different sounds

adding many other genres to the main electronic sound. The use of different instruments is beautiful, but since there are not a lot of vocals, the album for us functions more as something we'd play in the background as opposed to something we'd listen to on a regular basis.

El's Favourite Track: *Obvs*



Soul Therapy Thiwe

★★★

LOCAL dance star Thiwe made quite an impression with her timeless music and after eight years she has finally released her brand new album *Soul Therapy*. The record shows a different side of Thiwe, but still gives

listeners what they want – good house music. *Soul Therapy*, however, also has some ballads that prove that Thiwe has a voice that is bound to give you chills. The production on the record is also something the star should be proud of. The album, however, sees Thiwe keep it safe and we would have liked to see more individuality on the record. The safety net might make this album a little bit unadventurous for listeners.

El's Favourite Track: *Sekwanele*



Dreams Worth More Than Money Meek Mill

★★★★

NICKI MINAJ'S fiancé has finally dropped his second studio album, which was to be released last year but had to be pushed back after the rapper's probation was revoked. This, however, turned

into a blessing and gave Meek Mill a lot more content to rap about. Meek has realised that radio play helps album sales so he has a mix of radio-friendly hip-hop tracks and some hardcore tracks as well. Lyrically, it's a fantastic production and Meek reveals who he really is. This also features the likes of Nicki Minaj, Drake and Chris Brown so the star-power is definitely there.

El's Favourite Track: *All Eyes On You (Feat. Nicki Minaj & Chris Brown)*



TV QUIZ

- Who plays the role of James 'Ghost' St Patrick?
- Which rapper produced the series?
- What is Ghost's profession?
- In the series, who is Ghost's best friend?
- True Or False: Angela is Ghost's wife?
- True Or False: La La Anthony stars in the series.
- Who takes the role of Shawn?
- True Or False: 50 Cent also stars in the series.
- In Season Two, who kills Shawn?
- Does Tasha know about her husband's drug business?

TRIVIA

- How did Cleopatra die?
- What is the name of Captain Ahab's ship?
- Who buried the treasure in *Treasure Island*?
- In which country is Auschwitz?
- On which national flag are there an eagle and a snake?
- What does a galactophagist drink?
- The jealous Athena turned who into a spider?
- Hypermetropic people are what?
- Which leader lives in the Potola?
- In which city was the first public opera house opened?

CELEB QUIZ

- True Or False: Kendall Jenner pierced her nipple.
- True Or False: Brangelina are reportedly in the process of adopting again.
- Who is Hlubi Mboya's fiancé?
- How old is Serena Williams?
- True Or False: Oprah Winfrey has six toes on one foot.
- True Or False: Tyra Banks was bullied as a teenager.
- Which African-American actress made history at this year's Emmys?
- Ciara says she wants more...?
- Who says music group Destiny's Child may be on stage again?
- Which pop star urges women not to starve themselves?

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PEOPLE 71

Soaps

SKEEM SAAM

RACHEL'S announcement further divides the Kunutu family. The ceremony at the Maputla home leads to some unsettling revelations. Mapitsi desperately attempts to prevent a calamity. Verdict day in court. Hearts break as the magistrate delivers his verdict on Lelo's case. Meanwhile, a heated debate rages in the Grade 12 classroom. Mapitsi offers Wallet a lifeline. Fresh, brand-new battle lines are drawn in the Maputla household. News of Lelo's verdict spreads like wild-fire. Matric exams begin today and the decision about the Matric dance is announced. Sonti is missing and Mapitsi feels pushed into making promises she may not be able to keep. Rachel flirts with danger – literally. Mangaliso has a surprise visitor, whose presence might cost him. Alfred and Mapitsi are horrified when they discover what happened to Sonti. Mangaliso comes to sobering terms about his true feelings for Lelo. Nimza makes a shocking discovery about Rachel.

Skeem Saam, weekdays on SABC 1 at 18h30.

THE BOLD AND THE BEAUTIFUL

KATIE becomes defensive about her relationship with Ridge when Donna queries her about why they haven't set a wedding date. Now knowing the secret that Ridge has been keeping, Rick issues his estranged brother an ultimatum. Rick is disheartened when Caroline jumps to the defence of Ridge and his altered talent. Knowing how frustrated Ridge is with his inability to draw, and his toxic relationship with Rick, Katie offers her fiancé a solution to his problems. In a bad mood since Brooke's departure from town, Bill listens with interest to Justin's suggestion of how to get his mojo back. Rick turns to Eric about Ridge's condition and what they should do about it. Ridge makes his case to Eric of why he would be the better choice to take over as CEO of Forrester Creations than Rick. In return, Eric explains to Ridge his vision of how the company should be run and why. Feeling immense guilt, Caroline contemplates telling Ivy about the kiss she shared with Ridge. Rick compares Caroline and himself to Eric and Stephanie when he envisions taking over the family business.

The Bold And The Beautiful, weekdays on SABC 3 at 18h00.



Samkelo Ndlovu is Lorato on *Rhythm City*

SOAPIE STAR OF THE WEEK

Juicy Bites

Rhythm City's Samkelo Ndlovu

- * Samu was born in Alexandra.
- * She's multilingual and speaks more than four official SA languages.
- * She attended AFTA and majored in Motion Picture and Live performance.
- * She starred in SABC1's series *Soul City*.

surprised to see Bongzi with David. Shakes tells Mampho that he'll never forgive her. The driving school establishes its head office at the carwash. Kop goes on a charm offensive in the office. Mampho's revenge on Shakes continues to backfire. When David can't produce his money, Kenny points a gun at David's head. Solomon takes Zinzi to a casino. Sabelo and the boys hit a snag in their new enterprise.

Rhythm City, weekdays on e.tv at 18h30.

RHYTHM CITY

DOC'S priority remains Zinzi. Thandeka promises Solomon that she'll take control of Red. Kenny Gunman returns and demands half a million from David, David tells Jimmy to investigate. Fikile offers to help Mampho and Reneilwe with their plan. Kenny Gunman tells David he now wants R3-million, then tells Doc he needs him to launder the money. Thandeka overhears some of this conversation. By the time DJ T-Bone releases Shakes from the studio, the video has gone viral. Shakes is angry with Mampho. Zolani puts Shakes on indefinite suspension. Toolkit, Speshil and Sabelo are ready to launch the Pass One Pass All Driving School. Thandeka tells David that he has no leverage. Zinzi decides to go to Zer011 to tell David what she thinks of him and is

SHE'S cute, feisty, talented and oh-so lovely!

One

YOU might know this familiar face from Mzansi Magic's soapie *IsiBaya* but she's also the star of the new romcom *Tell Me Sweet Something*, and she's recently been named Neutrogena's ambassador. We got the chance to chat to the talented Nomzamo Mbatha about her love for acting and quirky things.

Nomz

How did you get involved in acting?

I was discovered by Bomb Productions after appearing on TV for the MTV Base VJ Search when they were about to produce *IsiBaya*. I auditioned and they loved me!

Fans know you as Thandeka on *IsiBaya*, and you starred alongside **Maps Maponyane** on *Tell Me Sweet Something*. How different is acting in a movie to acting in a soapie?

It's very different. Film is more intensive and more demanding I suppose because the magnitude of the project is much greater and deeper. However, TV is also very heavy in terms of production.

Tell us more about your character in *Tell Me Sweet Something*?

She's a writer who hasn't been able to write a grand novel after her successful first novel as a young girl. She meets Nat who is a model and interested in showing her a different side to life. It's really something special as they take each other on a journey of love, comedy and adventure.

Which international actor/actress inspires you?

Meryl Streep and Cate Blanchett.

If you had to get stuck in a lift for five hours with anyone, who would you want it to be?

It would be my late baby sister Carla.



e-On-One

With Nomzamo Mbatsha

What is the best piece of advice you were ever given?

"You are needed. Never think that your light is not needed in this world."

Four Quickies

Never Have I Ever: Watched any *Star Wars* movies

Naughty Or Nice: A pinch of both *wink*

Briefs Or Boxers: Briefs

Lunga Shabalala Or Maps

Maponyane: Maps

If you were an animal, what would you be and why?

Jaguar! For its finesse, speed and black fur. It's stunning and dangerous at the same time.

Tell us something we don't know about **Nomzamo.**

I don't wear sandals in public because I'm really conscious about my toes. I recently bought my first pair in perhaps over 10 years!



Maps and Nomzamo in *Tell Me Sweet Something*

ISIDINGO

APHIWE crosses a line and there's no going back. Sechaba's recent past comes back to haunt him. Samantha has a crush right under her nose. Calvin and Aphiwe's attraction to each other becomes evident to Katlego. Eddie, inspired by Rajesh's new take on life, decides to take on Nina in a different way. Brad decides to help Sam regain her social life by becoming her wingman. Gabriel will stop at nothing to keep Aphiwe focused on her work with the church and out of trouble. Rajesh has no luck trying to reawaken his flirtation with Angelique. Samantha and Brad decide to take their friendship to sexier heights. Temptation beckons for Calvin and Aphiwe but will they cross the line? Nina spins dangerously out of control as Barker tries to ground her. Brad is left intimidated by Sam when he realises she's got more experience under the sheets than she let on.

Isidingo, weekdays on SABC 3 at 19h30.

SCANDAL

FEARFULNESS is picked up by others and an ally attempts to reassure her that her fears are groundless. Mlungisi is warmed by reconciliation but chilled by a threat. Ndumiso is taken aback by an unexpected request. Dintle has an unsettling encounter with Lucas which nevertheless intrigues her, and Thembeke has a devastating encounter with the truth. Zinzile is prepared to take a very difficult step, but someone discourages her from doing so. Ndumiso places his fate in the hands of seven numbers. Quinton is determined to play a major role in a virtual stranger's life and Dintle cannot wait to spill the beans. Zinzile fails in a mission and Boitshoko's agenda becomes even more mysterious. A huge material win has Ndumiso hopeful that he can also win a heart. A family reunion leaves one member bitterly out in the cold. Zinzile makes a request of Boitshoko, who is unaware of what Zinzi has in store for her. Gloria makes a startling discovery which causes her to change her mind about someone. Quinton makes a discovery which terrifies Thembeke and Lucas gets support for a plan from a prison acquaintance. Some uncharacteristic behaviour from Zinzile leaves someone scared for the future. Gontse does not know just how unaware she is of the truth of Ndumiso's situation.

Scandal!, weekdays on e.tv at 19h30.

BINNELANDERS

GUSTAV wants to make sure that he and Karli are on the same page. Zeldine's words and her condition make Steve extremely worried. Pippa tries to find out how Christiaan's evening went, and Bronwyn has her own theory about what is going on with Zeldine. Ivanka decides that it is time to move on, and Jean-Pierre is apparently now interested in Karli. Text messages in the Abrahams household is the cause for some drama, and Okkie can't keep his concerns a secret any longer. Herman places Gustav under cross-examination, while Adelyn likes Naomi's daydreams. Bronwyn confronts Zeldine, and Dennis visits the doctor. Jean-Pierre shows his true colours, and a huge deposit isn't what it seems to be. Pippa shares some good news with Naomi, and Lexi tells Ivanka about a new potential love-interest. Gustav jumps to his own conclusions, while Okkie prepares for the big question.

Binnelanders, weekdays on kykNET and M-Net Terrestrial at 18h30.

7DE LAAN

WILL Herman and Willem forgive each other eventually? Bonita realises that Matrone isn't herself. Has Anna gone too far this time? Pulane receives shocking news, will her life ever be the same again? Paula wants to teach Anna a lesson. Is Dewald free of his dark history? Sonja makes a very difficult decision. Oubaas is ready to show Vince what he is made of. Has Gita gone too far this time? Vince feels terrible when he finds out what Hilda has been busy with. Anna puts Paula in her place. Aggie smells a rat. Wian's life is in danger. Does Aggie have a chance at love? Sonja is placed under cross examination, is she the one to blame?

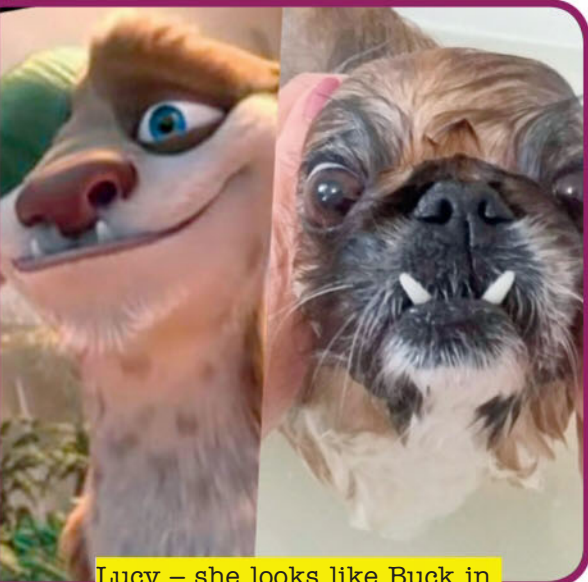
7de Laan, weekdays on SABC 2 at 18h30.

Dear people

Hi everybody! Send only one pic to dearpeople@caxton.co.za with your name and a caption, and put the photo category in the subject line. If your pic doesn't appear on our Dear **people** page, go to the Dear **people** gallery on our website (www.peoplemagazine.co.za) where you can upload your own photos!



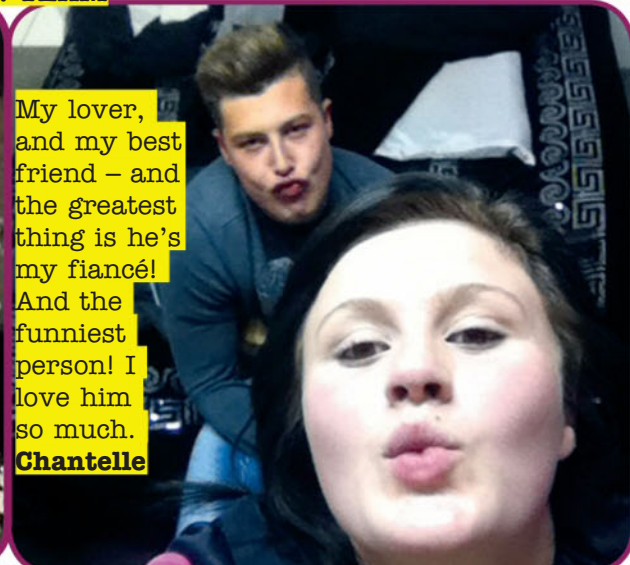
Congratulations to the U17 Eastern football players. To Jenni, Gavin and Mel you are the best coaches we could have ever asked for.
From all the parents of the U17 TEAM



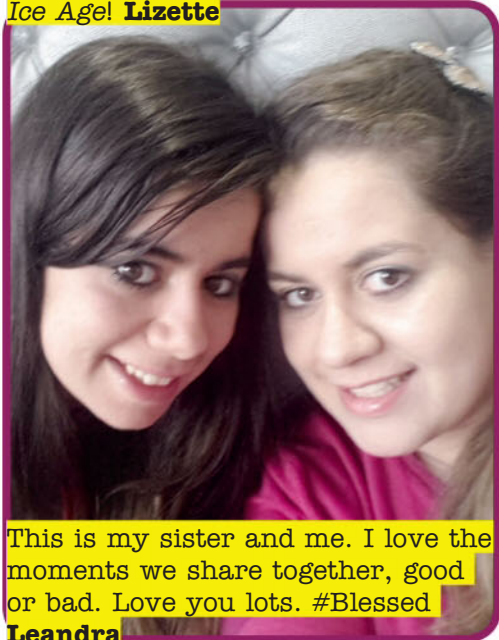
Lucy – she looks like Buck in *Ice Age*! **Lizette**



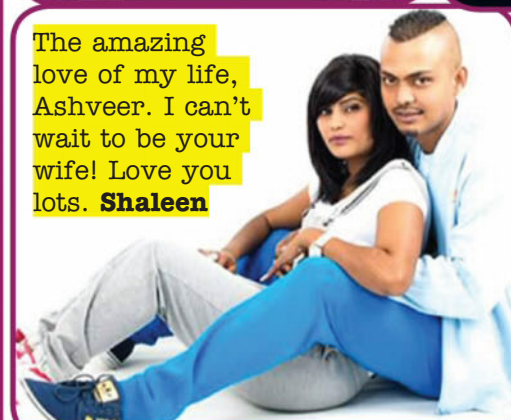
Me, myself and I – self love!
Suzett



My lover, and my best friend – and the greatest thing is he's my fiancé! And the funniest person! I love him so much.
Chantelle



This is my sister and me. I love the moments we share together, good or bad. Love you lots. #Blessed
Leandra

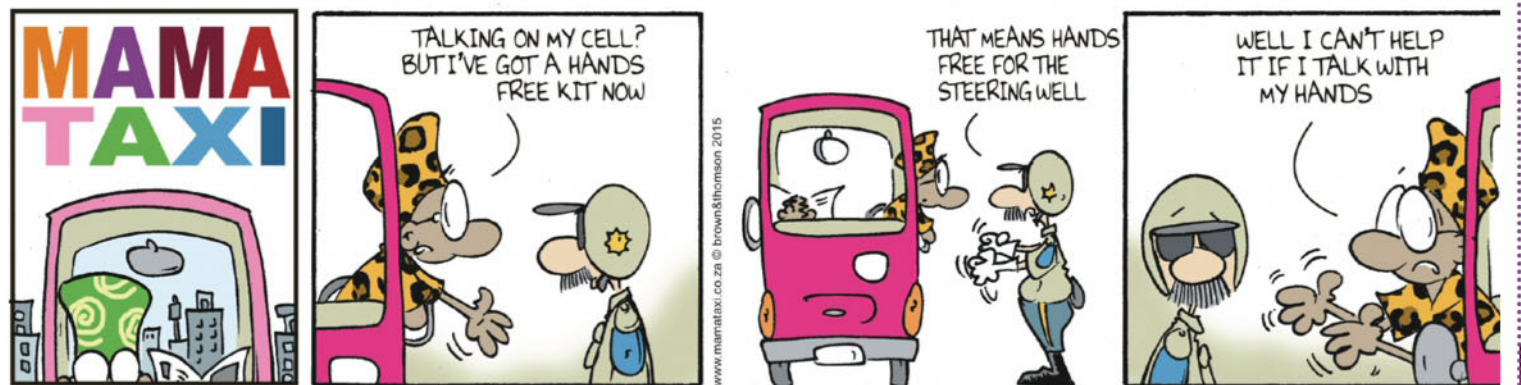


The amazing love of my life, Ashveer. I can't wait to be your wife! Love you lots. **Shaleen**



See more pictures, or upload your own on www.peoplemagazine.co.za

Inanda Comprehensive staff party pic. **Siphokazi**



Holi Croc!

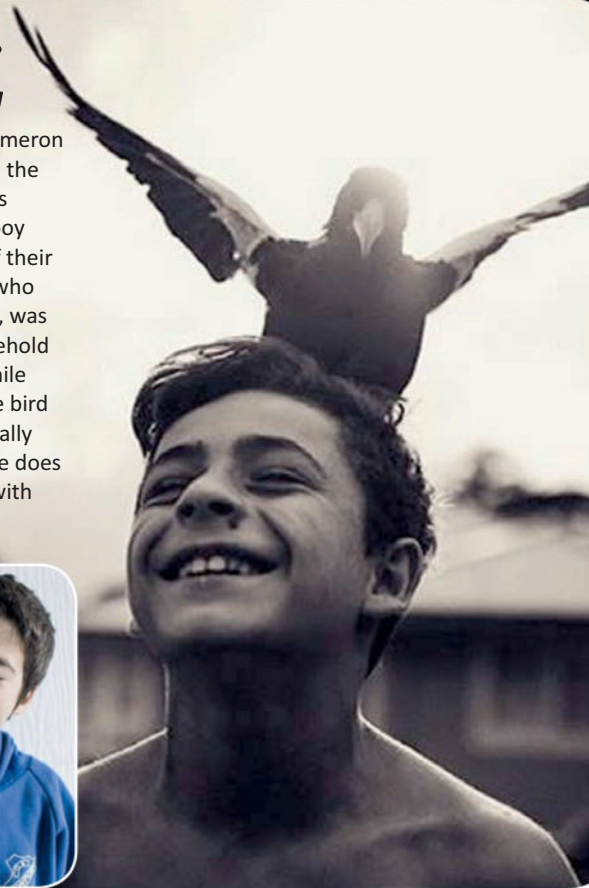
YOU'VE heard of the Holi festival where clouds of different colours pepper the festival goers? Well, that must be where photographer Andrew McGibbon got his inspiration from for his latest shoot, which saw coloured smoke and inky black water surrounding four giant caimans: Dorothy, Mr Snappy, Desmond, and Baby Jeffrey. To prepare for the photo shoot, McGibbon worked with animal psychologist Trevor Smith, as well as reptile specialist Rob Louth. The results of the shoot were, as you can see, amazing, bringing new fascination to the enthralment people already feel from these prehistoric creatures.

PICS: GREATSTOCK; PAN MEDIA



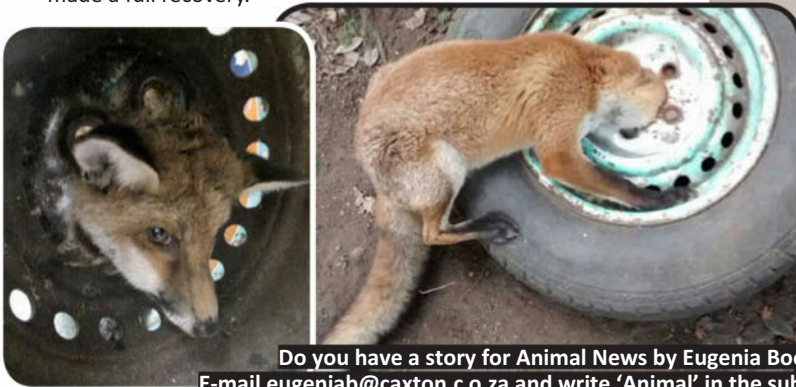
Real Life Bird Boy

AUSTRALIAN photographer Cameron Bloom has pictorially recorded the unlikely friendship between his son, Noah, and a magpie the boy rescued from the surrounds of their neighbourhood. The magpie, who the family has named Penguin, was taken back to the Bloom household and nursed back to health. While they set Penguin free, the little bird likes visiting frequently, especially on cold, rainy nights. When she does visit she plays and even naps with Noah!



All's Wheel That Ends Wheel

CURIOSITY killed the cat, or so we're told, but in this case the animal in distress wasn't a cat, but a fox in London. The young animal was rescued in the English capital city after getting its head stuck in an old campervan wheel. Rescuers from the RSPCA tried to remove the distressed animal by smothering it with olive oil and dishwashing liquid, but that was to no avail. Eventually the fox was sedated and the wheel was removed by a vet. The fox has since made a full recovery.



Do you have a story for Animal News by Eugenia Booi (with pictures) you would like to share with us? E-mail eugeniab@caxton.co.za and write 'Animal' in the subject line. We will give you R500 if your story is published!

Take Me Home

THIS week we have some adorable dogs from Friends Of Rescued Animals.

How To Adopt Me: If one of us has caught your eye and you're willing to provide us with a loving home, please phone FORA on 082 336 5568 to meet us.

TIPS ON ADOPTING A PET

BEFORE you adopt a gorgeous pet, make sure you have considered the following:

- * Do you travel a lot?
- * Does your complex / neighbourhood allow pets?
- * Do you have a safe and secure home for the new addition?
- * Do you have the time and money to look after a pet?

- * Will you love and care for this animal at all times?
- * Will the animal fit in with your other pets?
- * Ensure the breed is one that suits you and your family.
- * Do you have enough space for the pet to run around?
- * Do you have kids? If yes, take the correct security measures before adopting.



Georgie



Hazel



Pie



Pudding



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Strange But True

BY EUGENIA BOOI

The Ice Man Cometh... Maybe

A SIXTY-YEAR-OLD Chinese man stayed chilled in an ice bath for 120 minutes to set a *Guinness Book* world record, but now reports are saying the *Guinness* team isn't confirming the feat. China's Jin Songhao submerged his entire body in an ice bath for almost two hours for longest person to sit in a full-body ice bath. He's getting internet fame, but *Guinness World Records* officials say they have 'yet to receive any documentation of Jin's world record attempt', meaning they cannot confirm it.



PICS: PANMEDIA / MAGAZINE FEATURES

Carving Chaos

THE owner of a plant nursery from China has found himself in trouble after customers were enraged at him for commissioning a series of carvings in living trees. The man employed experts to carve classical Chinese dragons into the trunks of trees growing in his nursery, which were then painted over with gold. The man had hoped to attract more customers and more attention with the art, which was done on 3m-tall Camphor trees. Well, he certainly got the attention, but perhaps not the kind he would have liked. "I am doing this in my own nursery. It's not against the law. I wanted to make it look better for clients," he says.



people

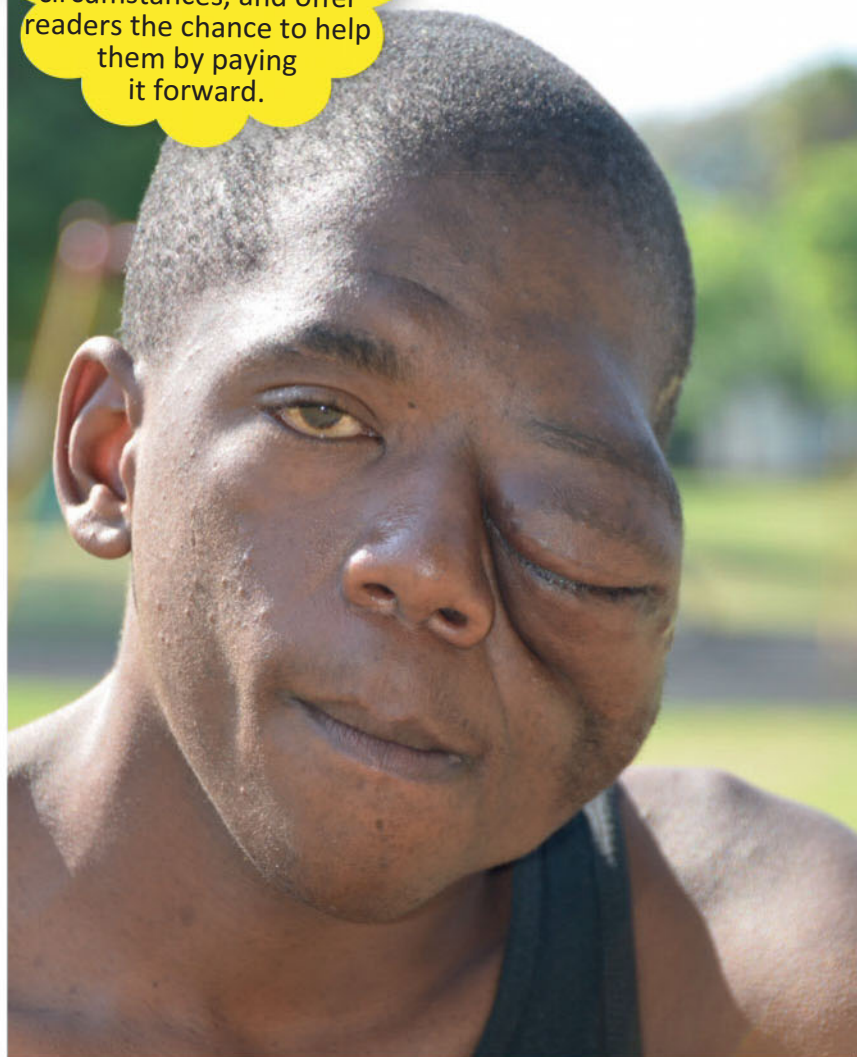
Has Heart

'A Mor

My

BY VANESSA PAPAS

EVERY week we bring you heartwarming stories of ordinary people dealing with extraordinary circumstances, and offer readers the chance to help them by paying it forward.



A TUMOUR is destroying not only the dreams of a hopeful teenager, but his quality of life.

LWAZI PETER is suffering a living nightmare. A giant tumour has obscured the 18-year-old's face and is believed to be growing at an alarming rate. Sadly, he has already lost one eye, which had to be surgically removed earlier this year because it was bulging out of the socket. Time is of the essence as the tumour continues to grow. Doctors have warned, however, that the benign mass is connected to a vein in his brain and cutting it out is just too risky – and could result in trading one deformity for another.

Lwazi was born a healthy baby but over time the expanding tumour deformed his features. One half of his face is distorted, swollen and badly scarred. Chatting to the shy teen from Ebony Park in Midrand, it's almost impossible to even begin to imagine the daily challenges he faces.

"This tumour has changed everything for me as I have had to adjust almost every dream I have to suit my current condition," he says, not making eye contact and fidgeting uncomfortably with his hands. "With each and every career I choose



Waster Tumour Is Destroying

Life'

there are some disadvantages because of the tumour. I have lost all my self-esteem. I have a habit of keeping myself indoors and I feel left out from other kids my age. I don't have many friends (only a small circle who I go to church with) and this hurts. My sister tries to talk me out of this habit of staying alone but sometimes I feel that being by myself is the best thing for everyone," he says. "Different people react differently when they see me. Some freak out and ask questions that I'm not willing to answer. Others feel sorry for me. They have pity. I'm often given different advice and many times the advice is not relevant to my religion. We do take some advice but mostly my parents trust in what the doctors say. When looking in the mirror I feel sorry for myself, especially after meeting people who show pity for me. I wish there was someone who could assist us and take this tumour away forever." Speaking to his mother Leticia Peter, 48, she explains how she and her husband Mbuyiselo have taken their son to see countless specialists and surgeons but none has been able to remove the tumour – and none has even been willing to try. "Mbuyiselo and I have been married for 24 years and have been blessed with three children, Lwazi is the middle child and our only son. I am the only source of income as my husband is currently unemployed," says Leticia,

who works as a teacher at Alex Primary School and is on a family medical aid. "When Lwazi was born we gave him his name, which means 'knowledge', with the hope that he would have all the knowledge and wisdom he deserved. His life hasn't turned out as we had hoped for him." Leticia first realised something was wrong with her child when he was six months old. "One day as I was changing his nappy I saw something wrong with his eye – the pupil of his left eye would move abnormally from one side to another or sometimes disappear. We took him to the Johannesburg General hospital but were told that there was nothing to worry about as it was just something that would disappear as he grew, but it didn't. At the age of five Lwazi's eye started to swell, especially in the mornings. We took him back to the hospital and that was when he was diagnosed with a tumour. We were told that there was no treatment for it but surgical procedures could be done when needed." At the time the family were living in the Eastern Cape. In 2004, the Eastern Cape Minister Of Health saw Lwazi at school and sent him to Frere hospital in East London where he was referred to Red Cross Childrens' Hospital in Cape Town. "Again, we were told that there is no cure for his tumour as it is connected to his brain vein," she says. "His eye continued to grow and grow, until it was bulging out of the socket." Lwazi underwent his first and second operation at St John's eye clinic in Chris Hani Baragwanath Hospital, in 2005 and 2006, by a surgeon well known for his work in glaucoma as well as orbital

tumour removal and reconstruction. In 2010 Lwazi underwent a third operation at ARWYP Medical Centre in Kempton Park. In August this year, he had yet another operation, this time to 'reconstruct' his face with the hope that doctors could do plastic surgery so that he can wear glasses. "The operation was such a disappointment," says Leticia. "Once again we were told that doctors cannot take out the tumour as it is connected to a brain vein. Therefore he won't be able to wear glasses. Last month Lwazi went for a CT scan and the feedback was that the tumour is growing faster than before the operation. We are at a complete loss and don't know what next to do. Lwazi grew up as a quiet, shy child who never liked to play with other children, mostly, I think, because he was ashamed and embarrassed of his appearance. Although he is a smart child, after 2009 his performance at school dropped. As a result we decided to enrol him at a skills centre called Adelaide Tambo Special School in Soweto, where he is still attending. Lwazi is very handy as he likes to help his father with plumbing and welding jobs. As his parents our greatest fear is that this tumour is depriving our son opportunities to do what he likes best. Right now he wishes to be the best chef ever, but with his facial deformity it's probably never going to become a reality. We would also love to see him one day successful, married with his own kids and able to carry on the family legacy, as he is our only son. We are continually telling him that a miracle will happen and things will be okay, but as time goes by I myself am beginning to question whether this tumour can be removed and whether he can finally lead a normal life."



PAY IT FORWARD

IF you are in a position to help Lwazi – either medically, financially or with his dream to be a chef – please e-mail mandisa.mbambato@gmail.com for more information.

If you would like to contribute financially, the bank account details are – **Account Holder:** Lwazi Peters; **Bank:** Nedbank, **Account number:** 1091453683; **Branch Code:** 149305; **Type:** Savings



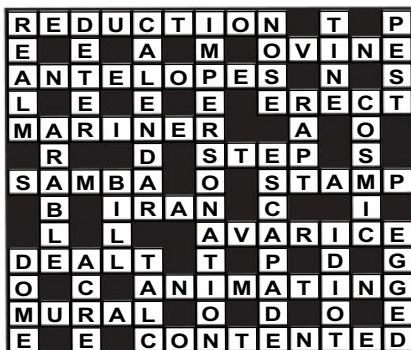
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PUZZLE ANSWERS

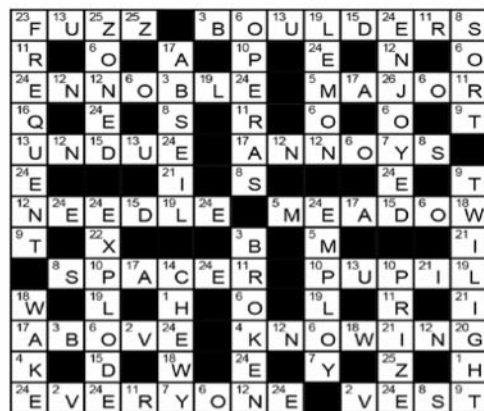
Even Exchange

- Twirl, Twill
- Weaver, Weaker
- Island, Inland
- Chick, Check
- Shrew, Strew
- Brooks, Brooke
- Grand, Grant
- Irate, Orate
- Gadget, Gidget
- Tonic, Topic

Cryptic Crossword



Codebreaker



Arrow Word



Sudoku

6	9	8	2	7	3	4	5	1
1	3	7	4	9	5	2	8	6
2	4	5	1	6	8	9	3	7
5	1	6	7	4	2	3	9	8
3	2	9	8	1	6	7	4	5
8	7	4	5	3	9	6	1	2
9	5	3	6	2	1	8	7	4
7	8	2	9	5	4	1	6	3
4	6	1	3	8	7	5	2	9

Maths Quiz

8	5	3	5	9	4	5
8	8	7	2	2	5	7
4	1	5	5	1	0	
4	1	8	6	9	3	
1	7	7	3	5	3	
5	3	0	6	5	4	6
9	2	4	4	1	2	2
4	0	7	3	0	1	

Go Figure

3	-	1	x	8	16
x		+		-	
6	+	9	÷	5	3
-		x		x	
7	x	2	-	5	9
11		20		15	

Killer Kakuru

3	4	1	2			8	9	6	7
5	2	3	1			9	7	8	5
		2	4	3	1	6	8		
7	6			1	2			8	9
9	5		1	2	4	5		9	7
	1	2	4			1	2	4	
	3	1	2			3	1	2	
3	4		3	4	2	6		1	2
1	2			2	1			3	1
		2	4	1	3	7	9		
5	2	3	1			8	6	9	7
3	4	1	2			9	8	7	5

Celeb Wordmatch

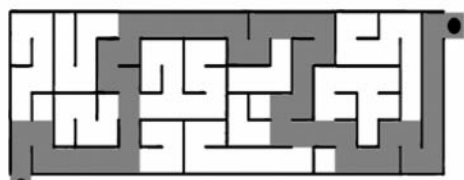
WITCH	D	O	C	T	O	R	DOOM
LUCKY		C	H	A	R	M	BRACELET
SILVER	D	O	L	L	A	R	SIGN
DEEP	F	R	O	Z	E	N	SOLID
ALL	S	E	E	I	N	G	DOUBLE
AFTER	T	A	S	T	E		BUD
PRETTY		P	E	N	N	Y	ARCADE
LIFE	S	A	V	I	N	G	GRACE
WHITE	K	N	I	G	H	T	HOOD
STOOL	P	I	G	E	O	N	HOLE
WORK	B	E	N	C	H		PRESS
BATTLE	R	H	Y	T	H	M	GUITAR

Jumbo Crossword

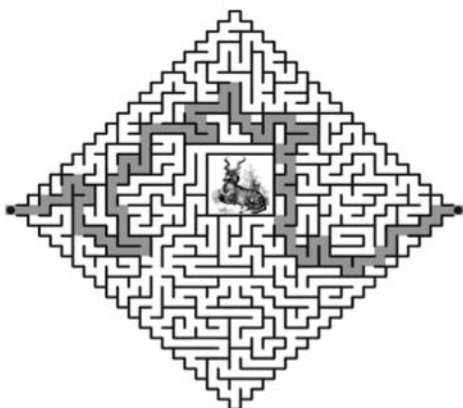
ACROSS: 3. VILLA 7. STORK 11. SCOPE 17. EXAMEN 18. APPLE 19. UNITE 20. REBATE 21. RHYME 22. ERASE 23. ADDER 24. AGASSI 25. AXLES 26. SAUNA 27. TIDBIT 28. OBESE 29. TEPID 30. CRAZE 31. KEN 32. RAW 33. APATHY 37. CAYENNE 40. DELUDE 44. EPHOD 48. GREED 50. OVERDO 51. HEEDS 53. IMPALA 54. UGLI 56. IMPS 58. USE 59. SKEWER 60. DEW 62. ASSUME 63. RED 65. NERVE 66. FINED 67. STOLE 68. DITTO 70. ANENT 74. HUNK 75. AMPLE 77. LOONY 79. HALO 80. STUN 81. NIT 82. AUNT 83. CROW 84. GAINS 86. IN ALL 88. IDEA 89. DEPOT 91. EARTH 94. EVOKE 96. BOGEY 98. ADORE 100. DOG 101. LINGER 102. NED 103. PEN PAL 104. NOD 105. GYRE 109. FUSS 111. ATTICS 112. INDIA 113. DISOWN 114. AERIE 116. A TASK 118. ELDEST 120. SKID ROW 123. RELY ON 125. LIP 128. YET 130. MINOR 132. SKIFF 134. ERECT 137. CRAVAT 138. VAGUS 139. LANCE 140. EIGHTY 141. GAZED 142. ROPED 143. EWING 144. STEP UP 145. REALM 146. CEASE 147. SENNET 148. SHOTS 149. YEATS 150. STEER

DOWN: 1. REMARK 2. SAVANNA 3. VERSO 4. INHIBIT 5. LAMAS 6. APEXES 7. SLEET 8. TERSELY 9. RUSSIAN 10. KNEAD 11. STANCE 12. CEDAR 13. PRETZEL 14. EERIE 15. JAMBOREE 16. BESTOW 34. POOL 35. ADVISED 36. HARVEST 38. AGHA 39. NOSY 41. ESPOUSE 42. UGLIEST 43. DRAM 45. PAUSE 46. BOREDOM 47. KINSMAN 49. EASEL 52. EVEN 55. GERONTOLOGY 57. PROS AND CONS 58. UNCHECKED 60. DIMENSION 61. WELL TIMED 64. DECORATED 69. ISTLE 70. TANGO 72. NYALA 73. NONET 76. PSI 78. OVA 85. ATHEISM 87. LEGENDS 89. DELETED 90. PANSIES 92 RIPOSTE 93. HALFWAY 95. VOGUE 97. GELD 99. ROSES 106. RAIL 107. LINK 108. SAGO 110. UNTO 115. REPEALED 117. ANYTHING 119. EPITAPH 121. IRKSOME 122. REFLECT 124. LICENSE 125. LOCUST 126. GRADES 127. RECESS 129. TRYSTS 130. MAGUS 131. OVERT 132. SURLY 133. FADES 135. REWET 136. TIGER

Kids Maze



Mega Maze



Scramblers

- Smart; 2. Torment; 3. Element; 4. Search

Today's Word

STEREO

Sticklers

The answer is 2.
Jackie is Kelsey's aunt.

Number Crunch

$$\begin{array}{r} 33 + 165 = 198 \\ + \quad + \quad + \\ 284 + 417 = 701 \\ \hline 317 + 582 = 899 \end{array}$$

Missing Links

189	÷	3
63	+	16
79	x	11
869	+	69
938	÷	7
134	-	22
112	÷	8
14	x	12
168	x	4
672	+	233
905	-	761
144	x	5
720		

General Knowledge Blockword



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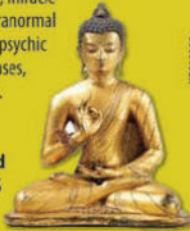
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BY WILLIAM SMITH

ARIES: Mar 21 – Apr 20

Your Week: Enhanced self-reliance enables you to control and complete your work projects most impressively. Admirable concentration means that neither interruption nor interference puts you off your stroke. Artistic endeavours may suit your mood.
Taken: You will find that well-timed little acts of love and kindness work wonders.
Single: If you are romantically inclined, be the one to initiate the amorous action.
Power Days: Thursday & Friday (special projects)
Lucky Numbers: 3, 15, 18, 22, 23, 49

LEO: Jul 24 – Aug 23

Your Week: Assuming you have aspirations for gaining greater status in business, official or social spheres, this appears to be an auspicious cycle for considerably upgrading your authority. You can negotiate successfully with prominent figures.
Taken: Play it free and easy in relating to your true love. Try to avoid sensitive issues.
Single: Your upbeat romantic nature is sure to bring you loads of happiness in return.
Power Days: Thursday & Friday (seeking a job or raise)
Lucky Numbers: 3, 5, 17, 21, 35, 44

TAURUS: Apr 21 – May 20

Your Week: You should get along pretty well with those who share your environment and ought to thrive on partnership and have a pleasant social life. Collaboration works wonders in instances where individual efforts fail to produce desired results.
Taken: Tender and endearing expressions of love put you in your darling's good book.
Single: You are hyper-passionate now and ready to take the lead in intimate exchanges.
Power Days: Wednesday & Thursday (shared pleasures)
Lucky Numbers: 5, 11, 26, 30, 31, 47

VIRGO: Aug 24 – Sep 22

Your Week: This is an auspicious time for becoming community orientated if you have such concerns and valid suggestions playing on your mind. Friendship is also highlighted at this time. New acquaintances could help you to shape important personal goals.
Taken: Partnership can be strengthened. Sharing interests gives plenty of pleasure.
Single: Supremely sensual with boundless zest, you are geared to grasp the initiative.
Power Days: Wednesday & Thursday (making new friends)
Lucky Numbers: 9, 18, 20, 34, 42, 44

GEMINI: May 21 – Jun 21

Your Week: Assertive and eager to get results, you are now apt to take control of events and force results. While this winning attitude ought to impress certain types and attract their support, others might resent your all-or-nothing conviction.
Taken: You and your sweetheart are now on the same emotional and loving wavelength.
Single: Do not be surprised if you find yourself irresistibly drawn to someone new.
Power Days: Thursday & Friday (starting out anew)
Lucky Numbers: 8, 13, 15, 20, 33, 43

LIBRA: Sep 23 – Oct 22

Your Week: Should you be suffering from lack of vitality or any complaint, you could perhaps gain some relief through natural healing and alternative therapy. Now is the time to try something different. Positive prayers are also very effective.
Taken: Capitalise on the powerful romantic current between you and your sweetheart.
Single: Another admirer might have you wondering whether he or she is the right one for you.
Power Days: Thursday & Friday (resolving private concerns)
Lucky Numbers: 1, 14, 21, 22, 37, 41

CANCER: Jun 22 – Jul 23

Your Week: Since this is a significant round for expansive endeavours, you should consider broadening your horizons. You can do so physically, intellectually, religiously or philosophically. The choice is yours and you will derive benefits.
Taken: Cheer up your sweetheart, because the onus is on you to be entertaining and humorous.
Single: Socialise if still heart-free since you are sure to attract lots of attention.
Power Days: Wednesday & Thursday (expansive thinking)
Lucky Numbers: 7, 12, 24, 25, 36, 40

SCORPIO: Oct 23 – Nov 22

Your Week: Ambitious and strong-willed, you are obviously getting a better grip on outer interests. You do indeed have the ability to control your life and to achieve your cherished aims. People will be impressed with your great self-confidence.
Taken: Discussions bear fruit, since you are so well in tune with your sweetheart.
Single: As far as romance is concerned, you are poised to set someone's heart on fire.
Power Days: Wednesday & Thursday (worldly aims)
Lucky Numbers: 2, 16, 28, 32, 38, 40

ASTRO PROFILE

WHAT THE STARS SAY ABOUT...

KATY PERRY October 25, 1984

KATY PERRY was born Katherine Elizabeth Hudson. She is an American singer and songwriter, and achieved fame with the hit *I Kissed A Girl*. Growing up she sang gospel songs in church, unsurprisingly since her mother and father are both pastors. Katy, who has a contralto vocal range, moved to Los Angeles after graduating from high school, and the 18-year-old was soon signed to a record label. Her greatest influence is the British group Queen. She is a Sun Scorpio with Libra Rising; also has the Moon, Mercury, Saturn and Pluto in Scorpio, so she is truly beautiful, sensuous, perceptive and businesslike, with self-transforming powers. Venus and Uranus in Sagittarius makes her generally and romantically adventurous, so she is apt to shock and surprise others with her actions. However, with Mars, Jupiter and Neptune in Capricorn, she plans and handles her career admirably, and was destined to make her mark and fortune in spectacular fashion.



PICS: WWW.ELITEPHOTOAGENCY.COM

SAGITTARIUS: Nov 23 – Dec 21

Your Week: Your enhanced business and financial sense is your key to new riches providing it is not undermined by your liking for pleasure. You will find this session fortunate for increasing your income and adding to your store of possessions.
Taken: This is a vital session for reaffirming commitment and strengthening bonds.
Single: A new admirer makes up for a lot, assuming you have recently been on your own.
Power Days: Thursday & Friday (money planning)
Lucky Numbers: 4, 9, 10, 23, 39, 42

AQUARIUS: Jan 21 – Feb 19

Your Week: Family matters are highlighted in a positive manner. You can mend damaged relationships and bridge generation gaps. Make the most of a fortunate time for finding a new home, if that is your need, or for improving your current habitat.
Taken: You and your lover are generating mutual passion so this is an exciting ambit.
Single: If you are still seeking true love, you may now meet that special someone.
Power Days: Thursday & Friday (family issues)
Lucky Numbers: 1, 19, 29, 30, 41, 46

CAPRICORN: Dec 22 – Jan 20

Your Week: Give precedence to intellectual activity. Become a student in order to absorb sufficient knowledge to launch yourself firmly on the road to a better future and start doing so forthwith. Let your power of observation make you special.
Taken: Enjoy close intimate exchanges. Your relationship will benefit from it.
Single: A newcomer, who is both enchanting and attractive, could be right for you.
Power Days: Wednesday & Thursday (important visits)
Lucky Numbers: 6, 7, 11, 25, 31, 45

PISCES: Feb 20 – Mar 20

Your Week: A change in your circumstances has a favourable implication for you. You will likely get a new opportunity to prove your worth to those who have enough influence to boost your prospects. It is time to move up the ladder of success.
Taken: You do not need to try too hard to please; just be ultra-loveable and caring.
Single: It is indeed time to fan the flame of love and passion so shape up amorously.
Power Days: Wednesday & Thursday (romantic moves)
Lucky Numbers: 2, 10, 11, 27, 31, 48



'A Stranger Saved My Life'

AFTER a terrible dispute, he was found in a place of safety. This is his story.

"FOR a long time I've felt a deep void in my life. I've always been alone and it depressed me. This drove

me to drink. One Saturday afternoon I went out to celebrate my birthday at a well-known pub with a few of my colleagues. What was supposed to be a good time changed my life forever, all because of a complete stranger who saved my life and soul.

All I could remember was that I had an argument with one guy over a lady who I know. He thought I was asking her out and that was not the case. I was intoxicated and ended getting in a fight with him and his friends joined in. I blacked out. The following day I woke up on a church floor next to a pulpit. I don't know how I got there. The first thing that I noticed was my dirty clothes

and a terrible headache. I was wearing only socks and trousers. My wallet and all my other belongings were missing. They had taken my shoes, shirt and valuables.

I felt like a rodent trapped in a corner; not knowing what to do or say. I didn't know anyone there. But my heart was at ease and I felt safe.

After the church service a stranger called me aside and gave me a bag with old shoes and a jersey and a Bible. He told me how I was chased right into the middle of the busy traffic by people who came from the club. A taxi driver saved me from the crowd on his way to church. I can't believe that happened to me. He asked for help because I was unconscious and prayed for my health. Ever since that incident, I have accepted Jesus Christ as my Lord and Saviour. This experience proved me wrong about strangers."

'But my heart was at ease and I felt safe.'

'Living The Struggle With My Kids'

THIS is a story for all the born-frees. A young woman describes how she's struggling to provide for her kids with no support from their fathers.

"I HAVE five children, with a sixth on its way, from three different men.

I have been so stupid and naive that when my past boyfriends said they hated using condoms and I that I wouldn't fall pregnant if we didn't use them, I swallowed it like candy. It my fault, and I know that. Through my own insecurity and fear of being alone I went with it, but the minute they found out I was pregnant they ran away faster than lightning.

The first time was not so bad because the father died in a car accident, so I didn't feel so used or embarrassed, but to follow the same path twice after that – what was I thinking? Today I have a Matric certificate, a job in a supermarket but six children that the State has to help me provide for. It was hard to even find the fathers and when I did they humiliated me

and told me they have no job for support money. It is embarrassing to run after them and at the end of the day I end up having to take time off work, where I have already been given a written warning for staying out so much.

It's too late for me to turn back the clock, all I can do is work and survive. I hate the way my body looks and I don't even have time for myself, but I have a mind of my own and I have to accept the consequences of my actions because nobody forced themselves on

'The minute they found out I was pregnant, they ran away faster than lightning.'

me. I want people to learn from my mistakes and remember to love yourself and put your needs and dreams in place before thinking of what your partner wants. We live in a world where you can't expect to be able to look after a child if you can't even look after yourself first. Enjoy being young and free. It's is your constitutional right!"

HAVE YOU SEEN THEM?

THE largest number of missing children worldwide are runaways, then family abductions, being lost or injured, and non-family abductions.



THOKO ELSIE NSINDENI

Disappeared: August 26, 2015
Age: 45

Thoko left home in Orange farm and has been missing ever since.



CYRIL MANGANYI

Disappeared: March 15, 2015
Age: 46

Cyril left home in Vosloorus and has been missing ever since.



NOMLANTILA MBATHA

Disappeared: July 17, 2015
Age: 46

Nomlantila left home in Katshelezi and has been missing ever since.



AARON MADIDE

Disappeared: August 27, 2015
Age: 47

Aaron left home in Evaton and has been missing ever since.

HELPLINES

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E-mail: info@powa.co.za

Web: www.powa.co.za

Rape Crisis (021) 447-1467

E-mail: info@rapecrisis.org.za

Web: www.rapecrisis.org.za

Lifeline (011) 715-2000 / 0800 012 322

Childline 082 233 2333 or 0800 055 555

SAPS Family Violence, Child Protection And Sexual

Offences Unit (FCS) (011) 403-3413

Teddy Bear Clinic (011) 481-5161

Aids Helpline 0800 012 322, or (011) 880-0405

Web: www.aidsinfo.co.za

Anorexia and Bulimia Family Support Group (011) 640-1965

Web: www.edsupport.co.za

Cancercare Centre (011) 646-5628

SA Depression & Anxiety Support Group (SADAG)

(011) 783-1474 or (011) 884-1797

Alcoholics Anonymous South Africa (011) 452-9907

SANCA (011) 482-1070

Gamblers Anonymous 0800 006 008

If you think you've seen any of these people, or would like to report a missing person, contact the Bureau For Missing People on (012) 393-2005, or fax (012) 393-2012. Missing people can contact the bureau to let them know they're alive and well – even if they don't want to get in touch with family.

IN South Africa alone, almost 1 000 children are reported missing every year. The actual figure is probably much higher. Currently the police have an 82 percent success rate finding the children. Ideally they'd like to achieve a 100 percent success rate. But they need your help! Have you seen any of these people?



Wonderland Festival

THE Wonderland U18 music festival took place on October 3, 2015 in Sandton, Johannesburg. Of course **people** magazine was there to snap pics of all the action. Check out www.peoplemagazine.co.za for more pictures from this year's Wonderland Festival.



After a long surgery, these two sisters can now live separate lives



Now at home with their parents and brother, the twins are happy and healthy



SOURCE: CYNTHIA VICA COSTA



THE parents of a pair of conjoined twins speak out about the difficult pregnancy, birth and separation, and their joy at having their girls at home.

With Faith & Hope: The Formerly Conjoined Twins

ELYSSE MATA always wanted a baby girl. After giving birth to a son, she dreamed of having a daughter. She got her wish – two-fold.

“When I went for my first ultrasound, the technician had a blank look on her face, as if she’d seen a ghost,” says the 25-year-old mother. “I said to my husband, ‘Hey, that’s not good’.” Elysse’s first thoughts were that there was no heartbeat or that the technician saw a serious abnormality. A doctor then entered the room to tell the couple that there were twins with two heartbeats, but that the babies ‘looked like they were conjoined’.

Eric Mata, 29, instantly Googled the meaning of conjoined twins. Shocked, the couple couldn’t believe their ears. “My heart sank at that moment and I just froze... I was like, ‘This can’t be real’,” says Elysse. Fearful that her daughters would be stigmatised and ridiculed, she cried in her husband’s arms.

“I was scared,” says Elysse, “What if there’s one heart and not two, making it impossible to separate them?”

Deeply religious, they agreed to keep the twins whatever the case.

“A doctor suggested that I terminate the pregnancy,” says Elysse. “But that was never an

option. I told him, ‘I’m going to go as long as I can and if God decides that He needs them more, then so be it’.”

Thus began a more than a year-long journey in which the parents would have to see whether the girls would remain attached or be separated to live independent lives.

When Knatalye Hope and Adeline Faith were delivered by cesarean section on April 11, 2014, nine weeks premature, it was love at first sight for the parents. Each weighing 1.6kg, the sisters looked perfectly healthy except for the fact that they were attached from the ribcage to their pelvis, in addition to sharing some internal



organs like the liver, lungs, intestine, bladder and pelvis. Luckily, each girl had her own heart, beating separately.

"It was heaven on Earth, just to be able to hold them so close to me... Everybody talks about when they see their baby, they don't count their toes, they just see a baby... I just saw two miracle angels lying there peacefully sleeping."

The loving parents decided to move and live in a trailer home close to the hospital where Elysse gave birth and the girls were in intensive care. The two felt lucky that the twins survived past the first day. Roughly 35 percent of conjoined twins die after their first day.

As the girls grew and got stronger, Elysse visited them every day to hug, kiss, feed and talk to them. The nurses bathed them and changed their nappies. It was heartbreaking for Elysse to leave them at night to go home, but she had to tend to her son Azariah, too.

As the sisters thrived, Dr Darrell Cass, a paediatric surgeon, told the parents that their girls were good candidates for separation surgery.

"I wanted to give them a shot at a normal life," said Elysse. "I didn't want to lose them and knew there was a risk... But if I dwelt on that, I'd just miss out on what could be a positive outcome."

Says Eric, "I tried to tell her, look we could lose them both. You just gotta be ready."

There were risks, doctors warned, but the advantages outweighed the risks.

As the girls grew, Dr Cass and the hospital staff, a team of paediatricians, radiologists, plastic surgeons and gynecologists, built a three dimensional model of their organs, practicing on mannequins to simulate what they'd do when it came time to do the actual surgery. Despite that, there was still a chance the twins could die during the million-dollar surgery.

To prepare, the sisters underwent surgery whereby tiny balloons filled with saline were inserted to stretch their skin so there'd be enough to cover their organs when they were separated.

By the time they were 10 months old, Dr Cass and his team scheduled a February 17, 2015 operation. Cameras captured the complex procedure that lasted 23 hours. The anxious family camped out at the hospital's waiting room for the doctors'

updates. Knatalye Hope was doing fine. But her sister Adeline Faith's heartbeat slowed down when their liver was divided. It worried surgeons. "We had challenges we had to work through," said one surgeon. But they managed to get it stabilised. After 15 hours of surgery, the doctors continued working their way down the girls' bodies, separating their bladders and uteruses. It took 18 hours to completely separate them; the last five used to close their wounds and perform plastic surgery. Knatalye went to recovery first; her sister, Adeline, followed a few hours later. Dr Cass was overcome with emotion and cried when he saw them separated outside the operating room. "It's very, very heartwarming actually to see them come out and be separated," he said.

Elysse clapped and hugged her husband when doctors told them that the operation was a success. "You see, I told you," she laughed and cried at the same time. Both girls emerged connected to a bundle of tubes and monitors. Knatalye was able to get off her feeding tube first and recovered faster than her sister. She was the first to be released from the hospital.

"When I first saw Addie, it was a little scary," says Elysse, who was frightened by her daughter's helpless fragility. By June 10, Adeline came home to a hero's welcome.

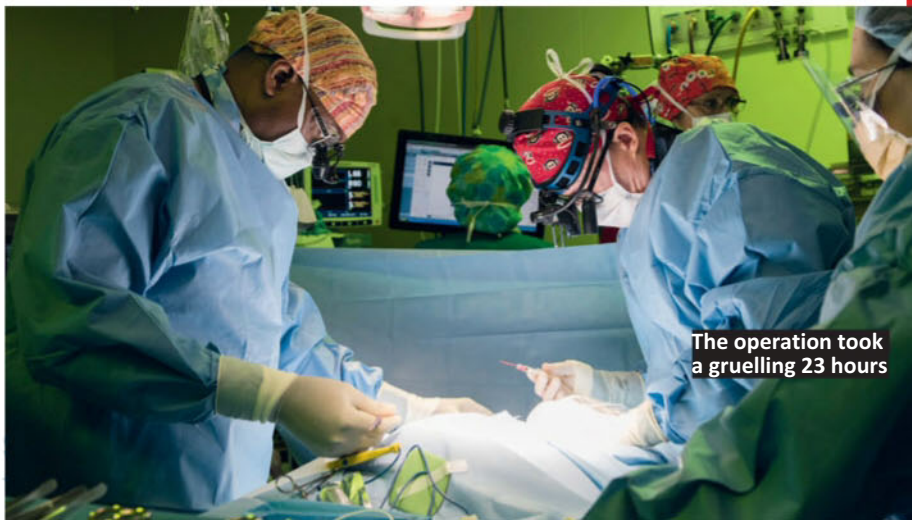
"Let's keep it simple, later we can reach for the stars," Eric told his wife. "I still can't believe this is happening," she smiled.

At home, the twins are growing normally and thriving as they learn about the world around them – seeing for the first time the light of the moon or hearing the sound of birds and popcorn popping. They're also developing needed skills so they can live separate lives, but it's a slow process. Knatalye Hope's head still tilts to the right as when she was attached and Adeline Faith's weight has ballooned because of all the medication she takes. They were also operated on in September to correct their clubbed feet.

The twins have distinct personalities.

"Knatalye Hope is my smiley, happy, wild child," said Elysse. "Adeline Faith is the quiet one, more laid-back than her sister."

A lesson the mother has taken from the experience is: Don't give up. "My advice to everyone is that there are miracles everywhere you may not see at first."



The operation took a gruelling 23 hours

Verdict

BY WALTON GOLIGHTLY

OLD ENOUGH TO KILL

CRIMES committed by teenagers are often more shocking than those committed by seasoned criminals.

IT was the early morning hours of May 12, 2007, in Manheim Township, Lancaster County, Pennsylvania. A strange noise had awoken varsity student Margaret Haines. Going to investigate, she entered her parents' bedroom to see her father lying on the bed and her mother sitting nearby. Her mother quietly told Margaret to get help.

It was about 02h00. By the time police arrived, Thomas Haines, 50, Lisa Haines, 47, and their son Kevin, 16, were dead after having each been stabbed multiple times. The parents were found in their bedroom, Kevin lay outside his room at the end of the upstairs hall. Bloody shoeprints showed where the killer had tried to clean himself in the kitchen before leaving the house through a glass sliding door at the rear.

Nothing had been stolen and there was no sign of a forced entry. Just when it seemed as if the authorities would be left scratching their heads, they received a call from Timothy Kreider – his son had confessed to the murders.

Alec Kreider, 16, was a close friend of Kevin Haines and had wept copious tears at the funeral. He had been interviewed by the police at the time, but had not been deemed a person of interest. The murder was not 'a random act', Lancaster County DA Donald Totaro later said. Kreider entered the Haines home 'with the intent to kill'.

DA Craig Stedman told the court that Kevin 'put up a significant struggle for his life', but finally succumbed to 11 stab wounds and 15 other cuts. His throat had been ripped out, added Stedman, who went on to read excerpts from a journal that Kreider began keeping after the slayings. Here, the teen expressed a 'want/need to kill people' and admitted having 'murderous thoughts'.

Kreider had also confessed to a fellow inmate in prison where he had been held since his arrest. When the inmate asked Kreider if Kevin had been scared during the attack, Kreider laughed and said, "Very!"

Kreider never confessed to the police. Neither did he display any remorse or say why he had killed Kevin and his parents, despite emotional statements by family members and the judge's repeated offers to let him speak on his own behalf. But the state's case was buttressed by an assortment of physical evidence, including the murder weapon, shoes that left matching footprints in the home, and DNA.

"He is a deviant, cowardly triple murderer," Stedman told the judge before he sentenced Kreider to three life terms without parole. Although tried as an adult, Kreider's age saved him from the death penalty.

'I Poured Drain Cleaner To Blind Myself'

FOR most people becoming blind would be a living nightmare – but for this North Carolina woman it was the fulfilment of a lifelong dream.

Exclusive!

JEWEL SHUPING, 30, from North Carolina, USA, has Body Integrity Identity Disorder (BIID), a condition whereby able-bodied people believe they are meant to be disabled. Jewel's case involved a desire to be blind, and it was a need so strong that in 2006 she decided to blind herself – by having a sympathetic psychologist pour drain cleaner into her eyes. According to Jewel, her fascination with blindness began early in childhood. She says, "When I was young my mother would find me walking in the halls at night, when I was three or four years old. By the time I was six I remember that thinking about being blind made me feel comfortable." As a child she would spend hours staring at the sun, watching sunspots and solar storms, after her mother told her it would damage her eyes. In her teens she started wearing thick black sunglasses, getting her first white cane at age 18 and becoming fully fluent in Braille by the age of 20. Jewel says, "I was 'blind-simming', which is pretending to be blind, but the idea kept coming up in my head and by the time I was 21 it was a non-stop alarm that was going off." Determined to make her dream a reality, Jewel found a psychologist willing to help her become blind – an act which she compares to a deaf person wanting to get a cochlear implant. The psychologist put in numbing eye drops – acquired by Jewel during a special visit to Canada – and then a couple of drops of drain cleaner in each eye. "It hurt, let me tell you. My eyes were screaming and I had some drain cleaner going down my cheek burning my skin. But all I could think was, 'I am going blind, it is going to be okay'." Despite a hospital's attempts to save her vision – against her wishes – her eyes were permanently damaged, although it took around half a year for the damage to take full effect. Jewel says, "When I woke up the following day I was joyful, until I turned on to my back and opened my eyes – I was so enraged when I saw the TV screen." But over around six months the sight in both her eyes slowly went away. Her left eye suffered a 'corneal meltdown' – collapsing in on itself and requiring the eye to be removed – while her right eye had glaucoma and cataracts, as well as a webbing of scars. Jewel originally told her family it had been an accident, but they eventually found out the truth – causing both her mother and sister to cut contact. However, she has been supported by her former

Jewel says that she is happier than ever now that she is blind



leaner In My Eyes

fiancé Mike, 50, who is registered legally blind – although in his case due to naturally occurring early-onset macular degeneration.

Jewel, who is studying for a degree in education, now says she has no regrets and that she dreams of helping other blind people live an independent life.

“The only thing I would want to see again is my dad’s face, although sadly that’s not possible as he’s no longer with us,” Jewel says.

“I really feel this is the way I was supposed to be born, that I should have been blind from birth. When there’s nobody around you who feels the same way, you start to think that you’re crazy. But I don’t think I’m crazy, I just have a disorder.”

Jewel is now sharing her story to help raise public awareness of BIID and to encourage people with the condition to seek professional help.

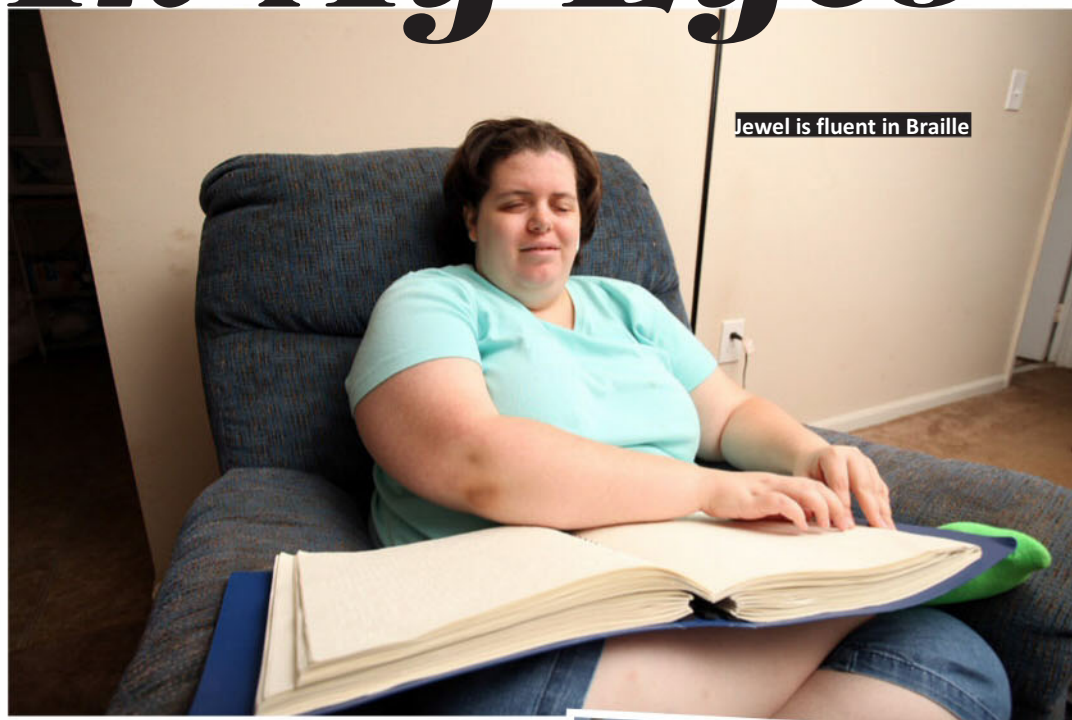
“Don’t go blind the way I did. I know there is a need but perhaps someday there will be treatment for it. People with BIID get trains to run over their legs, freeze-dry their legs off, or fall off cliffs to try to paralyse themselves. It’s very, very dangerous. And they need professional help,” she says.

Dr Michael First*, professor of clinical psychiatry at Columbia University in New York, who coined the term BIID, says, “Any major disability can be a focus of BIID, from amputation to paraplegia and blindness. These people are aware that this feeling of theirs is unusual – they know it is coming from within them. They can’t explain it. But because of this level of awareness we don’t consider this to be something that we would consider evidence of psychosis. In the world of psychiatry cures are rare, very often it’s about asking how you make someone’s life fulfilling despite their condition. Now the problem of course is, if you have a particular individual who wants amputation or who wants to be blind, how do you know once you have done it that they are going to be satisfied?”

And while Jewel is happier than ever living as a blind woman, she says she can see why people who were born with a disability or who acquired one involuntarily might find it hard to comprehend her actions.

“I do understand why some people would be angry about a person giving themselves a disability,” she adds. “They think it’s a ploy to get social security, or a waste of advocacy that would be better focused on people with an involuntary disability. But I feel that the way I became disabled doesn’t really matter. If someone were to say that it’s fundamentally selfish to blind myself, I would say that it’s selfish to refuse treatment to somebody with a disorder. This is not a choice, it’s a need based on a disorder of the brain.”

*** Dr Michael First is a world-renowned expert on BIID – it was NOT he who helped Jewel go blind.**



Jewel is fluent in Braille



Jewel, aged 16



Jewel with her sister Amy, her brother Justin and her father Norman



A few of Jewel’s family members cut ties with her when they learned that her blindness had been self-inflicted



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PEOPLE 89

Did You Know?

BY ZARA BRINER

INTERESTING facts about the world we live in.

- * THE word 'queue' is the only word in the English language that is still pronounced the same way when the last four letters are removed.
- * THE first bristle toothbrush was invented in China in 1498.
- * TYPICALLY, a human blinks 15 to 20 times per minute
- * THE six official languages of the United Nations are English, French, Arabic, Chinese, Russian and Spanish.
- * EARTH is the only planet that isn't named after a Greek or Roman god or goddess.
- * RESEARCHERS have found that dolphins sleep with one eye open and with half their brain wide awake.
- * MIXED breed dogs tend to live longer due to greater genetic diversity while some pure breeds are prone to diseases.
- * THE world's population will peak at 8.5 billion people in 2030.
- * A GIRAFFE can clean its ears with its 53cm long tongue!
- * THE average person laughs 17 times a day.
- * MEL BLANC, who voiced Bugs Bunny also voiced Daffy Duck, Porky Pig, Sylvester the Cat, Barney Rubble on *The Flintstones* and Mr Spacely on *The Jetsons* to name a few.
- * MORE than half of the bones in your body are found in your hands and feet. There are 27 in each hand and 26 in each foot.
- * FINGERNAILS grow nearly four times faster than toenails.
- * CHUCK NORRIS' first name is actually Carlos.
- * ROWAN ATKINSON has a Master's degree in Electrical Engineering.
- * ROBERT DOWNEY JR claims Burger King helped save his life from his drug addiction.

Argenis' work on model Anthony Rufus, which took him 11 hours

PEOPLE EXCLUSIVE PICS!



Argenis as Wonder Woman



Wolverine



Argenis with a comic book-style makeover



Make-Up MARVEL!

A COMIC book fan is causing a stir online by making himself up as different characters.

THIS gifted make-up artist spends around four hours transforming into Marvel characters including Spider-Man and Thor, as well as DC creations such as the Joker and Wonder Woman.

Argenis Pinal, from Pauma Valley in California, teaches hair and beauty at a college in nearby Temecula. But it is his extra-curricular make-up activities that have made him a hit on social media.

In less than a year the 31-year-old has racked-up roughly 112 000 followers on Instagram. His incredible creations have also attracted praise from celebrities including **Chris Brown**, **Christina Milian**, and skater **Bam Margera**. However, his proudest moment was when **Stan Lee**, the former president and chairman of Marvel Comics – who co-created some of the most iconic superheroes including Spider-Man, Hulk, the

Fantastic Four, and Iron Man – praised his work in a blog post.

“That was definitely a dream come true,” Argenis

says. “I still can’t believe it. He actually took the time to write something about my work and call me a hero. I guess right now the dream is to actually meet him in real life and have him sign the article, which I am going to print and frame.”

Argenis has been fascinated by comic book heroes since he was a child, and would fantasise about having super powers of his own.

It wasn’t until he painted one of his students to look like Superman character Lois Lane that he became inspired to start undergoing his own incredible transformations. Since October last year Argenis has masked himself as the likes of Wolverine, Two-Face from Batman, and Thing from the Fantastic Four.

His ability to make himself look like female characters such as Harley Quinn from Batman, and superhero Scarlet Witch, has also stunned those who have seen his work.

One admirer even flew all the way from Australia so that Argenis could paint him as a Superman-Meets-Cyborg crossover. The make-up artist, who takes several hours to complete his works, says, “The shortest time is two hours and that’s the basic face painting; they have now progressively got a little longer. They’ve been taking more like four hours.”

Incredibly, though, that is not the longest the artist has spent investing in a creation.

“The longest I have ever done is my cyborg superman on my model Anthony Rufus who actually flew from Australia so I could paint him. That took me 11 hours. I feel like I could have still kept going, I really feel like it wasn’t done. But I think that’s something fascinating about my work, in that within each piece I am building and creating.”



Argenis as his feminine version of The Joker



The make-up artist as Thing from Fantastic Four

Mnandi News

BY JACQUI THOMPSON

SPREADING FEEL-GOOD NEWS

WANT to say thank you? Got something positive to say about someone? Has a stranger done a good deed for you? Have you received outstanding service from a place or a person? We want to know about it. No kind deed should go unacknowledged. E-mail mnandinews@gmail.com or sms the word ‘Mnandi’ to 48408. Keep your message to about 50 words and include your name or pseudonym and area.

THANK YOU to the city park near us that has put four recycling bins in place. I think all government departments should do this so that they can encourage people not to litter, and recycle.
PK Martins, Cape Town

I WOULD like to thank Mr Mabena and Ronnie of Fidelity Guards of Sandton City for finding my purse and keeping it for me when I dropped it at a pay station. They were also kind enough to walk me back from Entrance Two to Entrance Seven.
Grateful pensioner, Gresswold

BERNADETTE at Natural Effects hair salon in Morningside is one of the most professional hair salon managers and friendliest people. She really knows how to look after her staff and her clients. I find her to be just amazing and would highly recommend anyone wanting the best service and someone who really cares about their clients and their hair to go there.
Debbie M, Gallo Manor

I JUST want to tell Mnandi News readers about the kindness shown to me when I dropped a jacket in the shopping centre. I was on my way to the dry cleaner with an armful of suits and didn’t know I’d dropped one. It would have been easy to keep it.
Katrina Boshoff, Carltonville

THANK YOU to the anonymous donor who dropped off soccer balls for us to deliver along with clothing to the families living on the garbage dump. We are just a small group of women who do what we can to make life easier for others that have so little.
MAD Group, Kimberley

PLEASE will you thank the Sandton SAPS for coming to our assistance when my car was hijacked at gunpoint and later recovered. Their assistance went beyond the call of duty and I will forever be grateful.
Karen Jater, Bryanston

Scaling Great Heights

BY WARREN ROBERTSON

AT 21, South African Chaeli Mycroft has just become the first female quadriplegic to reach the top of Mt Kilimanjaro.

CAPE TOWN'S Chaeli Mycroft has been in the South African consciousness for a while now. Born with Cerebral Palsy, she is a young woman for whom life's challenges have been inestimably multiplied, and yet who manages to retain a relentless optimism in the face of adversity. It is this optimism, together with that rare kind of stubbornness South Africans term 'vasbyt', that has seen Chaeli included on the *Mail & Guardian's* 200 Young South Africans list way back in 2012, before she was even 20.

At just nine years old, Chaeli, her sister Erin and a few friends Tarryn, Justine and Chelsea Terry, got together and raised the R20 000 necessary for the motorised wheelchair the quadriplegic Chaeli needed.

This seemingly small fundraiser set a fire in them, and soon Chaeli was at the forefront of The Chaeli Campaign, a charity designed

to help others who are in a similar position to her, and to promote the abilities, rather than disabilities, of people who are physically challenged.

Chaeli describes herself as an 'ability activist' saying that society needs to focus on what can be done, rather than what can't, by people with disabilities.

"An ability activist focuses on the potential of people with disabilities, the fact that we need to focus on our capabilities instead of our limitations. There is too much time spent on negative aspects of disability. Negativity

is not going to move people forward to a more accepting society," she explains. In line with this philosophy she set herself a task that many able bodied people would balk at, and decided to climb Africa's highest mountain, Mt Kilimanjaro in Tanzania.

The idea would surprise most parents of children with disabilities, particularly ones whose child is confined to a

wheelchair, but Chaeli's mom Zelda Mycroft says she is no longer capable of being stunned when she sees just how much her daughter can achieve.

"Initially we thought the children were just 'playing' when they started The Chaeli Campaign, but they were clearly very serious!" she says of the humble beginnings of the now enormous non-profit organisation.

"The kids took Erin and Chaeli's unframed artwork off our kitchen wall, scanned it onto cards; Tarryn and Erin put together a little brochure, Erin designed the logo, and armed with cards and miniature DIY plant-your-own sunflower pots, they went off as a group to sell these in the Bergvliet and surrounding areas: Cards at R3 each and sunshine pots at R5 each. They made R280 on the first day and were chuffed!" she says, adding that seven weeks later they had amassed the R20 000 necessary to buy Chaeli's wheelchair, which is where she thought it would end.

"But then the kids made more cards and pots." Now 11 years later they run eight programmes, have impacted the lives of more than 28 000 people and have founded a second NPO (Chaeli Sports & Recreation Club in 2010) which



Three generations: Chaeli as a baby with her big sister, Erin, mom Zelda and grandma Gay



Never afraid of taking risks: Chaeli did horseriding at SARDA for six years

The Chaeli Campaign founders: Back: Tarryn Terry, Erin Mycroft, Justine Terry Front: Chelsea Terry and Chaeli Mycroft



eights

focuses on sport for the disabled. In 2011 she won the International Children's Peace Prize and followed this up in 2012 with the Nobel Peace Laureates' Medal for Activism. In 2013 she picked up the World of Children Youth Award. In short, Chaeli's life has been one of sustained activism and inspiration. And so, at just 20 years old, she found herself planning to conquer yet another seemingly impossible task, that of getting to the top of Africa's highest mountain. The idea behind the climb was to focus on two main goals, to raise awareness of The Chaeli Campaign and its inclusive education philosophy, and to raise funds for one of its eight early childhood development (ECD) programmes running in Masiphumelele, Khayelitsha and Phillippi. "We wanted to prove that having a disability doesn't mean that you can't do something – if you have the right people with you, incredible things can happen," enthused Chaeli. To get to the top in an electric wheelchair was never going to be easy, and was guaranteed to include a number of unique challenges. With this in mind Chaeli put together a team of eight people, each with different skills that would help guide them to the top of the mountain. Together they strategised the climb, aiming to take the slightly longer, but less steep Rongai route, and began a series of test hikes, both during the day and at night, together as a team. "Besides the physical challenges, our team leader, Carel, warned of the mental state required as things become more and more difficult, as well as for us to respect the mountain. It turned out to be the most important advice, along with always communicating if we had any problems," Chaeli says, describing the level of planning that had to go into executing this historic climb. Upon landing in Tanzania Chaeli describes how the local people clicked with the South Africans, becoming integral cogs in the machine. "Tanzania is an incredible place. It's so beautiful and the people are unbelievable – so accommodating and caring," she says, adding that later the local guides, and their knowledge of the mountain, would become integral to the success of the mission. In the end the trip to the top took five days. Reaching the summit placed Chaeli firmly in the record books as the first female quadriplegic to summit Kili. And all of this just a few hours after her 21st birthday, which was celebrated on the slopes of the mountain. That happy moment, however, was accompanied by a whole lot of difficult ones as well. While



Chaeli (front and centre) and her team are all big grins as they reach the top of Africa's highest mountain

Chaeli is relentlessly positive and hates dwelling on the difficulties, she did admit that there were times that taxed the entire team. "There were some dark moments up there with a couple of breakdowns, but I allowed my team members to bring me back to the level of focus and positivity required," she confesses. In the end however summiting the peak is a moment Chaeli says will live with her forever. "It was incredible to get there – after working so hard for so long, the sense of euphoria is indescribable. You learn so much about yourself and your ability to push through struggles to meet your goal," she stated. Zelda says she never had any doubts her daughter would make it to the top. "She has inspired me from the very start. She has had to work so hard to do simple things that other people do not even see as an effort, like picking up a chip to eat or holding blocks or pulling up a blanket – or even scratching after a mozzie has bitten you – things you do

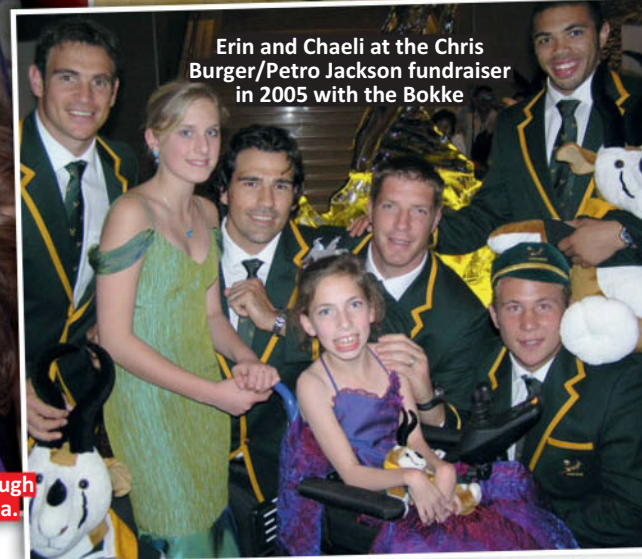
instinctively without even knowing that you're doing them" her mom says. "She is a modern-day warrior: going into battle – every day – with her body, her environment. And she does battle with integrity, wit, humility, a sense of humour and great courage. I'm very proud of our beautiful brave daughter."



Chaeli and partner Damian Michaels participating in the Wheelchair Dancing World Cup – they won gold medals for both Ballroom and Latin in 2015



Chaeli and her mom Zelda can be reached through the campaign website at chaelicampaign.co.za.



Erin and Chaeli at the Chris Burger/Petro Jackson fundraiser in 2005 with the Bokke

Off The Track

BY VANESSA PAPAS

WE score up the hottest sporting gossip from around the world!



The Beef On Serena & Drake

BEFORE you start wondering whether **Serena Williams** and **Drake** will opt for a white wedding or exotic beach venue, widespread rumour that the two are engaged simply isn't true! Recently gossip mongrels reported that **Drake** had popped the question while the duo were visiting the rapper's native Toronto and **Serena** had said 'yes', despite only a few short months of dating. Reps for the couple have, however, since confirmed that the pair are not getting hitched. New news suggests the opposite may be true and that there's actually trouble in paradise. **Drake** and **Williams** made a point to set the record straight regarding the status of their relationship and have claimed (via friends) that they are not actually officially a couple at all. A buddy of **Serena's** explained that while she has been into the rapper ever since they first dated in 2011, the duo's relationship didn't end on good terms because **Drake** 'had his eyes on a few other chicks at the same time' as his romance to **Serena**, and she opted to 'just be friends'.

Anderson's Pain In The Back

A NAGGING back problem has set **Corey Anderson** back a few months. The 24-year-old all-rounder was ruled out of New Zealand's tour of Australia after he suffered an injury during the team's tour of England. **Anderson** shot to fame last year by becoming the cricketer to score the fastest century in

the history of One Day International cricket or any other form of international cricket. Playing against West Indies, he scored his ton in just 36 balls, breaking **Shahid Afridi's** record of 37 deliveries in 1996 against Sri Lanka. **Anderson** was recovering from a finger fracture when he arrived in England from the IPL but featured in the Lord's test, scoring a half-century in the second innings. He was only able to bowl eight overs and missed the second Test and the first two ODIs. An MRI scan subsequently revealed a bone stress-related injury to his lumbar spine, ruling **Anderson** out of the remaining three ODIs and T20.

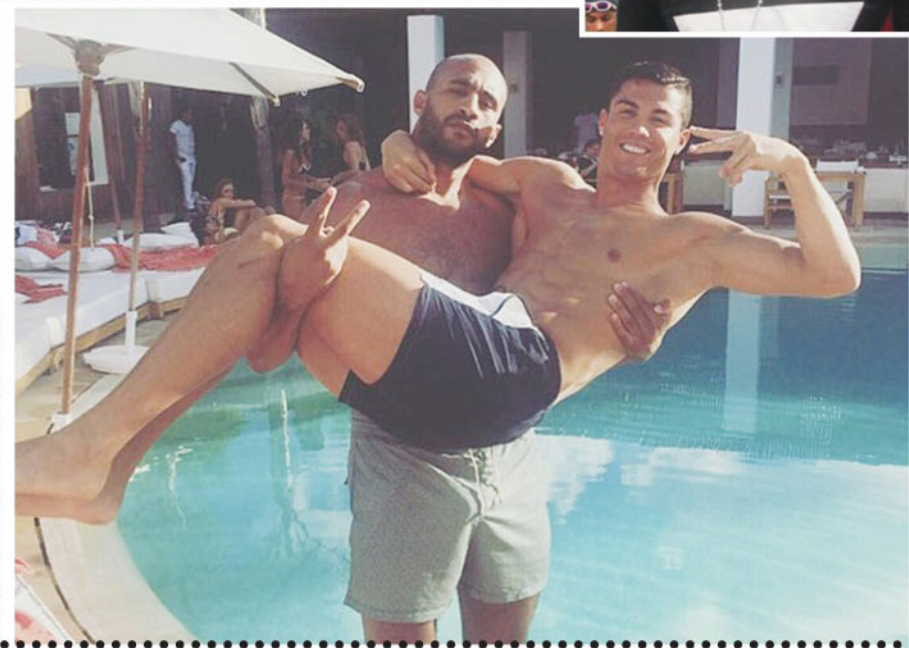
Tyson Withdraws From Bafana

BAFANA BAFANA'S **Thulani 'Tyson' Hlatshwayo** returned home from the team's Central American tour, missing the Honduras game at Metropolitan Stadium in San Pedro Sula, following the passing away of his uncle. The 25-year-old Soweto-born defender left the camp immediately to oversee the burial of his uncle, whom he described as not only a guardian but the 'rock' of his life. "It is a big blow for the entire team. **Tyson** is one of the most dedicated and disciplined 'soldiers' in this team. But this is something beyond human control and he has our blessings to leave camp and mourn his uncle with the rest of his family. May his uncle's soul rest in peace," said coach **Ephraim Mashaba**.



Mayweather's Wheels Up In Flames

FLOYD MAYWEATHER has lost some of his most prized cars after a fire 'burnt them to a crisp'. Tabloids are reporting that a truck was transporting **Floyd's** rides from Vegas to Miami when something went wrong just outside of Phoenix, Arizona and the entire unit went up in flames. Four cars were burnt: a Bentley, two Rolls-Royces and a custom Jeep Wrangler. It's not clear how the fire started but there are rumours that it may have been a deliberate arson attack. While the truck and all the cars were absolutely destroyed in the fire, no one was injured.



Ronaldo's Bromance

WHAT would you do if you had some free time on your hands (and money was no problem)? If you're **Cristiano Ronaldo** you catch a private jet in the middle of the night, head off to a sun-kissed resort and party up a storm with some of your besties. **Ronaldo** arrived in Marrakech late last week in a private jet from Porto, and hooked up with some of his mates for an unforgettable boys' weekend. The Real Madrid star was given a break after helping Portugal qualify for Euro 2016 ahead of their final game against Serbia. Photos posted on Instagram show the footie star and some of his friends, including super heavyweight **Badr Hari**, together in Morocco. He and **Hari** shared photos of their time together, including pics of the fighter holding up **Ronaldo** by the pool with the caption: "Just married. Hahahaha. Always there to pick you up bro."

E-mail your sports news to vancom@telkomsa.net

THEY'RE big stars now, but it wasn't always the case...

Before They Were Famous

BY MARK WASSERMAN

ELLEN DEGENERES



A younger Ellen



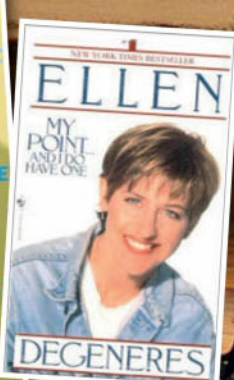
Ellen with Anne Heche



Ellen with Oprah on the episode where she comes out as lesbian



Ellen and wife, Portia De Rossi



Ellen with her mom



In her early days of stand-up comedy

ELLEN DEGENERES is one of America's most well-known comedienne, with her own popular talk show. The show has been a huge success, winning a total of 33 Daytime Emmy Awards, including four for Outstanding Talk Show and three for Outstanding Talk Show Entertainment. Here are a few other interesting facts about Ellen before she reached stardom.

- * ELLEN was born in New Orleans on January 26, 1958 (we can so see her at Mardi Gras!).
- * ELLEN is of French, Irish, English and German descent.
- * AFTER her parents split, she moved with her mother to Texas. While her mother struggled with breast cancer, Ellen was being secretly molested by her stepfather. After she graduated high school and moved back to New Orleans, she finally told her mother the truth.
- * BEFORE her big break in comedy, Ellen worked as a bartender, a vacuum cleaner saleswoman, a TGIFriday's waitress and an oyster shucker in New Orleans (multi-talented!).
- * SHE began performing stand-up in 1981 and was named Showtime's 'Funniest Person in America' just one year later.
- * MADONNA is DeGeneres' 11th cousin.
- * ELLEN'S first comedy job was in 1981, when she emceed at Clyde's Comedy Club. It's there she started to record her stand-up performances.
- * FOLLOWING a 1986 appearance on *The Tonight Show Starring Johnny Carson*, Carson invited Ellen over to the

couch for an interview. It was a first for any comedienne.

- * ELLEN turned down a role in *Friends* before starring in *Ellen* (regrets... she's had a few).
- * SHE was originally offered Sandra Bullock's role in *Speed* in 1994 (but then again...)
- * ELLEN DEGENERES became an author in 1995 when she penned the comical *My Point... And I Do Have One*. The book climbed to the number one slot on the *New York Times* bestsellers list. It also stayed on the *Publishers Weekly* bestseller list for 24 weeks.
- * IN 1997, DeGeneres came out as lesbian on her popular sitcom *Ellen* to Oprah, who was acting as her therapist (when *isn't O* playing a therapist?).
- * SHE split with girlfriend Anne Heche after being together for three years. Heche was found behaving strangely on the outskirts of Fresno, California and was briefly hospitalised.
- * ELLEN collects antique mirrors and portraits.
- * SHE and Portia De Rossi have been together since 2004. They married in August 2008 in their home in California with their two dogs, Bootsie and Muffin (we're not saying anything!).



Madonna, Ellen's 11th cousin



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